

LAMPIRAN

Assalamualaikum Wr. Wb.

Dengan hormat,

Saya yang bertanda tangan di bawah ini, mahasiswa Program Studi Pendidikan Dokter Fakultas Kedokteran dan Ilmu Kesehatan Universitas Muhammadiyah Yogyakarta:

Nama : Faiz Ikram Pranoto

NIM : 20130310196

Bermaksud mengadakan penelitian dengan judul **“Hubungan Gaya Hidup dengan Miopia pada Mahasiswa Fakultas Kedokteran dan Ilmu Kesehatan Universitas Muhammadiyah Yogyakarta”**. Untuk terlaksananya kegiatan tersebut, Saya mohon kesediaan Saudara untuk berpartisipasi dengan cara mengisi kuesioner berikut. Jawaban Saudara akan Saya jamin kerahasiaannya dan hanya akan digunakan untuk kepentingan penelitian. Apabila Saudara berkenan mengisi kuesioner yang terlampir, mohon kiranya Saudara terlebih dahulu bersedia menandatangani lembar persetujuan menjadi responden (*informed consent*).

Demikianlah permohonan Saya, atas perhatian serta kerjasama Saudara dalam penelitian ini, Saya ucapkan terimakasih.

Wassalamualaikum Wr. Wb.

Peneliti,

(Faiz Ikram Pranoto)

**LEMBAR KUESIONER RESPONDEN PENELITIAN MENGENAI
HUBUNGAN GAYA HIDUP DENGAN MIOPIA**

Data karakteristik responden

- Nama :
Jenis kelamin :
Umur :
Alamat :
Prodi :
Miopia : Ya / Tidak
 a. Mata Kanan : Dioptri
 b. Mata Kiri : Dioptri
Kelainan Refraksi Lain : Ya / Tidak
 a. Mata Kanan : Dioptri
 b. Mata Kiri : Dioptri

Petunjuk Pengisian:

Pilihlah salah satu jawaban yang dianggap paling tepat dan sesuai dengan pendapat anda dengan memberi tanda silang (x) pada jawaban yang tersedia.

Petunjuk Pengisian:

Pilihlah salah satu jawaban yang dianggap paling tepat dan sesuai dengan pendapat anda dengan memberi tanda silang (x) pada jawaban yang tersedia.

1. Apakah jarak membaca buku anda selama ini kurang dari 30cm (<30cm) ?
 - a. Ya
 - b. Tidak

2. Apakah durasi membaca anda selama ini lebih dari 30 menit (>30 menit) dalam sekali baca?
 - a. Ya
 - b. Tidak
3. Apakah posisi membaca anda sering dengan tengkurap atau tiduran?
 - a. Ya
 - b. Tidak
4. Apakah pencahayaan saat anda membaca cukup?
 - a. Ya
 - b. Tidak
5. Apakah waktu penggunaan komputer anda lebih dari 4 jam dalam sehari?
 - a. Ya
 - b. Tidak
6. Apakah waktu menonton televisi anda lebih dari 4 jam dalam sehari ?
 - a. Ya
 - b. Tidak
7. Apakah jarak menonton televisi anda sudah masuk dalam perhitungan 6 x diagonal layar tv (dihitung dalam meter dimana 1" = 0,0254 meter)?

Jika 14 inchi : 2,13 m, 17 inchi : 2,59 m, 20 inchi : 3,04 m, 21 inchi : 3,20 m, 29 inchi : 4,41 m, 32 inchi : 4,87 m dan 50 inchi : 7,62 m

 - a. Ya
 - b. Tidak

Jarak Membaca < 30cm * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|----------------------|-------|-------------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Jarak Membaca < 30cm | Tidak | Count | 65 | 22 | 87 |
| | | % within Jarak Membaca < 30cm | 74.7% | 25.3% | 100.0% |
| | | % within Kejadian Miopia | 75.6% | 25.6% | 50.6% |
| | | % of Total | 37.8% | 12.8% | 50.6% |
| | Ya | Count | 21 | 64 | 85 |
| | | % within Jarak Membaca < 30cm | 24.7% | 75.3% | 100.0% |
| | | % within Kejadian Miopia | 24.4% | 74.4% | 49.4% |
| | | % of Total | 12.2% | 37.2% | 49.4% |
| | Total | Count | 86 | 86 | 172 |
| | | % within Jarak Membaca < 30cm | 50.0% | 50.0% | 100.0% |
| | | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% |
| | | % of Total | 50.0% | 50.0% | 100.0% |

Waktu Membaca > 30 menit * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|--------------------------|-------|-----------------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Waktu Membaca > 30 menit | Tidak | Count | 34 | 14 | 48 |
| | | % within Waktu Membaca > 30 menit | 70.8% | 29.2% | 100.0% |
| | | % within Kejadian Miopia | 39.5% | 16.3% | 27.9% |
| | | % of Total | 19.8% | 8.1% | 27.9% |
| | Ya | Count | 52 | 72 | 124 |
| | | % within Waktu Membaca > 30 menit | 41.9% | 58.1% | 100.0% |
| | | % within Kejadian Miopia | 60.5% | 83.7% | 72.1% |
| | | % of Total | 30.2% | 41.9% | 72.1% |
| | Total | Count | 86 | 86 | 172 |
| | | % within Waktu Membaca > 30 menit | 50.0% | 50.0% | 100.0% |
| | | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% |
| | | % of Total | 50.0% | 50.0% | 100.0% |

Posisi Membaca Tengkurap * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|--------------------------|-----------------------------------|-----------------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Posisi Membaca Tengkurap | Tidak | Count | 27 | 11 | 38 |
| | | % within Posisi Membaca Tengkurap | 71.1% | 28.9% | 100.0% |
| | | % within Kejadian Miopia | 31.4% | 12.8% | 22.1% |
| | | % of Total | 15.7% | 6.4% | 22.1% |
| | Ya | Count | 59 | 75 | 134 |
| | | % within Posisi Membaca Tengkurap | 44.0% | 56.0% | 100.0% |
| | | % within Kejadian Miopia | 68.6% | 87.2% | 77.9% |
| | | % of Total | 34.3% | 43.6% | 77.9% |
| Total | Count | 86 | 86 | 172 | |
| | % within Posisi Membaca Tengkurap | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

Pencapaian Cukup * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|------------------|---------------------------|---------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Pencapaian Cukup | Tidak | Count | 8 | 6 | 14 |
| | | % within Pencapaian Cukup | 57.1% | 42.9% | 100.0% |
| | | % within Kejadian Miopia | 9.3% | 7.0% | 8.1% |
| | | % of Total | 4.7% | 3.5% | 8.1% |
| | Ya | Count | 78 | 80 | 158 |
| | | % within Pencapaian Cukup | 49.4% | 50.6% | 100.0% |
| | | % within Kejadian Miopia | 90.7% | 93.0% | 91.9% |
| | | % of Total | 45.3% | 46.5% | 91.9% |
| Total | Count | 86 | 86 | 172 | |
| | % within Pencapaian Cukup | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

Penggunaan Komputer Lebih Dari 4 Jam * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|--------------------------------------|---|---|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Penggunaan Komputer Lebih Dari 4 Jam | Tidak | Count | 74 | 52 | 126 |
| | | % within Penggunaan Komputer Lebih Dari 4 Jam | 58.7% | 41.3% | 100.0% |
| | | % within Kejadian Miopia | 86.0% | 60.5% | 73.3% |
| | | % of Total | 43.0% | 30.2% | 73.3% |
| | Ya | Count | 12 | 34 | 46 |
| | | % within Penggunaan Komputer Lebih Dari 4 Jam | 26.1% | 73.9% | 100.0% |
| | | % within Kejadian Miopia | 14.0% | 39.5% | 26.7% |
| | | % of Total | 7.0% | 19.8% | 26.7% |
| Total | Count | 86 | 86 | 172 | |
| | % within Penggunaan Komputer Lebih Dari 4 Jam | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

Menonton Televisi Lebih Dari 4 Jam * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|------------------------------------|---|---|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Menonton Televisi Lebih Dari 4 Jam | Tidak | Count | 81 | 74 | 155 |
| | | % within Menonton Televisi Lebih Dari 4 Jam | 52.3% | 47.7% | 100.0% |
| | | % within Kejadian Miopia | 94.2% | 86.0% | 90.1% |
| | | % of Total | 47.1% | 43.0% | 90.1% |
| | Ya | Count | 5 | 12 | 17 |
| | | % within Menonton Televisi Lebih Dari 4 Jam | 29.4% | 70.6% | 100.0% |
| | | % within Kejadian Miopia | 5.8% | 14.0% | 9.9% |
| | | % of Total | 2.9% | 7.0% | 9.9% |
| Total | Count | 86 | 86 | 172 | |
| | % within Menonton Televisi Lebih Dari 4 Jam | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

Jarak Menonton Televisi * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|-------------------------|----------------------------------|----------------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Jarak Menonton Televisi | Masuk Kriteria | Count | 58 | 49 | 107 |
| | | % within Jarak Menonton Televisi | 54.2% | 45.8% | 100.0% |
| | | % within Kejadian Miopia | 67.4% | 57.0% | 62.2% |
| | | % of Total | 33.7% | 28.5% | 62.2% |
| | Tidak Masuk | Count | 28 | 37 | 65 |
| | | % within Jarak Menonton Televisi | 43.1% | 56.9% | 100.0% |
| | | % within Kejadian Miopia | 32.6% | 43.0% | 37.8% |
| | | % of Total | 16.3% | 21.5% | 37.8% |
| Total | Count | 86 | 86 | 172 | |
| | % within Jarak Menonton Televisi | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

Chi-Square Tests

| | Value | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|---------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square | 45,121 ^b | 1 | ,000 | | |
| Continuity Correction ^a | 43,093 | 1 | ,000 | | |
| Likelihood Ratio | 47,360 | 1 | ,000 | | |
| Fisher's Exact Test | | | | ,000 | ,000 |
| Linear-by-Linear Association | 44,859 | 1 | ,000 | | |
| N of Valid Cases | 172 | | | | |

a. Computed only for a 2x2 table

b. 0 cells (,0%) have expected count less than 5. The minimum expected count is 41,00.

Symmetric Measures

| | Value | Approx. Sig. |
|--|-------|--------------|
| Nominal by Nominal Contingency Coefficient | ,456 | ,000 |
| N of Valid Cases | 172 | |

- a. Not assuming the null hypothesis.
- b. Using the asymptotic standard error assuming the null hypothesis.

Gaya Hidup * Kejadian Miopia Crosstabulation

| | | | Kejadian Miopia | | Total |
|------------|--------------------------|--------------------------|-----------------------|--------|--------|
| | | | Tidak Miopia (Normal) | Miopia | |
| Gaya Hidup | Gaya Hidup Rendah | Count | 63 | 19 | 82 |
| | | % within Gaya Hidup | 76.8% | 23.2% | 100.0% |
| | | % within Kejadian Miopia | 73.3% | 22.1% | 47.7% |
| | | % of Total | 36.6% | 11.0% | 47.7% |
| | Gaya Hidup Tinggi | Count | 23 | 67 | 90 |
| | | % within Gaya Hidup | 25.6% | 74.4% | 100.0% |
| | | % within Kejadian Miopia | 26.7% | 77.9% | 52.3% |
| | | % of Total | 13.4% | 39.0% | 52.3% |
| Total | Count | 86 | 86 | 172 | |
| | % within Gaya Hidup | 50.0% | 50.0% | 100.0% | |
| | % within Kejadian Miopia | 100.0% | 100.0% | 100.0% | |
| | % of Total | 50.0% | 50.0% | 100.0% | |

| No | Jenis Kelamin | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Jumlah | Status Gaya Hidup | Status Penglihatan | Usia |
|----|---------------|---|---|---|---|---|---|---|--------|-------------------|--------------------|------|
| 1 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 2 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 22 |
| 3 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 4 | L | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 22 |
| 5 | P | 1 | 0 | 1 | 1 | 0 | 1 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 6 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 7 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 8 | P | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 7 | Gaya Hidup Tinggi | Miopia | 21 |
| 9 | P | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 7 | Gaya Hidup Tinggi | Miopia | 21 |
| 10 | L | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 21 |
| 11 | P | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 21 |
| 12 | P | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 6 | Gaya Hidup Tinggi | Miopia | 21 |
| 13 | L | 1 | 1 | 1 | 0 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 14 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 15 | L | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 21 |
| 16 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 17 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 18 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 19 | P | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 20 | L | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 21 |
| 21 | L | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 22 | L | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 22 |
| 23 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |

| | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|-------------------|--------|----|
| 24 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 21 |
| 25 | L | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 6 | Gaya Hidup Tinggi | Miopia | 21 |
| 26 | P | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 21 |
| 27 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 22 |
| 28 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 29 | P | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 21 |
| 30 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 31 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 32 | P | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 33 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 34 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 35 | L | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 36 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 37 | P | 1 | 1 | 0 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 38 | P | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 18 |
| 39 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 40 | P | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 41 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 21 |
| 42 | L | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 43 | P | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Miopia | 20 |
| 44 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 19 |
| 45 | L | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 19 |
| 46 | L | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 22 |
| 47 | P | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 19 |
| 48 | P | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 18 |

| | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|-------------------|--------|----|
| 49 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 18 |
| 50 | L | 1 | 0 | 1 | 0 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 20 |
| 51 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 18 |
| 52 | P | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Miopia | 18 |
| 53 | P | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 54 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 18 |
| 55 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 18 |
| 56 | P | 0 | 1 | 0 | 1 | 0 | 1 | 0 | 3 | Gaya Hidup Rendah | Miopia | 19 |
| 57 | P | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Miopia | 19 |
| 58 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 16 |
| 59 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 18 |
| 60 | P | 0 | 1 | 1 | 0 | 0 | 1 | 0 | 3 | Gaya Hidup Rendah | Miopia | 20 |
| 61 | P | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 6 | Gaya Hidup Tinggi | Miopia | 19 |
| 62 | P | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 63 | L | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 20 |
| 64 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 18 |
| 65 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 19 |
| 66 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 18 |
| 67 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Miopia | 19 |
| 68 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 69 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 19 |
| 70 | L | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 71 | L | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 72 | P | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 73 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |

| | | | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|-------------------|--------|----|
| 74 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 75 | P | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Miopia | 20 |
| 76 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 77 | P | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 21 |
| 78 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 79 | P | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 80 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 81 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 19 |
| 82 | P | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 20 |
| 83 | L | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 84 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 85 | L | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Miopia | 21 |
| 86 | P | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 5 | Gaya Hidup Tinggi | Miopia | 20 |
| 87 | L | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 19 |
| 88 | P | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 22 |
| 89 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 90 | L | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 91 | L | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 22 |
| 92 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 21 |
| 93 | P | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 21 |
| 94 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 20 |
| 95 | P | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 96 | L | 1 | 1 | 1 | 0 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 22 |
| 97 | L | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 98 | L | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 | Gaya Hidup Rendah | Normal | 22 |

| | | | | | | | | | | | | |
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| 99 | L | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 100 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 101 | L | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 21 |
| 102 | P | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 21 |
| 103 | P | 0 | 1 | 0 | 1 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 104 | L | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 105 | L | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 22 |
| 106 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 107 | L | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 108 | P | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 21 |
| 109 | P | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 110 | L | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 | Gaya Hidup Rendah | Normal | 21 |
| 111 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 112 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 113 | L | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 20 |
| 114 | P | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 115 | P | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 116 | P | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 4 | Gaya Hidup Tinggi | Normal | 19 |
| 117 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 19 |
| 118 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 19 |
| 119 | L | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 120 | L | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 121 | P | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 18 |
| 122 | L | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 19 |
| 123 | L | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 20 |

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| 124 | P | 1 | 0 | 0 | 1 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 125 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 126 | P | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 127 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 128 | P | 0 | 0 | 1 | 1 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 129 | L | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 18 |
| 130 | P | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 19 |
| 131 | P | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | Gaya Hidup Rendah | Normal | 20 |
| 132 | P | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | Gaya Hidup Rendah | Normal | 18 |
| 133 | L | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 | Gaya Hidup Rendah | Normal | 19 |
| 134 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 19 |
| 135 | L | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 | Gaya Hidup Rendah | Normal | 19 |
| 136 | P | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 137 | P | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 138 | P | 0 | 1 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 139 | L | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 140 | L | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 141 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 142 | P | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 143 | P | 0 | 0 | 0 | 1 | 1 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 18 |
| 144 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 19 |
| 145 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 146 | P | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 147 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 148 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 19 |

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| 149 | P | 0 | 0 | 1 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 150 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 151 | L | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 152 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 21 |
| 153 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 154 | L | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 155 | P | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 18 |
| 156 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 21 |
| 157 | L | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 20 |
| 158 | L | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 159 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 22 |
| 160 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 161 | L | 1 | 0 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 162 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 163 | L | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 19 |
| 164 | P | 0 | 1 | 1 | 0 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 165 | P | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 3 | Gaya Hidup Rendah | Normal | 21 |
| 166 | P | 1 | 0 | 1 | 1 | 0 | 0 | 1 | 4 | Gaya Hidup Tinggi | Normal | 20 |
| 167 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 168 | L | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 2 | Gaya Hidup Rendah | Normal | 24 |
| 169 | P | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 3 | Gaya Hidup Rendah | Normal | 20 |
| 170 | P | 0 | 0 | 1 | 1 | 0 | 0 | 0 | 2 | Gaya Hidup Rendah | Normal | 21 |
| 171 | P | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 4 | Gaya Hidup Tinggi | Normal | 21 |
| 172 | P | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 3 | Gaya Hidup Rendah | Normal | 19 |