

DAFTAR PUSTAKA

- Adams JP, Murphy PG, 2000. "*Obesity in anaesthesia and intensive care*". Oxford jurnal, volume 85,p.91-98.
- Almajwal A, Williams P, and Batterham M., 2009. "*Current Dietetic Practices of Obesity Management in Saudi Arabia and Comparison with Australian Practices and Best Practice Criteria*." Journal Compilation, Dietitians Association of Australia, vol.66, pp.94-100.
- Alan R, Tumbelaka, 2003. "Clinical Guidelines (pedoman pelayanan klinis/medis)" Sari Pediatri, Vol. 4, pp. 204- 206.
- Ardern CI, Katzmaryzk PT, Janssen I, Ross R., 2003. "*Discrimination of health risk by combined body mass index and waist circumference. Obesity Research*"; pp.135-142.
- Azwar, 2004. "Tubuh Sehat Ideal dari Segi Kesehatan." In: Seminar Kesehatan Obesitas. Jakarta: Direktur Jenderal Bina Kesehatan Masyarakat, Departemen Kesehatan RI.
- Bacigalupo, R.; Cudd, P.; Littlewood, P.C.; Bissell, M.S.; Hawley, S.; Buckley Woods, 2012. "*Interventions employing mobile technology for overweight and obesity: An early systematic review of randomized controlled trials. Obes.*". Volume 14, pp.279–291.
- Barnes LA, Opitz JM, Gilbert-Barnes E, 2007. "*Obesity: genetic, molecular, and environmental aspects*". *Am. J. Med. Genet.* volume 143.
- Beecher GR, Warden AB, and Merken HM, 1999. "*Analysis of Tea Polyphenols*." *Journal of P.S.E.B.M*, p.220.

- Biggard J, Tjonneland A, Thomsen BL, Overvad K, Heitmann BL, Sorensen, 2003 “TIA. Waist circumference, BMI, smoking and mortality in middle-aged men and women. *Obesity Research* “; volume 11.pp:895-903.
- Boulpaep, Emile L.; Boron, Walter F. (2003). “*Medical physiology: A cellular and molecular approach*”. Philadelphia: Saunders. p. 1227.
- Caballero B (2007). "The global epidemic of obesity: An overview". *Epidemiol Rev* 29: 1–5. Oxford Journal, Volume 29.
- Dahlan, Sopiudin. 2008. *Statistik untuk Kedokteran dan Kesehatan (Deskripsi, Bivariat, dan Multivariat, dilengkapi Aplikasi dengan Menggunakan SPSS)*.
- Dullo, 2004. “Green Tea: Beneficial Effects”. *Journal of The American College of Nutrition*, Vol.25, No.2, p.89.
- Eunjoo Jeon, MS, RN, Hyeoun-Ae Park, PhD, RN, FAAN (2015), “*Development of a Smartphone Application for Clinical-Guideline-Based Obesity Management*”, *The Korean Society of Medical Informatics*.
- Eunjoo Jeon, MS, RN, Hyeoun-Ae Park, PhD, RN, FAAN (2015), “*Factors Affecting Acceptance of Smartphone Application for Management of Obesity*”, *Journal of The Korean Society of Medical Informatics*.
- Eunjoo Jeon, MS, Hyeoun-Ae Park, PhD, FAAN, Yul Ha Min, MS, Hyun-Young Kim, PhD.(2014), “*Analysis of the Information Quality of Korean Obesity-Management Smartphone Applications*” *Journal of Korean health care Information*, journal of *The Korean Society of Medical Informatics*
- Esther granado-font, Gemma flores-mateo, Mar sorlí-aguilar, Xavier montaña - carreras, Carme ferre-grau, Maria-luisa barrera-uriarte,, Eulàlia oriol-colominas, Cristina rey-reñones,,

Iolanda caules, Eva-maría satué-gracia and obsbit study group, 2015. “*Effectiveness of a Smartphone application and wearable device for weight loss in overweight or obese primary care patients: protocol for a randomised controlled trial*”, *bmc public health*, volume 15.

Feder G, Eccles M, Grol R, Griffiths C and Grimshaw JM, 1999. “*Using clinical guidelines*”. *BMJ*.

Flier JS, 2000. “*Obesity wars: Molecular progress confronts an expanding epidemic*”. Volume 116, pp. 337–350.

Foster, 2003 “*Principles and Practices in the Management of Obesity.*” *ATS Journals*, Vol.168, p.274-280.

Functional Foods for Weight Control?.” *Journal American Society for Clinical Nutrition*, Vol.81, p.7-15.

Gilbert, 2006. “*Nutrition Science News: Supplements for Weight Loss*”. *The Natural Foods Merchandiser*, p. 42-44.

Goldberg, 1994. “*Functional Food, Designer Food, Pharma Food, Neutraceuticals*”. New York: Chapman and Hall.

Hamann A, Matthaei S (1996). “*Regulation of energy balance by leptin*”. *Exp. Clin. Endocrinol. Diabetes* 104 (Volume 4) p, 293–300. .

Harbour R, Miller J. “*A new system for grading recommendations in evidence based guidelines*”. *BMJ* 2001; 323:334-6.

Haslam D, 2007. “*Obesity: a medical history*”. *Obes Rev.* 8 Suppl 1: 31–6, volume 8, p 31-36.

Haslam DW James WP, 2005.. “*Obesity*”. *Lancet*. Vol366

- Imaz I, Martínez-Cervell C, García-Alvarez EE, Sendra-Gutiérrez JM, González-Enríquez J, 2008. "*Safety and effectiveness of the intragastric balloon for obesity. A meta-analysis*". *Obes Surg* 18 Volume ,pp. 841–6.
- Irawan. 2007. "Metabolisme Energi Tubuh dan Olahraga. "Journal Sports Science Brief", Vol.01, No.07, p.1-9.
- Iwao S, Iwao N, Muller DC, Elahi D, 2001. Shikomata H, Andres R. "*Does waist circumference add to the predictive power of the body mass index for coronary risk*. *Obesity Research*. Volume 9, pp :685-95.
- Janssen I, Heymfield SB, Allison DB, Kolter DP, Ross R. "*Body mass index and waist circumference indepently contribute to the prediction of non abdominal, abdominal subcutaneous, and visceral fat.*" *Am J Clin Nutr* volume :75, pp.683
- Kushner, Robert (2007). *Treatment of the Obese Patient (Contemporary Endocrinology)*. Totowa, NJ: Humana Press. p. 158. ISBN 1-59745-400-1. Diakses tanggal April 5, 2009.
- Lynette Nathalie Lyzwinski, 2014, "A Systematic Review and Meta-Analysis of Mobile Devices and Weight Loss with an Intervention Content Analysis", *Journal of Personalized Medicine*, vol:4.
- Loscalzo, Joseph; Fauci, Anthony S.; Braunwald, Eugene; Dennis L. Kasper; Hauser, Stephen L; Longo, Dan L, 2008 *Harrison's principles of internal medicine*. McGraw-Hill Medical.p : 77) ISBN 0-07-146633-9.
- Lusia Kus Anna, 2011. "Indonesia Masuk 10 Besar Orang Gemuk Terbanyak"
- Marie, Pierre st, and Onge. 2005. "*Dietary Fats, Teas, Dairy, and Nuts: Potential*"

- Mc Ardle WD, Katch FI, and Katch VL,1996. “*Exercise Physiology: Energy, Nutrition, and Human Performance*”. 4th Ed. Baltimore: Williams and Wilkins.
- McKay and Jeffrey BB. 2002. “*The Role of Tea in Human Health: An Update.*” *Journal of the Am College of Nutrition*, Vol.21, No.1, p.1-13.
- Mc Carthy HD, Ellis SM, Cole TJ. 2003, “*Central overweight and obesity in British youth aged 11-16 years: Cross sectional surveys of waist circumference*”. *Br Med J* 2003; 326: p :1-4
- National Task Force on the Prevention and Treatment of Obesity. Overweight, obesity, and health Risk. *Arch Intern Med*,2000.
- Pangkahila. 2007. *Anti-Aging Medicine: Memperlambat Penuaan Meningkatkan Kualitas Hidup*. Jakarta: Kompas.
- Pestacello, L.S., Van Heest, J.L. 2000. “*Physical Activity Mediates a Healthier Body Weight in the Present of Obesity*”. *Br. J. Sport Med*, Vol.34, p.86-93.
- Poulain M; Doucet M; Major GC *et al* . (April 2006). “*The effect of obesity on chronic respiratory diseases: pathophysiology and therapeutic strategies*”. *Journal of CMAJ*, Vol 174.
- Sigosa Constantine; Hainer, Vojtech; Basdevant, Arnaud; Finer, Nick; Fried, Martin; Mathus-Vliegen, Elisabeth; Micic, Dragan; Maislos, Maximo; Roman, Gabriela,2008.“*Management of Obesity in Adults: European Clinical Practice Guidelines*”*The European Journal of Obesity* 1 (Volume 2): P : 106– 6.
- Shekele PG, Woolf SH, Eccles M, Grimshaw JM. Developing guidelines. *BMJ* 1999; 318:593-6.
- 2.

Wilson, George AB, Christine L, and Goldmann D. 2008. "*In the Clinic Obesity.*" Annals of IntMedicine Am College of Physicians, Vol.4, p.6-9.

Woodhouse R, 2008. "Obesity in art: A brief overview". *Front Horm Res*. Frontiers of Hormone Research Volume 36: P :271–86.

Woolf SH, Grol R, Hutchinson A, Eccles M, Grimshaw JM, 1999. "*Potential benefits, limitations, and harms of clinical guidelines*". BMJ