

ABSTRAK

Penelitian ini bertujuan untuk mengetahui kecerdasan emosional peserta didik di MTs Negeri 4 Sleman, untuk mengetahui strategi guru dalam peningkatan kecerdasan emosional peserta didik melalui pendidikan akhlak di Mts Negeri 4 Sleman, dan untuk mengetahui faktor pendukung dan pengambat dalam peningkatan kecerdasan emosional peserta didik melalui pendidikan akhlak di MTs Negeri 4 Sleman.

Penelitian ini menurut jenisnya merupakan penelitian deskriptif kualitatif. Subjek dalam penelitian ini adalah 2 guru pendidikan akhlak dan 7 peserta didik di MTs Negeri 4 Sleman. Teknik pengumpulan data yang digunakan ialah (1) Wawancara, (2) Observasi, (3) Dokumentasi. Analisis data yang dilakukan ialah dengan menggunakan analisis yang dikembangkan oleh Mulles dan Hubberman yaitu (1) Reduksi data, (2) Penyajian data, (3) Penarikan Simpulan dan (4) Triangulasi data.

Hasil penelitian ini yaitu (1) Kecerdasan emosional peserta didik di MTs Negeri 4 Sleman sudah baik. (2) Strategi guru dalam peningkatan kecerdasan emosional peserta didik di MTs Negeri 4 Sleman dapat dilakukan melalui 4 cara yaitu melalui pelaksanaan program keagamaan, penanaman nilai keislaman, penanaman sikap peduli, berpikir positif, partisipatif, dan melalui pemilihan strategi pembelajaran. (3) Faktor pendukung dalam peningkatan kecerdasan emosional peserta didik melalui pendidikan akhlak di MTs Negeri 4 Sleman diantaranya sarana prasarana yang baik, budaya keagamaan di sekolah, keteladanan guru, kerjasama antar warga sekolah dan motivasi guru. Sedangkan faktor penghambat dalam peningkatan kecerdasan emosional peserta didik melalui pendidikan akhlak di MTs Negeri 4 Sleman diantaranya keterbatasan waktu tatap muka, media informasi, kurangnya dukungan keluarga, pengaruh lingkungan masyarakat.

Key word: Strategi guru, Kecerdasan emosional, Pendidikan akhlak

ABSTRACT

Strategies Employed by Teachers in improving students' emotional intelligence through akhlak education in MTS Negeri 4 Sleman

This study seeks to investigate the emotional intelligence of students of MTs Negri 4 Sleman, teachers' effort to increase students' emotional intelligence through akhlak education in MTs Negri 4 Sleman as well as the supporting and hindering factors in their effort.

This study is a descriptive qualitative research. The subject of this study are 2 teachers who teach akhlak education and 7 students of MTs Negri 4 Sleman. The methods of data collection are 1) interview, 2) observation, 3) documentation. The collected data are analysed by employing a method developed by Milles and Hubberman which consists of (1) data reduction, (2) data display, (3) drawing conclusion, and (4) data triangulation.

The result of this study shows that, (1) the students of MTs Negeri 4 Selman have good emotional intelligence, (2) there are four strategies implemented by the teachers in improving their students' emotional intelligence, namely; religious programs, character building based on Islamic moral virtues, internalizing good values such as positive attitudes toward live, positive thinking, participative, and by using appropriate teaching strategies. (3) supporting factors that helped teachers' efforts are good infrastructure, religious milieu of the school, teachers' active role as a role model, collaborative effort with people who live around the school, and teachers' motivation. Whereas factors that hindered the teachers' efforts to improve their students' emotional intelligence through akhlak education in MTs Negeri 4 Sleman including limited meeting time, media information, lack of support from the students' families, bad influences from the surrounding society.

Keywords; teachers' strategies, emotional intelligence, akhlak education