

LAMPIRAN

Lampiran 1. Data Penelitian

Tabel 1. Hasil Food Recall 3x24 Jam

No	Energi	Protein	Lemak	KH	Nilai
1	101.8	135.30	71.45	120.80	83.02
2	103.0	107.80	78.80	139.30	81.86
3	90.9	60.60	76.90	129.30	63.00
4	90.3	77.50	95.50	129.90	73.23
5	92.2	93.80	91.90	114.50	85.20
6	93.3	110.20	77.60	102.70	85.24
7	96.5	122.90	91.30	113.60	83.46
8	81.0	100.80	85.50	99.80	84.59
9	85.0	105.40	78.70	104.40	85.39
10	79.9	101.50	90.80	107.50	83.27
11	92.2	101.90	76.40	107.00	84.77
12	99.1	102.80	90.90	124.20	84.71
13	83.9	102.80	90.60	98.40	83.20
14	82.0	102.50	94.50	98.80	84.75
15	99.2	103.90	108.80	118.00	85.36
16	96.8	109.70	98.30	124.00	82.75
17	88.9	101.00	93.60	103.20	83.13
18	60.4	60.20	94.60	67.50	65.70
19	69.5	69.50	94.80	87.50	69.40
20	81.6	68.20	92.50	100.90	69.55
21	68.0	56.80	97.10	81.10	62.59
22	53.8	38.10	96.50	60.60	66.20
23	97.5	164.00	87.50	107.40	84.84
24	105.7	106.30	86.30	139.50	83.46
25	86.9	67.70	76.30	116.70	74.57
26	94.7	77.50	99.90	115.90	74.61
27	89.5	102.10	91.20	110.30	85.46
28	91.1	110.20	100.40	102.70	84.63
29	75.0	103.20	83.30	86.70	85.75
30	87.6	106.80	107.40	102.20	84.07
31	89.0	101.50	84.40	102.30	83.18
32	89.4	116.70	90.20	107.70	83.25
33	99.7	101.10	109.20	106.20	82.91
34	94.9	100.40	99.90	124.20	83.21
35	84.7	108.50	104.50	109.10	85.84
36	98.6	106.50	94.80	101.80	84.66
37	105.4	120.40	101.80	117.10	85.04
38	91.1	103.80	94.00	139.10	86.41
39	68.6	101.70	102.60	109.70	83.14
40	67.6	104.20	66.40	87.30	85.18
41	76.5	64.80	98.70	92.90	71.18

42	71.1	59.20	105.50	81.20	73.70
43	91.0	98.60	53.30	129.30	86.07
44	96.5	101.90	93.20	125.30	82.77
45	90.3	107.50	95.50	115.90	82.89
46	86.7	102.60	109.60	103.40	82.16
47	96.0	105.60	107.20	110.50	82.20
48	89.6	105.90	107.10	102.70	85.43
49	83.5	98.90	93.80	100.10	83.84
50	54.1	107.00	89.30	101.90	83.77
51	54.7	104.90	84.60	110.30	84.46
52	98.5	125.30	118.40	107.80	83.04
53	90.1	101.90	109.40	107.00	85.41
54	91.9	96.90	101.00	110.90	83.86
55	90.9	96.70	101.90	109.00	85.57
56	87.5	97.30	102.20	102.70	86.80
57	95.0	101.70	102.20	114.90	85.21
58	99.8	94.70	101.50	125.50	84.55
59	86.1	107.20	95.80	107.60	84.57
60	75.5	68.40	94.90	92.00	74.63
61	70.6	61.10	91.40	87.50	74.91
62	73.1	62.50	98.50	87.60	74.21
63	103.0	76.40	158.00	79.80	69.30
64	77.2	111.10	97.40	85.00	82.93
65	87.4	175.60	114.80	80.80	83.82
66	88.0	56.00	116.80	79.60	74.59
67	62.4	67.50	66.00	78.60	74.90
68	85.6	100.10	99.00	80.40	84.50
69	66.4	56.40	100.60	76.60	74.59
70	72.0	157.00	75.40	78.40	82.80
71	72.6	66.80	90.40	66.40	74.86

Lampiran 2. Statistik Penelitian

NPar Tests**One-Sample Kolmogorov-Smirnov Test**

		asupan protein responden	asupan lemak responden	asupan karbohidrat responden	nilai rapor
N		71	71	71	71
Normal Parameters ^{a,b}	Mean	96.8070	94.6556	103.5282	80.7620
	Std. Deviation	24.73376	14.29883	17.60963	6.20225
Most Extreme Differences	Absolute	.202	.124	.109	.316
	Positive	.169	.106	.071	.168
	Negative	-.202	-.124	-.109	-.316
Kolmogorov-Smirnov Z		1.706	1.046	.917	2.661
Asymp. Sig. (2-tailed)		.006	.224	.370	.000

a. Test distribution is Normal.

b. Calculated from data.

Correlations**Correlations**

		asupan protein responden	nilai rapor
asupan protein responden	Pearson Correlation	1	.752**
	Sig. (2-tailed)		.000
	N	71	71
nilai rapor	Pearson Correlation	.752**	1
	Sig. (2-tailed)	.000	
	N	71	71

** . Correlation is significant at the 0.01 level (2-tailed).

Correlations

		asupan lemak responden	nilai rapor
asupan lemak responden	Pearson Correlation	1	-.118
	Sig. (2-tailed)		.328
	N	71	71
nilai rapor	Pearson Correlation	-.118	1
	Sig. (2-tailed)	.328	
	N	71	71

Correlations

		asupan karbohidrat responden	nilai rapor
asupan karbohidrat responden	Pearson Correlation	1	.433**
	Sig. (2-tailed)		.000
	N	71	71
nilai rapor	Pearson Correlation	.433**	1
	Sig. (2-tailed)	.000	
	N	71	71

** . Correlation is significant at the 0.01 level (2-tailed).

Lampiran 3. Kuesioner Konsumsi Makanan

KUESIONER KONSUMSI MAKANAN**(FOOD RECALL 3 x 24 JAM)**

NAMA :

JENIS KELAMIN : perempuan/laki-laki

BERAT BADAN :

TINGGI BADAN :

Hari	Waktu Makan	Nama Makanan	Jenis Pangan	URT	Berat (gr)
1	Pagi				
	Siang				
	Malam				
2	Pagi				
	Siang				
	Malam				
3	Pagi				
	Siang				
	Malam				