

ABSTRAK

Penelitian ini bertujuan untuk (1) mengetahui dan menganalisis tingkat pelaksanaan santri yang melaksanakan puasa senin kamis. (2) mengkaji kedisiplinan beribadah santri Al-Mujahidin Balikpapan. (3) menemukan ada atau tidaknya pengaruh puasa senin kamis terhadap kedisiplinan beribadah santri Al-Mujahidin Balikpapan.

Metode pada penelitian ini menggunakan jenis penelitian deskriptif kuantitatif, model korelasional, teknik analisis data ini yaitu dengan menggunakan product moment, regresi linier sederhana. Cara menentukan sampelnya yaitu dengan menggunakan metode purposive sampling. Subjek penelitian ini adalah santriwati SMP dan SMA Al-Mujahidin Balikpapan yang berjumlah 73 santriwati. Metode pengumpulan data pada skripsi ini menggunakan, angket, observasi, dan wawancara.

Hasil penelitian ini yaitu, (1) kebiasaan puasa senin kamis di Pondok Pesantren Al-Mujahidin khususnya di asrama putri masih tergolong rendah yaitu 23% (73 santri yang konsisten melaksanakan puasa senin kamis). (2) kedisiplinan beribadah santri putri di Pondok Pesantren Al-Mujahidin sudah tergolong baik. (3) terdapat pengaruh yang signifikan antara kebiasaan puasa senin kamis dengan kedisiplinan beribadah santri Al-Mujahidin Balikpapan.

Kata kunci: Kebiasaan Puasa Senin Kamis, dan kedisiplinan Beribadah

ABSTRACT

This research aims at (1) recognizing and analyzing the student's frequency in conducting Monday and Thursday fast. (2) reviewing the discipline of worship among students of Al-Mujahidin Balikpapan. (3) identifying the possible existence of influence of Monday and Thursday fast toward discipline of worship among students of Al-Mujahidin Balikpapan.

The method used in this research was quantitative descriptive research, correlational model. The data was analyzed using the technique of product moment, simple linear regression. The sample was taken through purposive sampling method. The subjects of the research were female students of SMP and SMA Al-Mujahidin Balikpapan in total number of 73 students. The data of this research were gathered through questionnaire, observation, and interview.

The result of the research indicates, (1) Monday and Thursday fasting habit at Islamic Boarding House Al-Mujahidin especially at female dormitory is still low, at the percentage of 23% (73 students are consistently conducting Monday and Thursday fast). (2) discipline of worship among female students of Islamic Boarding House Al-Mujahidin is considered relatively well. (3) there is a significant influence between Monday and Thursday fasting habit toward discipline of worship among students of Al-Mujahidin Balikpapan.

Keywords: Monday and Thursday fasting habit, and discipline of worship