

ABSTRAK

Penelitian ini bertujuan untuk: 1. Mengetahui kelelahan belajar siswa pada sistem *full day school* di SD Muhammadiyah Pakel Program Plus dan SDIT Bina Anak Islam Krpyak (Baik) 2. Strategi sekolah mengatasi kelelahan belajar siswa di dua sekolah tersebut. Jenis penelitian yang digunakan dalam tesis ini kualitatif deskriptif. Dengan subyek penelitian kepala sekolah, waka kurikulum, guru kelas, guru, siswa, dan orang tua/wali siswa. Metode pengumpulan data menggunakan observasi, wawancara, dokumentasi, dan triangulasi. Analisis data melalui reduksi data, Penyajian data, dan Verification. Keabsahan data menggunakan uji kredibilitas data, *uji transferability*, *uji dependability*, dan *confirmability*.

Berdasarkan hasil penelitian ini, dapat disimpulkan: 1. Siswa SD Muhammadiyah Pakel Program Plus dan SDIT Bina Anak Islam Krpyak (Baik) mengalami kelelahan belajar di rumah dan di sekolah. 2. Strategi untuk mengatasi kelelahan belajar siswa di SDIT Bina Anak Islam Krpyak (Baik) belum mempunyai program khusus. Sedangkan SD Muhammadiyah Pakel Program Plus mempunyai program SBDP (*Seni Budaya dan Prakarya*).

Kata kunci; *Full day school*, kelelahan belajar siswa

ABSTRACT

This study aims to: 1. Determine student learning fatigue in the full day school system at SD Muhammadiyah Pakel Plus Program and SDIT Bina Anak Islam Krapyak (Baik) 2. School strategies to overcome student fatigue in the two schools. The type of research used in this thesis is descriptive qualitative. With the subject matter of school principals, curriculum waka, class teachers, teachers, students, and parents / guardians of students. Data collection methods use observation, interviews, documentation, and triangulation. Data analysis through data reduction, data presentation, and verification. Data validity uses data credibility test, transferability test, dependability test, and confirmability.

Based on the results of this study, it can be concluded: 1. Students of SD Muhammadiyah Pakel Plus Program and SDIT Bina Anak Islam Krapyak (Baik) experience fatigue at home and at school. 2. Strategies for overcoming learning fatigue at SDIT Bina Anak Islam Krapyak (Baik) does not yet have a special program. Whereas the Muhammadiyah Elementary School Plus Program Plus has the SBDP (Arts and Culture) program.

Keywords; *Full day school*, fatigue of student learning