

## **Chapter Two**

### **The Literature Review**

To support the study, the researcher explains some of related study literature. It presents some points such as English teaching and learning process, the rule and regulation of discipline, the benefits of discipline, the problems found in learning process, and the affect of discipline in achievement. In short, this chapter tries to discuss some literature as support.

#### **Discipline**

In this study, the researcher reveal aspects of discipline. The researcher explains some aspect of discipline consist of definition of discipline, types of discipline, benefit of discipline and students discipline. The detail information about discipline is discussed as follows.

**Definition of Discipline.** In this study, the researcher wants to find out the definition of discipline from several experts. Discipline in this research focuses on school field. The school environment regulates discipline in enhancing attitude and behavior. Millei, Griffith. & Parkes (2010) said that discipline is a form of self that students need to acquire into their self-construction through process of life and it will happen as a productive aspect of the students. On the other hand, Rachel (2013) determined that discipline especially in school is type of classroom behavior which can be described such as paying attention, obeying the rule of teacher, respecting teachers, and acting with the suitable norms. For examples, the students listen to subject when teacher gives explanation in the class. The students follow the rule that is given by the teacher in doing an assessment. Moreover, the students respect to the teacher to make a harmony during learning process.

Additionally, the high discipline can be looked from the rules and regulations of the institution. Lilian (2015) stated that a form of discipline is suitable with the regulation of

student and maintenance in the school. Meanwhile, according to Maria (2013) argued that in improving students' personal the institution need to maintain the rules and regulations. In addition, discipline involves rule and regulation to develop students' behavior in the school.

In the university field, the teachers regulate discipline that is appropriate with the students' behavior. It means that the discipline can instill students' behavior in a learning process. Meanwhile, the teachers can apply the rules and regulations to be obeyed by students to reach the goal of university in creating discipline. Therefore, students and teachers can create the discipline in the university field by maintaining rules and regulations.

**Types of Discipline.** The types of discipline are divided into two criteria. Okumbe (1998) who argued that there are positive discipline and negative discipline. Positive discipline is also known as self-discipline. It means that self-discipline comes from the personal desires without someone else. Self-discipline can control the individual to manage the time, responsible of work, obey the rules from school and respect among students. However, negative discipline is an individual who pretends to do a good thing when a supervisor witnesses the behavior. The negative discipline like students do the assessment if the lecturer witness it.

The positive discipline of students can be seen from their attitude in educational field. The students who have positive discipline tend to obey the rules and regulations of education field. The personal desires of students mean that students have willingness to do a good thing like doing the assessment without feeling forced. Moreover, the students can control themselves for obeying the authority of educational field. For the examples, student leaves the class with permission to the teachers, student respects regarding teachers in learning process, and students submit the assessment on time. Besides, the negative discipline is done

by students who have misbehavior in educational field. The students are doing a good thing such as reading the book or writing the journal in order to be seen by the teachers. However, those activities are not based on their willingness. They are usually late for coming to the class, leaving the class without permission, and do not bring the course book in learning process. In this study, the researcher only focused the aspects of discipline on time management, ethic toward students and teachers and also rules and regulations. It is in line with Kelly (2004) who argued that efficient on the using of time in educational field can increase the academic performance.

**Benefits of Discipline.** Discipline gives advantages for students. The discipline habit should be implemented in daily life in order to rehearse students' attitude. The attitude of students are built through a discipline process that influences behavior. They learn about discipline not only in the school but also in social life which is used for better life. Lilian (2015) argued that a good discipline determines success of education and prepares students to bright future. Their psychological development gives them ability to understand people and look at situations from various view points. Teaching discipline should be implemented when they are still childhood. In order to build the habit of students and it can be positive discipline in their adult life. De Klerk and Rens (2003) argued that "the pedagogic discipline will be acquired by the child to influence the normed in their adult life (p.357)".

The role of discipline can be perceived when students becomes mature people. Before that, discipline habit can be implemented during education with teachers' monitoring. Doing discipline may take more time, but it is very needed in social life or the students itself. Lilian (2015) gave the statement that an implementation of effective discipline is the key for learners in their adult life. In addition, a positive discipline brings students into good attitude that can be implemented in society. Wood, Nicholson, and Findley (2005) stated that a good discipline helps students to enhance their attitude. Moreover, the effective discipline is

needed between students and lecturers. It is aimed to develop their awareness related to the good discipline. Dunham (2004) asserted that discipline is a vital role in enhancing responsibility of educators and learners.

**Students' Discipline.** Students' discipline involves some categories such as rules and regulations, ethical towards the teachers, and time management. All of those categories create students to be aware that discipline is needed in a learning process. The students can reach achievement because they do the assessment well. Dunham (1984) stated that effective discipline can help students to reach the achievement of expectation, aims, and students' charge. Going further, students need to be diligent in learning to create self-discipline. According to Ehiane (2014, p.182) that "Leave school premises without permission; do not bring their books to school, refuse to do their homework, reject any kind of authority, and resist any disciplinary measures taken against". Therefore, the students should be aware with their responsibility.

**Time Management.** In order to reach the achievement in learning process, students have self-awareness related to time management. Students can manage their time to finish their assessment on time. Mafabi (1993) opined that achievement can be reached in educational field when the teachers give an example of managing time. The students can organize their schedule to make effective and afficiency in time. For example, the students come to the class on time, students do the assessment on time, and students need to take a remedial as soon as possible to anticipate the bad score.

**Ethic Toward Teachers and Other Students.** Being closed to teachers can create harmony and supportive environment in a learning. The closeness between teachers and students can also develop students' motivation in the process. It is in line with Biekkety (2004) who argued that lack of discipline among teachers affects to effective teaching and

learning in the classroom. Therefore, good relationship between students and teachers should make a harmony in an educational field. Students make a good harmony with the lecturer by respecting them in learning process. For example, if the students are talking to their friends about their argument, so other students need to respect it by letting them finishing their argument first. Then after giving opinion, other students can give their suggestion in case they agree or not of the opinion. After that, the ethic toward lecturers is like when students make an appointment to consult with lecturer, and they come on time.

***Rules and Regulations.*** The role of educational field discipline is needed for making students respect to other and more responsible with their work. If the educational field seriously applies the rule and regulation for the member, it can give good impact for education field. Adams (2003) argued that educational rules and regulations are strategies in enhancing students' discipline. Students obey the rules and regulation in educational field such as coming to the class on time and wearing formal dress code. Students need to obey learning contract which is approved between students and lecturers. If the students submit the assessment late, so the score will be decreased.

### **Academic Achievement**

Learning process which passed by student purposes to reach an achievement. The achievement depends on the students' learning process. The student will pass all of assessment including practicum with good score if they are discipline. Indeed, they will have a good achievement. According to Beurdy (2011) "said that through voluminous studies, it has been indicated that both low and average achievers earn high scores on standardized achievement and attitude test when they taught within the elm of their learning style".

One of learning aspects is teachers' learning style. During learning process, it is necessary for teacher recognizing their student's need. Moreover, teacher has to attract

students with an interesting thing through learning media. After all, as students fell enjoy for learning and the content of the subject, so it will be achieved maximally. According to Renzulli (2011, p. 145) that “studies also reveal that matching teaching and learning styles can significantly enhance academic achievement at the primary and secondary school”.

**Definition of academic achievement.** Students’ achievement is used to recognize the quality of students while in learning process. The quality of students determine whether they are competent in dominating whole subjects. Arikunto (2010) stated that academic achievement is a learning outcome which is attained while learning process. Meanwhile, Winkel (2007) also asserted that achievement is a maximum score that is reached by someone during learning process. For reaching the achievement, students need to know their capacity in certain knowledge. Students will learn more to enhance their cognitive and affective knowledge. It is important for students to achieve maximum result in learning process.

**Factors affecting in academic achievement.** To reach the achievement, students need the support from parents, friends and family. Meanwhile, the environment also affects in students’ academic achievement. The environment is the place where the students acquire the information every day. They get knowledge as well as attitude in environment. This attitude will be fruitful to enhance their personal skill. Hakim (2005) argued that there are main factors that affecting academic achievement such as internal and external factor. The internal factor comes from the inside consist of motivation, emotional and psychological of the students. On the other hands, the external factor comes from outside including family, school field and environment. Therefore, the students’ emotion like anger, sadness, motivation and disappointment need to be kept and mother, father also friends always support it anytime.

## **Related Study Review**

This study was done by Yuningtya (2017) with title “ The Factors that Triggers Students’ Absenteeism at English Education Department of UMY Batch 2013”. The researcher took an interview with six students from class C of English Education Department of UMY . In this study, the researcher investigated the factors that trigger students’ absenteeism at EED of UMY. The researcher in this study employed qualitative research design to explain the finding. This finding of this reseach showed that there were six categories that trigger students’ absenteeism at EED of UMY. These categories are students’ factors, academic factors, family factors, community factors, unexpected factors, and enviroment factors.

Another study was conducted by Ehiane (2014) with title “ Discipline and Academic Performance ( A study of selected secondary school in Lagos, Nigeria)” . In this study, the researcher distributed 400 questionnaires to ten schools and 380 questionnaires were returned to the researcher, so the calculation was representing 95% questionnaires that was distributed. This study investigated the relationship between school discipline and students’ academic performance. In addition, cross sectional research survey design was employed with document review, interview guideline, and the questionnaire as the main instrument in data collection. To analyze the data this study were used simple precentage and Chi-square method. This researcher discovered finding of this study that school discipline should be enforced in enhancing students’ discipline that affected toward students’ academic performance. It meant that the rules, regulations, and school management have to be established by the lecturer.

The next study was done by Lilian (2015) with title “The role of school discipline on students’ academic performance in Dar El Salaam Region, Tanzania”. This study involved 148 participants that consisted of teacher, discipline, head of school, and students. This study was carried out the role of school discipline on students’ academic permormance. This study

employed descriptive research design and the instrument were questionnaires, interview guides, and observation check list. The researcher found out findings that the school should implement suitable school rules and regulation, and the school can apply the appropriate punishment towards the students. For the conclusion, the students should be aware with rules, regulations, fair, consistent punishment, and motivation.

Moreover, Maria (2013) conducted a study with title “ Effectiveness of school rules and regulation in enhancing discipline in public secondary schools in Kangundo Division, Machakos County, Kenya”. This study involved 196 participant from 7 public secondary school consist of students leader, students from this division, class teachers, and deputy head teachers. This study was purposed to study the effectiveness of school rules in enhancing discipline in secondary schools in Kangundo Division. In addition, this study used survey design to investigate school rules in enhancing discipline. Questionnaires and interview were used as the instruments of this study to collect the data. The findings showed that the students were not involved in formulating the rules. The findings revealed that students have obeyed the school rules and regulations in enhancing discipline.

These studies discuss some points related to the discipline and academic performance in the school. In addition, the studies have the relationship with this study about discipline and students’ achievement. Those studies investigate the discipline regarding students’ academic performance, and the researcher gets references from those studies to conduct the research. Those studies tell the discipline in the school field that is conducted by students. Some of those studies investigate the discipline towards rules and regulation, school discipline with student performance, and discipline that is affecting achievement. In this study, the researcher just focuses on students’ discipline and students’ achievement in learning process. Meanwhile, all of those studies above inform the positive result in their

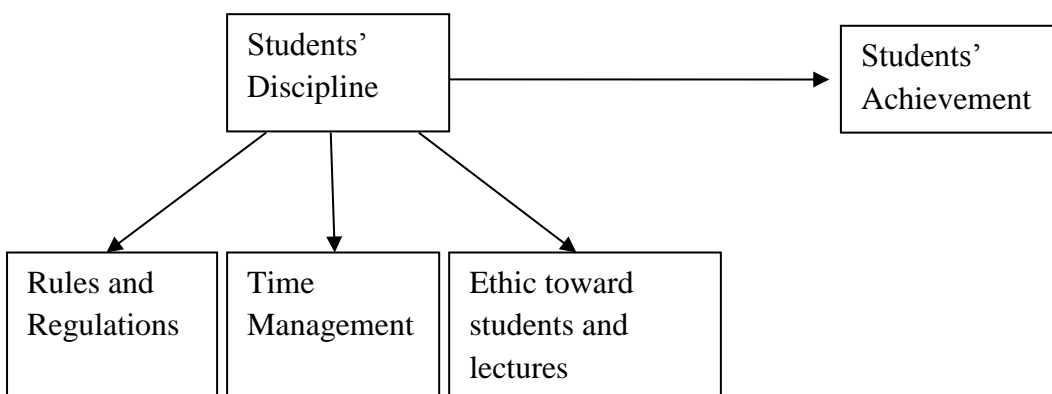


findings of the study. It convinces the researcher to do this research that was successfully conducted by others studies in several countries.

### Conceptual Framework

The researcher investigated the correlation between students' discipline and students' academic achievement that both of those variables have a relation. The researcher correlated between the discipline of students and process of teaching learning especially in educational field. Students' responsibility and goal to have a good achievement depend on the discipline. For the biggest role of discipline was that teachers needed to teach students for being discipline. Discipline in time has to be implemented by the teacher first. Discipline must be supported by educational environment and students' environment.

**Figure 1. The Research Correlational Table**



The researcher investigated the research problems based on the literatures which was the students' discipline correlated with their achievement which determined by some criteria. For those literatures above that discipline was divided into positive and negative discipline. However, these types of discipline gave affect in achievement as well. Going further, criteria affecting students' achievement were various. First, the way to build student discipline to reach the achievement was a ethic toward students and lecturers. The ethic students and lecturers were implemented by teacher and students . In order to make students and lecturers

aware the important thing in respecting each other. The ethic consisted of politeness, making agreement, asking permission and respecting each other. Second, time management needed to be taught by teacher towards students in learning process, so students would be aware related to the time because time management benefits students to manage their discipline in doing work. The time management were punctuality and organize the time and Third, rules and regulations have to be obeyed by students, of course for teaching students in discipline that affected on students' achievement. The rules and regulation in educational field such as dress code, littering, no phone zone and attendance. Therefore, rules and regulations regulated students in respecting toward other, and students were expected being good citizens in adult life.

### **Hypothesis**

From the conceptual framework of this study, the researcher explains this hypothesis:

H<sub>1</sub> : There is a significant correlation between student's discipline and student's achievement.