

INTISARI

EVALUASI PELAKSANAAN PENCEGAHAN PASIEEN RISIKO JATUH DI RUANG RAWAT INAP RSUD WATES KABUPATEN KULON PROGO

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Latar Belakang: Tahun 2016 di RSUD Wates Kabupaten Kulon Progo terdapat 8 pasien mengalami insiden jatuh, 7 dewasa dan 1 anak. Sehingga perlu dilakukan pengkajian, evaluasi dan monitoring terkait pencegahan risiko pasien jatuh.

Tujuan Penelitian: Untuk mengetahui pelaksanaan pencegahan risiko jatuh, mengidentifikasi karakteristik ruang rawat inap, mengetahui persepsi dan kinerja perawat terhadap pencegahan risiko jatuh.

Metode: Rancangan penelitian observasional dengan *mixed method* skuensial eksplanatori. Sampel data kuantitatif 60 perawat, 8 ruang rawat inap, 100 dokumen rekam medis dan data kualitatif 10 perawat

Hasil: Analisis data kuantitatif menunjukkan pelaksanaan pencegahan risiko jatuh kategori tinggi, sedang, rendah. Kinerja perawat berhubungan dengan persepsi ($r=0,719$). Rumah sakit memiliki standarisasi dan melaksanakan pencegahan risiko jatuh namun belum sesuai tata laksana yang ada, terdapat faktor pendukung dan penghambat pelaksanaan, tidak ada *reward*, dan persepsi perawat terkait pencegahan risiko jatuh sudah baik.

Kesimpulan: Pelaksanaan pencegahan risiko jatuh belum optimal sesuai tingkatannya. Karakteristik tiap ruangan sudah baik, tetapi sarana ruang perawatan, kamar mandi maupun fasilitas penunjang perlu dilengkapi. Persepsi memiliki hubungan dengan kinerja perawat.

Kata Kunci: Pelaksanaan pencegahan risiko jatuh, karakteristik ruang rawat inap, persepsi, kinerja

ABSTRACT

EVALUATION ON IMPLEMENTATION OF PATIENT FALL RISK PREVENTION AT INPATIENT CARE FACILITY IN WATES HOSPITAL KULON PROGO

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Background : Based on data of Wates hospital Kulon Progo during 2016 until the end of June there were 8 patients with fall incident, 7 adult patients and 1 child patient. Therefore, studying, evaluating and monitoring of fall risk prevention are very important to do.

Research Purpose: To know the implementation of fall risk prevention on patient and to identify the characteristics of inpatient room, to know the perception and performance of nurse on fall risk prevention

Method: This research is observational with an explanatory sequential mix method. The sample was 10 nurses for qualitative data, while for the quantitative data were 60 nurses, 8 inpatient rooms and 100 medical record documents of patient.

Result: The results of quantitative research showed that fall risk prevention implemented well on high, middle and low category. Nurse performance related with perception ($r=0.719$). The hospital has standardization and implementation on fall risk prevention but the management of prevention has not been in accordance with the existing management, there supported factors and obstructive factors of implementation, no reward for nurse, nurse perception related with fall risk prevention is already good.

Conclusion: Implementation of fall risk prevention on patient has not optimal according to the levels. Characteristic in every rooms are already good but in facilities of nursing room, bath room or other supported facilities are needed to be completed. Perception has relation with nurse performance.

Keyword: Implementation of fall risk prevention, characteristics of inpatient room, perception, performance.