# Family caregiver involvement in home based palliative care for cancer patients in Indonesia

A finding from an ethnographic study

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# Background, aim, research methods

# **Background**

- Family caregiver involvement in patient care is a pivotal feature of health care systems worldwide
- Active family engagement in the patient's care in times of illness is expected in the Indonesian culture.
- Little is known of the level and type of care being provided by family in palliative care, including home based care.

#### **Aim**

 To explore the involvement of family caregiver in home-based palliative care for cancer patients in an Indonesian palliative care facility

# Research methods

- Contemporary ethnography
- Observations
- Informal interviews

### Results

#### Type of care

- Health management
  - Personal care
  - Spiritual care

#### Level of care

- Single handed
- Shared with others (family, paid carer)

#### **Impacts**

- Physical exhaustion
  - Employment
    - Finance
- Communication issues

#### Reasons

- Obligation
- Cultural family ties

Family care giving

#### Supports

- Health care professionals
- Extended family
  - Community