

ABSTRAK

Penelitian ini berjudul “Penerapan Metode *Problem Solving* dalam Bimbingan dan Konseling untuk Meningkatkan Kepribadian Diri siswa-siswi kelas IX di SMPN 1 Singaparna Tasikmalaya Tahun ajaran 2018-2019”. Masalah di sekolah dan keluarga kerap melatar belakangi permasalahan remaja itu sendiri. Banyak sekali diantara mereka yang tidak mendapatkan kasih sayang dan rasa cinta yang cukup dari kedua orangtuanya yang seharusnya mereka dapatkan di keluarganya sehingga membuat mereka merasa tidak nyaman dan mereka juga tidak bisa berbagi cerita sama orangtuanya tentang kegiatan mereka disekolah. Bahkan bisa jadi si remaja ini mengalami masalah dengan teman di sekolahnya, seperti mengalami *bullying* membuat si remaja ini mengalami depresi. Peran guru Bimbingan dan Konseling membantu untuk menerapkan metode *problem solving* yang dapat meningkatkan kepribadian diri konseli khususnya di SMPN 1 Singaparna. Penelitian ini bertujuan untuk (1) Mendeskripsikan penerapan metode *problem solving* yang dilakukan bimbingan dan konseling di SMPN 1 Singaparna Tasikmalaya tahun ajaran 2018-2019. (2) Menjelaskan tentang keberpengaruhannya metode *problem solving* dalam meningkatkan kepribadian diri pada siswa-siswa kelas IX SMPN 1 Singaparna Tasikmalaya tahun ajaran 2018-2019. (3) Menjelaskan faktor-faktor penyebab metode *problem solving* mampu meningkatkan kepribadian diri pada siswa-siswa kelas IX SMPN 1 Singaparna Tasikmalaya tahun ajaran 2018-2019. Penelitian ini menggunakan metode kualitatif. Lokasi penelitian ini di SMPN 1 Singaparna Tasikmalaya. Penelitian ini dilakukan dengan wawancara secara mendalam, observasi, dan dokumentasi, sedangkan analisis data akan dilakukan dengan analisis ketika dilapangan. Hasil dari penelitian bahwa penerapan metode *problem solving* di serasikan dengan keadaan masalah konseli dan beberapa faktor yang bisa mempengaruhi kepribadian konseli

Kata kunci : Bimbingan dan Konseling, Metode *Problem Solving*, dan Kepribadian

ABSTRACT

This study entitled "Application of the Method of Problem Solving in Guidance and Counseling to Improve the Personality of Students of Grade IX at Tasikmalaya Middle School 1 Singapore in 2018-2019" Problems in schools and families often underlie the problems of the teenagers themselves. There are many of them who don't get enough love and love from their parents that they should get in their families so that they feel uncomfortable so they can't share their stories with their parents about their activities at school. It could even be that the teenager is having problems with friends at school, such as experiencing bullying that makes this teenager experience depression. The role of BK counselor helps to implement problem solving methods that can improve the personality of counsees in particular at 1st Singaparna Junior High School. This study aims to (1) Describe the application of problem solving methods conducted by guidance and counseling at Tasikmalaya 1 Public Elementary School 1 of the academic year 201-2019. (2) Explain about the influence of problem solving methods in increasing the personality of self in class IX students of SMP 1 Singaparna Tasikmalaya academic year 201-2019. (3) Explain the causal factors of problem solving methods capable of improving personality in class IX students of SMP 1 Singaparna Tasikmalaya academic year 2018-2019. This study uses a qualitative method. The location of this research was at Tasikmalaya 1st middle school in Singaparna. This research was conducted with in-depth interviews, observation, and documentation, while data analysis will be carried out by analysis when in the field. The results of the study that the application of problem solving methods is harmonized with the state of the counseled problem and several factors that can influence the personality of the counselled.

Keywords: Guidance and Counseling, Method of Problem Solving, and Personality

ABSTRACT

This study is entitled "Application of the Problem Solving Method in Guidance and Counseling to Improve the Characters of Class IX Students at SMPN 1 Singaparna Tasikmalaya in Academic Year 2018-2019". It is a junior high school located at Singaparna, Tasikmalaya. Problems in schools and families often underlie the problems of teenagers. There are many of the teenagers who don't get enough love and affection from their parents that they should get from families, so they feel uncomfortable and unable to share their stories with their parents about their activities at school. Even though, the teenager has problems with friends at school, such as experiencing bullying, that makes them experience depression. The Guidance and Counseling teacher as a school counselor can help students by applying problem-solving methods that can improve the character of students as counselee, particularly at SMPN 1 Singaparna. This study aims to (1) Describe the application of problem-solving methods conducted by guidance and counseling teacher at SMPN 1 Singaparna Tasikmalaya in the academic year 201-2019. (2) Explain about the influence of problem-solving methods in increasing the character of class IX students at SMPN 1 Singaparna in the same academic year. (3) Explain the supporting factors of problem-solving methods in improving class IX students there at the same academic year. This study uses a qualitative method. The location of this research was at SMPN 1 Singaparna Tasikmalaya. This research was conducted with in-depth interviews, observation, and documentation, while data analysis will be carried out by analysis in the field. The results of the study show that the application of problem-solving methods is tailored to the condition of the student as the the problem faced, and several factors that can influence the personality of the counselee

Keywords: *Guidance and Counseling, Personality, Problem Solving Methods*