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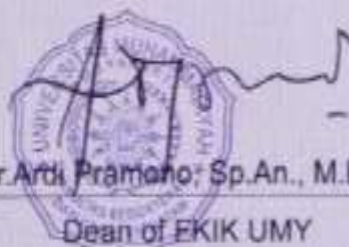
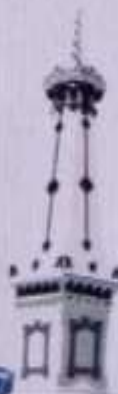
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**Towards a better quality of life through
interdisciplinary research**

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dr. Ardi Pramono, Sp.An., M.Kes
Dean of FKIK UMY




dr. Iman Permana, M.Kes., Ph.D
Head of Committee

**Health Promotion Program for Disaster Eruption of
Mount Merapi Refugee
in Youth Centre Sleman Distric,
Yogyakarta Special Province, Indonesia**


Novitasari Ratna Astuti
Lecture of Dental School,
Faculty of Medicine and Health Sciences
Universitas Muhammadiyah Yogyakarta, Indonesia
Email: ovi_ummy@yahoo.com

A. Background

- The eruption of Mount Merapi on October 26, 2010 the population around the volcano evacuate to a safe area
- Sleman district set up 3 places used as shelter refugees one of the place is Youth Center.
- Live in barracks change the lifes of the refugees. Live with the limitations and sharing facilities with other refugees  began stricken with diseases



B. The Problems

- Youth Centre capacity only able to accommodate \pm 2,000 people
- Youth Center has full amenities (sanitation, beds, electricity) but still facilities are limited for refugees  **cause health problems**

Facilities in barracks



Washing with limitation facilities



Childrens environment near barracks



Minimize toilets from the government



Aim of the research

Health promotion create a conducive environment for refugees to stay healthy & volunteers are aware & understand the action plan supports the formation of a Youth Centre manager for health promotion for refugees

Theory of Health Promotion

- Health promotion is the process of enabling people to repair and improve health
(Ottawa Charter, 1986, cit Davies and Macdowall, 2006)
- In health promotion, primary goal setting is the ultimate goal of health promotion programs to be achieved at the end of the program, in order to achieve the program is necessary to establish short-term goals, medium and strategy (Davies and Macdowall, 2006)
- Health promotion strategies including advocacy, social support , empowerment (WHO,1984)

Research method

Indepth interview with key informants, need assessment conducting Focus Group Discussion (FGD), observation & community forum approach



Consultation with media experts & conducted trials of health promotion media



Poster of clean healthy lifestyle & Rules information in barracks



Health Promotion Activity

- Placement of refugees living in the Youth Center were accommodated in the first period for \pm 2000 people, while in the second period \pm 300 people
- Health promotion activities for refugees Merapi eruption at the Youth Center focuses on **strengthening the refugee management system.**

Stages of health promotion activities at the Youth Center are:

1. Agreement
2. Planning
3. Action

Result

1. - Agreement

between manager
refugee&volunteers
aware &understand
the importance of
health promotion

- Support health promotion activities



2. Planning

Health promotion
programs into duties
&function of manager
refugee&volunteers

| No | Item | Manajemen | 20 April 2018 | Sebagai Juru | Pihak yg Berke |
|----|-------------|-----------|--|----------------------------|----------------------------|
| 1 | Kelembagaan | ASAP | - Timbul - Timbang - Mengk. dan - Sertifikat terdidi - Laporan | Ketua BERSK | Se Kelembaan (Mas Dini) |
| 2 | Kelembagaan | Manajemen | - Hadiah - Alat Kelembaan - Objek Laporan | Se Kelembaan (Mas Dini) | Mas Dini |
| 3 | Kelembagaan | Manajemen | - Masin Jarak | Konsep Program | Distribusi |

Clean & healthy lifestyle culture for refugees in Youth Centre

PEMBUDAYAAN PHBS LITK PENGUNGSIAN YOUTH CENTER

| No | Jenis Kegiatan | Waktu | Yg Diperlukan | Pemangku/jawab | Pinde yg perlu dibicarakan |
|----|--|-----------|--------------------------------------|------------------|---|
| 1. | Bersih: Saluran Air | 3 hari 1x | - pacul (8) - sekop (8) | Dwi (Ko. Keb) | - Koord. Kebersihan berkoordinasi dg Koord. Barak |
| 2. | Tulisan di KM. (tambakan) | 1x | Stiker/poster | Kesekretariatan | Koord. Sekretariat |
| 3. | Pembinaan Bdk Sampah di Kamar Mandi Kampor | 1x | bekas sampah kampor | Dwi (Kobersihan) | - Koord. Kebersihan - Koord. Logistik |
| 4. | Penataan Jenuram | 1x | tiang kayu tali kanvas/kusur | Koord. Barak | - Koord. Barak - Eng. Peralengkapan |
| 5. | Pembinaan Kampor di kubung Barak | 7 hari 1x | Kampor, palu | Koord. Barak | - Koord. Barak - Koord. Logistik |
| 6. | Pembinaan Alat Kebersihan Barak | 1x | - Gopur, serok Gampoh, sulak, pel | Koord. Logistik | - Koord. Logistik - Koord. Kebersihan |

3. Action

Poster of healthy behavior placed in a strategic location & rules disciplinary barracks stationed in each barrack



Regulations in barracks



Poster healthy lifestyle & regulations
have been installed in barracks



- Activities of health promotion programs clean and healthy lifestyle behaviors for refugees performed well and showed encouraging results
- The goal of the program is reached, the manager of the refugees, volunteers and refugees involved actively create a healthy environment physically

Conclusion

Health promotion activities for refugees of Mount Merapi in Youth Centre performing well with good results, as well as refugees understand & implement health promotion programs

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Program Promosi Kesehatan Pengungsi Bencana Erupsi Gunung Merapi di Pengungsian Youth Centre Kabupaten Sleman Provinsi D.I.Yogyakarta Indonesia

Novitasari Ratna Astuti
Dosen Prodi Kedokteran Gigi, Fakultas Kedokteran dan Ilmu Kesehatan
Universitas Muhammadiyah Yogyakarta, Indonesia
Email: ovi_ummy@yahoo.com

Abstrak

Latarbelakang makalah ini membahas mengenai promosi kesehatan bagi pengungsi bencana alam, yaitu bencana gunung merapi di wilayah Kabupaten Sleman Provinsi Yogyakarta. Kerusakan yang ditimbulkan akibat bencana alam, seperti meletusnya gunung api, tsunami, gempa bumi, banjir, mengakibatkan kerugian kesehatan dan tempat tinggal sehingga masyarakat harus mengungsi di tempat lain.

Pada Tanggal 26 Oktober 2010 Gunung Merapi di Kabupaten Sleman, Provinsi Yogyakarta meletus, menyebabkan masyarakat harus mengungsi di gelanggang pemuda Kabupaten Sleman, seiring berjalannya waktu masalah kesehatan mulai muncul di tempat pengungsian yaitu antara lain ispa, diare, demam, cephalgia dan lain-lain, sehingga untuk mencegah atau meminimalisir penyakit yang muncul akibat perilaku yang tidak sehat di lingkungan sekitar Youth Centre.

Tujuan dari promosi kesehatan ini adalah menciptakan lingkungan yang kondusif bagi para pengungsi agar tetap sehat dan pengelola serta relawan secara sadar, paham mendukung terbentuknya rencana aksi pengelola youth centre dan relawan melakukan promosi kesehatan untuk pengungsi.

Metode yang dilakukan adalah wawancara mendalam dengan informan kunci, *need assessment* dengan fokus group discussion, observasi dan pendekatan forum komunitas. Media promosi kesehatan antara lain adalah poster Perilaku Hidup Bersih Sehat (PHBS) dan tata tertib barak. Sebelum membuat media promosi kesehatan tersebut dilakukan konsultasi dengan pakar media dan dilakukan uji coba.

Hasil dari promosi kesehatan ini adalah kesepakatan bersama antara pengelola dan relawan tentang pentingnya program promosi kesehatan PHBS dan terbentuknya rencana aksi kegiatan promosi kesehatan yaitu berupa pemasangan poster PHBS dan melakukan aksi program tersebut.

Kesimpulan kegiatan promosi kesehatan PHBS ini untuk pengungsi Gunung Merapi di Youth Centre terlaksana dengan baik dengan hasil yang baik, serta pengungsi memahami dan menerapkan program promosi kesehatan tersebut.

Kata Kunci : Promosi Kesehatan, Bencana Alam, Pengungsi, Relawan, PHBS

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Novitasari Ratna Astuti

Lecture of Dental School, Faculty of Medicine and Health Sciences

Universitas Muhammadiyah Yogyakarta, Indonesia

Email: ovi_ummy@yahoo.com

Abstract

This paper discusses the health promotion for refugees natural disasters, such as volcanoes disaster in the district of Sleman in Yogyakarta province. Damage caused by natural disasters, such as volcanic eruption, tsunami, earthquake, flood, resulting in the loss of health and dwellings damaged so as to make people evacuate.

On October 26, 2010 of Mount Merapi in Sleman district, Yogyakarta province erupted, causing people to flee in the youth centre in Sleman, as time goes by health problems began to emerge in the camps among other things ISPA, diarrhea, fever, Cephalgia and others, so as to prevent or minimize disease arising from unhealthy behaviors in the environment around the Youth Centre.

The goal of health promotion is to create a conducive environment for the refugees to stay healthy and volunteers are aware and understand the action plan supports the formation of a youth center manager for health promotion for refugees.

The method is in-depth interviews with key informants, need assessment conducting focus group discussions, observation and community forum approach. Health promotion media is a poster of clean healthy lifestyle (PHBS) and rules information in camps. Consultation with media experts and conducted trials were needed before making the media health promotion.

The results of this health promotion program are a joint agreement between the camp manager and volunteers health promotion programs (PHBS) and the establishment of an action plan with health promotion activities, namely posters PHBS and action programs.

The conclusion of these activities are, PHBS health promotion activities for refugees of Mount Merapi in the Youth Centre performing well with good results, as well as refugees understand and implement health promotion programs.

Key words: Health Promotion, Natural Disasters, Refugees, Volunteers, PHBS