

ISLAMIC RELIGION GUIDANCE IN IMPROVING STUDENTS' SELF CONTROL

(A Study Case at SMP Muhammadiyah 3 Depok Sleman)

ABSTRACT

One of the real efforts to build qualified human resources is Islamic religion guidance in improving students' self control by applying positive habituation on Islamic values. This can be measured especially with assessment of Islamic Religion teachers (Ismuba) and can increase more self control in life which can increase society's trust.

The research was to reveal 1) The Implementation of Islamic religion guidance in increasing the self control of students of SMP Muhammadiyah 3 Depok Sleman, 2) The supporting and inhibiting factors of Islamic religion guidance in increasing the self control of students at SMP Muhammadiyah 3 Depok Sleman and 3) The difference between students' self control before and after provided with Islamic religion guidance at SMP Muhammadiyah 3 Depok Sleman.

The research method was mixed methods. The research was conducted from April to May 2018 by involving 40 students of Grade VIII. The data were collected using questionnaire, interview, and observation. The data were analyzed by data reduction, display, data verification or conclusion.

The research illustrated that students' spirituality and self control increased by 6-16 % after provided with Islamic religion guidance. There was also correlation between self control and the improvement of students' achievement.

Key Words: Spiritual intelligence, Self control, Students' achievement.