

INTISARI

Latar Belakang: Remaja perlu mendapatkan perhatian serius mengenai seksualitas karena remaja masih rentan terhadap perilaku-perilaku yang tidak diinginkan salah satunya yaitu perilaku seksual. Perilaku seksual adalah segala tingkah laku yang didorong oleh hasrat seksual baik dengan lawan jenis maupun dengan sesama jenis. Siswa SMA merupakan masa remaja yang rentan terhadap perilaku seksual seperti perilaku berpacaran sampai dengan hubungan seksual. Tujuan penelitian ini adalah untuk mengetahui gambaran perilaku seksual pada remaja.

Metode penelitian: Jenis penelitian ini merupakan penelitian *descriptive*. Populasi dari penelitian ini adalah remaja usia 15-17 tahun yang terdaftar sebagai murid di SMA “X” kelas X, XI dan XII. Jumlah populasi dari penelitian ini adalah 127 orang. Instrumen penelitian ini berupa kuesioner yang valid dan realibel setelah dilakukan uji validitas dan reliabilitas.

Hasil penelitian: Responden penelitian ini berjumlah 106 anak. Dengan gambaran perilaku seksual berpacaran sebanyak 87,7% dengan sebagian besar perilaku seksual berat 47,2%. Remaja laki-laki lebih banyak berpacaran sebanyak 50% dibandingkan remaja perempuan 37,74%. Informasi mengenai perilaku seksual terbanyak berasal dari teman sebesar 46,43%.

Kesimpulan: Perilaku seksual remaja cukup tinggi yakni remaja yang berpacaran sebanyak 87,7% dengan perilaku seksual berat. Responden laki-laki lebih banyak dengan usia terbanyak 17 tahun. Informasi mengenai perilaku seksual terbanyak berasal dari teman.

Kata Kunci: Perilaku Seksual, Perilaku Seksual Remaja, Remaja.

ABSTRACT

Background: Adolescences must be getting serious attention about sexuality because the adolescences are still vulnerable to unwanted behaviour which one of them is sexual behavior. Sexual behavior are all behaviors that propelled by sexual desire either by the opposite sex or by same sex. High school students is the teenager who susceptible to sexual behavior such as dating until sexual intercourse. The purpose of this research is to find the representaion of sexual behavior in adolescents.

Research methodology: This study was a descriptive research. The population of this research was teenagers on age of 15 to 17 years registered as students in high school "X" class X, XI and XII. Population of this research was 127 people .The criteria for inclusion in this study the age 15 to 17 years, listed and still actively take teaching and learning activities, willing to become respondents. Research instruments were a questionnaire, which is validated and reliable after undergone a validity and reliability test.

Research results: Respondents in this study were 106 children. Sexual behavior dating represented as much as 87,7% and followed with heavy sexual behavior as much as 47,2%. Boys adolescent showed having more dating behavior as many as 50% than girl 37,74%. Information about sexual behavior most derived from friends as much as 46,43%.

Conclusions: Sexual behavior on adolescents are quite high on dating as much as 87,7% followed with heavy sexual behavior. Respondents are dominated with boys and most ages are 17 years old. Information about sexual behavior most derived from friends.

Key word: Sexual Behavior, Adolescent Sexual Behavior, Adolescent