

ABSTRAK

Allah SWT telah menganugerahkan potensi-potensi dan kemampuan dalam diri setiap manusia sejak lahir, sebagai bekal dalam menjalani kehidupan di dunia ini. Salah satu potensi dan kemampuan yang dimiliki oleh manusia yaitu kemampuan menghafal ayat-ayat suci Al-Qur'an. Setiap manusia memiliki kehendak untuk mengasah maupun mengabaikan potensi dan kemampuan yang dimilikinya. Hal inilah yang membedakan tingkat aktualisasi diri dan kemampuan menghafal ayat-ayat suci Al-Qur'an setiap manusia. Penelitian ini bertujuan untuk menjelaskan aktualisasi diri; kemampuan menghafal ayat-ayat suci Al-Qur'an; serta seberapa besar pengaruh aktualisasi diri terhadap kemampuan menghafal ayat-ayat suci Al-Qur'an santriwati kelas X SMA Tahun Ajaran 2017/2018 di PPM MBS Prambanan Sleman Yogyakarta. Penelitian ini dilakukan dengan menggunakan pendekatan kuantitatif deskriptif. Teknik pengumpulan data menggunakan observasi, kuesioner, wawancara, dan dokumentasi. Populasi dalam penelitian ini yaitu seluruh santriwati kelas X SMA Tahun Ajaran 2017/2018 dan sampel dalam penelitian ini yaitu 36 responden yang dipilih melalui teknik simple random sampling. Analisis data yang digunakan yaitu statistik deskriptif, uji korelasi, uji regresi linear sederhana, dan uji-t menggunakan software SPSS 22.0. Hasil penelitian ini menunjukkan bahwa tingkat aktualisasi diri santriwati kelas X SMA Tahun Ajaran 2017/2018 tinggi dengan presentase 63,89%; tingkat kemampuan menghafal ayat-ayat suci Al-Qur'an santriwati kelas X SMA Tahun Ajaran 2017/2018 tinggi dengan presentase 80,56%; serta terdapat pengaruh yang signifikan antara aktualisasi diri terhadap kemampuan menghafal ayat-ayat suci Al-Qur'an santriwati kelas X SMA Tahun Ajaran 2017/2018 sebesar 27,40%.

Kata kunci : aktualisasi diri, kemampuan menghafal ayat-ayat suci Al-Qur'an, santriwati

ABSTRACT

Allah SWT has bestowed potentials and capabilities upon every human being since birth. One of the potentials and capabilities possessed is the ability to memorize The Holy Qur'an. Every human being possesses a will to hone or ignore the potentials and capabilities possessed. This differentiates every human being's level of self-actualization and the ability to memorize The Holy Qur'an. This research aimed at explaining the level of self-actualization; the ability to memorize The Holy Qur'an; as well as how big the effect of self-actualization toward the ability to memorize the holy qur'an of grade x senior high school santriwati in the school year of 2017/2018 at PPM MBS Prambanan Sleman Yogyakarta. The research was conducted using descriptive quantitative approach. The data collecting techniques were observation, questionnaire, interview, and documentation. The population of the research were all grade X Senior High School santriwati (female students of boarding schools) in the school year of 2017/2018 and 36 randomly chosen samples of respondents. The data analysis used was descriptive statistic, correlation test, simple linear regression, and hypothesis test using SPSS 22.0 software. The research result indicated that the self-actualization level of grade X Senior High School santriwati in the school year of 2017/2018 was high with the percentage of 63,89%; the level of ability to memorize The Holy Qur'an of grade X Senior High School santriwati in the school year of 2017/2018 was high with the percentage of 80,56%; and there was significant effect between self-actualization toward the ability to memorize The Holy Qur'an of grade X Senior High School santriwati in the school year of 2017/2018 which was 27,40%.

Keywords: *self-actualization, ability to memorize The Holy Qur'an, santriwati*