

## DAFTAR PUSTAKA

- Aboushanab, Tamer, and Saud AlSanad, 'A Brief Illustration of the Official National Standards for the Safe Use of Cupping Therapy (Hijama) in Saudi Arabia', *Journal of Integrative Medicine*, 16.5 (2018), 297–98 <<https://doi.org/10.1016/J.JOIM.2018.07.006>>
- Adz-Dzaky, M Hamdani Bakran, *Psikoterapi Dan Konseling Islam (Penerapan Metode Sufistik)* (Yogyakarta: Fajar Pustaka Baru, 2001)
- Akhmad, Perdana, *Ruqyah Syar'iyah vs Ruqyah Gadungan (Syirkiyyah)*, Seri Psiko (Qur'anic Media Pustaka)
- , 'Terapi Ruqyah Sebagai Sarana Mengobati Orang Yang Tidak Sehat Mental', *Jurnal Psikologi Islami*, 1.1 (2005), 87–96
- Al-Buthoni, Abdullah bin Taslim, 'Lihatlah Dari Siapa Kamu Mengambil Ilmu Agamamu !', *Almanhaj*, October, 2017
- Al-Faruqi, Ismail R., and Lois Lamya Al-Faruqi, *The Cultural Atlas of Islam* (London: Macmillan Publishing Company, 1986)
- Al-Issa, Ihsan, *Al-Junun: Mental Illness in the Islamic World* (Madison Connecticut: International Universities Press, Inc., 2000)
- AlRawi, Sara N., Amal Khidir, Maha S. Elnashar, Huda A. Abdelrahim, Amal K. Killawi, Maya M. Hammoud, and others, 'Traditional Arabic & Islamic Medicine: Validation and Empirical Assessment of a Conceptual Model in Qatar', *BMC Complementary and Alternative Medicine*, 17.157 (2017), 1–10 <<https://doi.org/10.1186/s12906-017-1639-x>>
- Ancok, Djamaluddin, and Fuad Nashori, *Psikologi Islami, Solusi Islam Atas Problem-Problem Psikologi* (Yogyakarta: Pustaka Pelajar, 1995)
- Andrasik, F., JL. Goodie, and AL. Peterson, *Biopsychosocial Assessment in Clinical Health Psychology* (New York: Guilford Press, 2015)
- Andri, Andri, 'The Biopsychosocial Concept in Psychosomatic Complaints', *J Indon Med Assoc*, 61 (2011), 375–79

- Anggraini, Retno, 'Ruqyah Syar'i Sebagai Psikoterapi Indigenous (Berlandaskan Kearifan Lokal)', in *Prosiding Simposium Nasional Mahasiswa Pascasarjana Klaster Agro Dan Kesehatan* (Yogyakarta: HMP UGM, 2008), pp. 277–98
- , *Stimulasi Religius Pasutri, Kecemasan Pra-Persalinan Dan Kebutuhan Dukungan Sosial Ibu Hamil. Prosiding Seminar Konferensi Nasional I Ikatan Psikologi Klinis* (Bandung: HIMPSI, 2007)
- , *Stres Dan Orientasi Motivasi Calon Haji Serta Seni Pernafasan Dengan Dzikir Dalam Latihan Manasik Haji*, Tesis (Yogyakarta: Universitas Gadjah Mada, 2004)
- Anggraini, Retno, and Anas Kasmui, *Model Psikoterapi Berwawasan Indigenous (Kearifan Lokal) Dengan Paradigma Holistik Islami*, Laporan Hi (Jakarta: DIKTI, 2008)
- Anis, Muhammad, *Tafsir Ayat-Ayat Pendidikan (Meretas Konsep Pendidikan) Dalam Al Qur'an* (Yogyakarta: Mentari Pustaka, 2012)
- Appel, Lawrence J., 'Effects of Comprehensive Lifestyle Modification on Blood Pressure Control: Main Results of the PREMIER Clinical Trial', *Journal of the American Medical Association*, 289.16 (2003), 2083–93  
<<https://doi.org/10.1001/jama.289.16.2083>>
- Ardani, Tristiadi Ardi, *Psikiatri Islam*, 2008
- Arena, Ross, Carl J Lavie, Marie-France Hivert, Mark A Williams, Paige D Briggs, and Marco Guazzi, 'Who Will Deliver Comprehensive Healthy Lifestyle Interventions to Combat Non-Communicable Disease? Introducing the Healthy Lifestyle Practitioner Discipline', *Expert Review of Cardiovascular Therapy*, 14.1 (2016), 15–22  
<<https://doi.org/10.1586/14779072.2016.1107477>>
- Ariyanto, M Darajat, 'Psikoterapi Dengan Doa', *SUHUF*, XVIII.1 (2006), 3–26
- Asmara, R. R., 'Tujuan Perumusan Psikologi Transpersonal Di

- Indonesia', *ResearchGate*, 2013
- Atkinson, Rita L., R. C. Atkinson, E. E. Smith, and D. J. Bem, *Pengantar Psikologi Edisi Kesebelas Jilid Dua* (Batam: Interaksara, 1994)
- Atkinson, Rita L., R. C. Atkinson, and Ernest R. Hilgard, *Introduction to Psychology: 8th Edition* (Jakarta: Erlangga, 1983)
- Axelrod, Alan, *Ace Your Midterms and Final Introduction to Psychology* (New York: McGraw Hill, 1999)
- Azaizeh, Hassan, Bashar Saad, Edwin Cooper, and Omar Said, 'Traditional Arabic and Islamic Medicine, a Re-Emerging Health Aid', *Evidence-Based Complementary and Alternative Medicine*, 7.4 (2010), 419–24 <<https://doi.org/10.1093/ecam/nen039>>
- Badri, Malik, *Contemplation An Islamic Psychospiritual Study*, ed. by shaykh yusuf Al-qaradawi (London: The International Institute of Islamic Thought, 2000)
- , *Dari Perenungan Menuju Kesadaran: Sebuah Pendekatan Psikologi Islam* (Solo: Era Intermedia, 2001)
- , *Tafakkur: Perspektif Psikologi Islam*, ed. by Surya Darma (Solo: Era Intermedia, 2001)
- Bahar, E., *Stres Dan Kesehatan, Makalah Seminar "Hipertensi Dan Stres Serta Penatalaksanaannya* (Palembang: RSUP, 1995)
- Baharuddin, *Paradigma Psikologi Islami: Studi Tentang Elemen Psikologi Dari Al - Qur'an* (Yogyakarta: Pustaka Pelajar, 2007)
- Baharuddin, Elmi Bin, and Zainab Binti Ismail, '7 Domains of Spiritual Intelligence from Islamic Perspective', *Procedia - Social and Behavioral Sciences*, 211 (2015), 568–77 <<https://doi.org/10.1016/J.SBSPRO.2015.11.075>>
- Balitbangkes, 'Hasil Utama Riset Kesehatan Dasar', *Kemntrian Kesehatan Republik Indonesia*, 1.1 (2018), 1–200 <<https://doi.org/10.1016/J.SBSPRO.2015.11.075>>
- Barnes, Patricia M., Eve Powell-Griner, Kim McFann, and Richard L.

- Nahin, 'Complementary and Alternative Medicine Use among Adults: United States, 2002', *Seminars in Integrative Medicine*, 2.2 (2004), 54–71 <<https://doi.org/10.1016/j.sigm.2004.07.003>>
- Barnes, Patricia M, Barbara Bloom, and Richard L Nahin, 'Complementary and Alternative Medicine Use among Adults and Children: United States, 2007.', *National Health Statistics Reports*, 12, 2008, 1–23
- Bastaman, Hanna Djumhana, *Integrasi Psikologi Dengan Islam (Menuju Psikologi Islami)* (Yogyakarta: Pustaka Pelajar, 1997)
- Bastemur, Sule, Meltem Dursun-Bilgin, Yelda Yildiz, and Semra Ucar, 'Alternative Therapies: New Approaches in Counseling', *Procedia - Social and Behavioral Sciences*, 217 (2016), 1157–66 <<https://doi.org/10.1016/j.sbspro.2016.02.135>>
- Baytul Mukhtadin, 'Penggunaan Ayat-Ayat Al Qur'an Untuk Pengobatan Penyakit Jiwa( Studi Living Qur'an Di Desa Kalisabuk Kesugihan Cilacap Jawa Tengah )' (UIN Sunan Kalijaga, 2015)
- Benjafield, John G, *A History of Psychology.*, *A History of Psychology.* (Needham Heights, MA, US: Allyn & Bacon, 1996)
- Black, Paul H., and Lisa D. Garbutt, 'Stress, Inflammation and Cardiovascular Disease', *Journal of Psychosomatic Research*, 52.1 (2002), 1–23 <[https://doi.org/10.1016/S0022-3999\(01\)00302-6](https://doi.org/10.1016/S0022-3999(01)00302-6)>
- Borysenko, J., and M. Borysenko, *The Power of the Mind to Heal: Renewing Body, Mind, and Spirit. (Terjemahan)* (Jakarta: PT. Gramedia Pustaka Utama, 2002)
- Boulware, L. Ebony, Gail L. Daumit, Kevin D. Frick, Cynthia S. Minkovitz, Robert S. Lawrence, and Neil R. Powe, 'An Evidence-Based Review of Patient-Centered Behavioral Interventions for Hypertension', *American Journal of Preventive Medicine*, 21.3 (2001), 221–32 <[https://doi.org/10.1016/S0749-3797\(01\)00356-7](https://doi.org/10.1016/S0749-3797(01)00356-7)>
- Brannon, Linda, Jess Feist, and John A. Updegraff, *Health*

*Psychology : An Introduction to Behavior and Health* (Belmont: CA: Wadsworth, 1988)

- Breitbart, William, ‘Spirituality and Meaning in Supportive Care: Spirituality- and Meaning-Centered Group Psychotherapy Interventions in Advanced’, *Supportive Care in Cancer : Official Journal of the Multinational Association of Supportive Care in Cancer*, 10 (2002), 272–80  
<<https://doi.org/10.1007/s005200100289>>
- Brown, Marie T., Jennifer Bussell, Suparna Dutta, Katherine Davis, Shelby Strong, and Suja Mathew, ‘Medication Adherence: Truth and Consequences’, *The American Journal of the Medical Sciences*, 351.4 (2016), 387–99  
<<https://doi.org/10.1016/j.amjms.2016.01.010>>
- Budnitz, Daniel S., Daniel A. Pollock, Kelly N. Weidenbach, Aaron B. Mendelsohn, Thomas J. Schroeder, and Joseph L. Annett, ‘National Surveillance of Emergency Department Visits for Outpatient Adverse Drug Events’, *JAMA*, 296.15 (2008), 1858–66  
<<https://doi.org/10.1016/j.jpeds.2007.07.041>>
- Cannon, Christopher P., M. D. Eugene Braunwald, Carolyn H. McCabe, Allan M. Skene, and Marc A. Pfeffer, ‘Intensive Versus Moderate Lipid Lowering with Statins after Acute Coronary Syndromes’, 350.15 (2004), 1495–1504
- Cao, Huijuan, Mei Han, Xun Li, Shangjuan Dong, Yongmei Shang, Qian Wang, and others, ‘Clinical Research Evidence of Cupping Therapy in China: A Systematic Literature Review’, *BMC Complementary and Alternative Medicine*, 10 (2010), 70  
<<https://doi.org/10.1186/1472-6882-10-70>>
- Cao, Huijuan, Mei Han, Xiaoshu Zhu, and Jianping Liu, ‘An Overview of Systematic Reviews of Clinical Evidence for Cupping Therapy’, *Journal of Traditional Chinese Medical Sciences*, 2.1 (2015), 3–10 <<https://doi.org/10.1016/j.jtcms.2014.11.012>>
- Cao, Huijuan, Xun Li, Xue Yan, Nissi S. Wang, Alan Bensoussan, and Jianping Liu, ‘Cupping Therapy for Acute and Chronic Pain Management: A Systematic Review of Randomized Clinical Trials’, *Journal of Traditional Chinese Medical Sciences*, 1.1

- (2014), 49–61 <<https://doi.org/10.1016/j.jtcms.2014.11.003>>
- Carrington, Melinda J., Claudia Retegan, Colin I. Johnston, Garry L. Jennings, and Simon Stewart, ‘Cholesterol Complacency in Australia: Time to Revisit the Basics of Cardiovascular Disease Prevention’, *Journal of Clinical Nursing*, 18 (2008), 678–86 <<https://doi.org/10.1111/j.1365-2702.2008.02507.x>>
- Cassileth, Barrie R., *The Alternative Medicine Handbook: The Complete Reference Guide to Alternative and Complementary Therapies* (New York: W W Norton & Co Inc, 1998)
- Cemil, Çelik, and Barbaros Ozdemir, *Psychological Factors in Essential Hypertension, Psikiyatride Guncel Yaklasimlar*, 2010, II
- Chamsi-Pasha, Hassan, and Mohammed Ali Albar, ‘Islamic Medical Jurisprudence Syllabus: A Review in Saudi Arabia’, *Medical Journal of Malaysia*, 72.5 (2017), 278–81
- Chaudhury, Ranjit Roy, and Mandakini Roy Chaudhury, ‘Standardization, Pre-Clinical Toxicology and Clinical Evaluation of Medicinal Plants, Including Ethical Considerations’, *Traditional Medicine in Asia*, 2001, 209–26 <[https://doi.org/10.1016/0965-2299\(94\)90013-2](https://doi.org/10.1016/0965-2299(94)90013-2)>
- Chernyak, Nadja, Heribert Sattel, Marsel Scheer, Christina Baechle, Johannes Kruse, Peter Henningsen, and others, ‘Economic Evaluation of Brief Psychodynamic Interpersonal Therapy in Patients with Multisomatoform Disorder’, *PLoS ONE*, 9.1 (2014), 1–4 <<https://doi.org/10.1371/journal.pone.0083894>>
- Chirzin, Muhammad, *Al-Qur’an Dan Ulumul Qur’an* (Yogyakarta: Dana Bhakti Prima Yasa, 1998)
- , ‘Berdakwah Via WhatsApp’, April, 2019, 2–3 <<https://masakini.id/berdakwah-via-whatsapp/>>
- , ‘Berinteraksi Dengan Al-Quran’, *INSYIRAH, Jurnal Ilmu Bahasa Arab Dan Studi Islam.*, 1.2 (2013), 75–100
- , ‘Menjadi Generasi Qur’ani’, 2017 <<https://artikula.id/muhammad/menjadi-generasi-qurani/>>

- , Nur *'Ala Nur: 10 Tema Besar Al-Qur'an Sebagai Pedoman Hidup* (Gramedia Pustaka Utama, 2013)
- Corey, Gerald, *Theory and Practice of Counseling and Psychotherapy* (Bandung: Eresco, 2000)
- Cosci, Fiammetta, 'Assessment of Personality in Psychosomatic Medicine: Current Concepts', *Adv Psychosom Med.*, 32 (2011), 133–59 <<https://doi.org/10.1159/000330014>>
- Curtis, A. J., *Health Psychology* (New York: Routledge, 2001)
- Danis, Difa, *Kamus Istilah Kedokteran* (Jakarta: Gitamedia Press, 2007)
- Darwis, Yulizar, *Pedoman Pelayanan Kesehatan Jiwa Dasar Di Purkesmas* (Jakarta: Departemen Kesehatan RI, Ditjen Bina Kesehatan Masyarakat Direktorat Kesehatan Jiwa Masyarakat, 2004)
- Davison, G. C., and J. M. Neale, *Abnormal Psychology. (8th Ed.)* (New York: John Wiley & Sons, 2001)
- Desi Alawiyah & Iin Handayani, 'Penanaman Nilai Spiritual Dalam Dimensi Psikoterapi Islam Di PP. Rehabilitasi Salafiyah Syafi'iyah Nashrun Minallah', *KONSELI: Jurnal Bimbingan Dan Konseling (E-Journal)*, 6.1 (2019), 23–32
- Deter, Hans Christian, Kristina Orth-Gomér, Bohdan Wasilewski, and Ramiro Verissimo, 'The European Network on Psychosomatic Medicine (ENPM) - History and Future Directions', *BioPsychoSocial Medicine*, 11.1 (2017), 1–14 <<https://doi.org/10.1186/s13030-016-0086-0>>
- Deuraseh, Nurdeen, 'Health And Medicine In The Islamic Tradition Based On The Book Of Medicine ( Kitab Al-Tibb ) Of Sahih Al-Bukhari', *Jishim*, v.July (2006), 1–14
- Deuraseh, Nurdeen, and Mansor Abu Talib, 'Mental Health in Islamic Medical Tradition', *The International Medical Journal*, 4.2 (2005), 76–79
- Dewi, April Linawati, 'Efektivitas Pendidikan Kesehatan

Menggunakan Media Sosial Whatsapp Terhadap Perilaku Ibu Dalam Tes IVA', 2019  
<[http://etd.repository.ugm.ac.id/index.php?mod=penelitian\\_detail&sub=PenelitianDetail&act=view&typ=html&buku\\_id=168778&obyek\\_id=4](http://etd.repository.ugm.ac.id/index.php?mod=penelitian_detail&sub=PenelitianDetail&act=view&typ=html&buku_id=168778&obyek_id=4)> [accessed 2 May 2019]

Dimiyati, Ayat, *Tauhid Ilmu: Formulasi Filsafat Ilmu Islami* (Yogyakarta: Suara Muhammadiyah, 2014)

Diwani, Rachida El, 'Health Issues in Islam', *Islam and Greek Philosophy*, 3.2 (2005), 1–46  
<<https://doi.org/http://dx.doi.org/110.21043/equilibrium.v3i2.1268>>

Edwards A., Pang N., Shiu V., and Chan C., 'Review: The Understanding of Spirituality and the Potential Role of Spiritual Care in End-of-Life and Palliative Care: A Meta-Study of Qualitative Research', *Palliative Medicine*, 24.8 (2010), 753–70  
<<https://doi.org/10.1177/0269216310375860>>

El-Quussy, Abdul 'Aziz, *Pokok-Pokok Kesehatan Jiwa/Mental* (Jakarta: Bulan Bintang, 1974)

Faridah, Siti, 'Metodologi Dalam Kajian Psikologi Islam', *Jurnal Studia Insania*, 4.1 (2016), 69–78  
<<https://doi.org/10.18592/jsi.v4i1.1114>>

Fava, G. A., and N. Sonino, 'Psychosomatic Medicine', *International Journal of Clinical Practice*, 64.8 (2010), 1155–61  
<<https://doi.org/10.1111/j.1742-1241.2009.02266.x>>

Fava, Giovanni A., Fiammetta Cosci, and Nicoletta Sonino, 'Current Psychosomatic Practice', *Psychotherapy and Psychosomatics*, 86.1 (2016), 13–30 <<https://doi.org/10.1159/000448856>>

Fava, Giovanni A., Harald J. Freyberger, Per Bech, George Christodoulou, Tom Sensky, Tores Theorell, and others, 'Diagnostic Criteria for Use in Psychosomatic Research', *Psychother Psychosom*, 63 (1995), 1–8  
<<https://doi.org/10.1159/000288931>>

Fenwick, Matthew, and David Hutcheson, 'More Hospitals Offering



- Complementary and Alternative Medicine Services’, *American Hospital Association*, 2011
- Fouz A. Kurdi, *Menguak New Age Movement* (Yogyakarta: Darul Uswah Pro U Media, 2014)
- Friedman, M., and R.H. Rosenman, *Type A Behavior and Your Heart* (New York: Knopf, 1974)
- Garlick, Max, Kathleen Wall, Diana Corwin, and Cheryl Koopman, ‘Psycho-Spiritual Integrative Therapy for Women with Primary Breast Cancer’, *Journal of Clinical Psychology in Medical Settings*, 18.1 (2011), 78–90 <<https://doi.org/10.1007/s10880-011-9224-9>>
- Geertz, C., *The Structure of Social Action* (Chicago: University of Chicago, 1934)
- Ghazali, Abū Hāmed Muḥammad ibn Muḥammad, *Dibalik Ketajaman Mata Hati* (Jakarta: Pustaka Amani, 1997)
- , ‘Ihya Ulumuddin: Menghidupkan Ilmu-Ilmu Agama (Terjemah Ismail Yakub)’ (Medan: Imballo, 1965), p. 1197
- , *Kimia Ruhani Untuk Kebahagiaan Abadi (Kîmiyâ’ Al-Sa’âdah)*, ed. by Dedi Slamet Riyadi and Fauzi Bahreisy, TerjemahTh (Jakarta: Zaman) <[www.penerbitzaman.com](http://www.penerbitzaman.com)>
- , *Ringkasan Ihya’Ulumuddin (Terjemahan Zaid Husein Al Hamid)*, ed. by Husin Abdullah (Jakarta: Pustaka Amani, 1995)
- Ghozali, ‘Efektifitas Psikoterapi Sufistik Dalam Mengatasi Tingkat Kecemasan Dan Depresi Yang Dialami Odha (Orang Dengan Hiv/Aids) Di Pkbi Dki Jakarta’ (Universitas Indonesia, 2007) <<http://lib.ui.ac.id/bo/uibo/detail.jsp?id=109676&lokasi=lokal>>
- Gini, Gianluca, and Tiziana Pozzoli, ‘Association Between Bullying and Psychosomatic Problems : A Meta-Analysis’, *Official Journal of American Academy of Pediatrics*, 123.3 (2009), 1059–65 <<https://doi.org/10.1542/peds.2008-1215>>
- Hadi Mas’ud, *Konsep Qur’an Tulis, Iqro’ Bil Qolam*, ed. by Laboratorium Pendidikan Tarbiyatul ’Alamin, Petunjuk d

(Mojokerto: Sumber Citra Lestari, 2016)

- Hamer, Mark, Gerard J. Molloy, and Emmanuel Stamatakis, 'Psychological Distress as a Risk Factor for Cardiovascular Events. Pathophysiological and Behavioral Mechanisms', *Journal of the American College of Cardiology*, 52.25 (2008), 2156–62 <<https://doi.org/10.1016/j.jacc.2008.08.057>>
- Hamidif, Farideh, Zohreh Bagherzadeh, and Sobhan Gafarzadeh, 'The Role of Islamic Education in Mental Health', *Procedia Social and Behavioral Sciences*, 5 (2010), 1991–96 <<https://doi.org/10.1016/j.sbspro.2010.07.402>>
- Hanida, Wika, E Mudjaddid, Habibah Hanum Nasution, and Hamzah Shatri, 'Korelasi Aspek Spiritual Dengan Kadar Interleukin-6 Serum Pada Pasien Hemodialisis Kronik', *Jurnal Penyakit Dalam Indonesia*, 3.1 (2018), 3 <<https://doi.org/10.7454/jpdi.v3i1.2>>
- Haque, Amber, 'Psychology from an Islamic Perspective: Contributions of Early Muslim Scholars and Challenges to Contemporary Muslim Psychologists', *Journal of Religion and Health*, 43.4 (2004), 357–77 <<https://www.jstor.org/stable/27512819>>
- Harré, Rom, 'Positioning Theory: Moral Dimensions of Social-Cultural Psychology', *Oxford Handbooks Online*, March, 2012, 1–25 <<https://doi.org/10.1093/oxfordhb/9780195396430.013.0010>>
- Hartelius, Glenn, Mariana Caplan, and Mary Anne Rardin, 'Transpersonal Psychology : Defining the Past , Divining the Future', *The Humanistic Psychologist*, 35(2).November (2007), 1–26 <<https://doi.org/10.1080/08873260701274017>>
- Hasan, Izharul, Tanwir Ahmad, and Shabbir Ahmad, 'Management of Hypertension by Wet Cupping Therapy (Al-Hijamah) : A Case Study', *International Journal of Pharmacology & Toxicology*, 4.1 (2014), 24–27
- Haslinda Lukman, Latifah Abd Majid & Wan Nasyrudin Wan Abdullah, 'Kesan Terapi Ruqyah Dalam Merawat Pesakit HIV/AIDS', *Al-Hikmah*, 7.1 (2015), 119–31

- Hawari, Dadang, *Al Qur'an: Ilmu Kedokteran Jiwa Dan Kesehatan Jiwa* (Yogyakarta: Dana Bhakti Prima Yasa, 1998)
- , *Dimensi Religi Dalam Praktek Psikiatri Dan Psikologi* (Jakarta: Fakultas Kedokteran Universitas Indonesia, 2002)
- , *Doa Dan Dzikir Sebagai Pelengkap Terapi Medis* (Yogyakarta: PT Dana Bakti Primayasa, 2004)
- , *Ilmu Kedokteran Jiwa Dan Kesehatan Jiwa*
- , *Kanker Payudara: Dimensi Psikoreligi* (Jakarta: Balai Penerbit FKUI, 2004)
- , *Manajemen Stres, Cemas Dan Depresi* (Jakarta: Fakultas Kedokteran Universitas Indonesia, 2006)
- Herniti, Ening, 'Pengobatan Dengan Psikoterapi Menurut Ustad Danu', *Dakwah*, XI.1 (2011), 99–116
- Hick, John, *Dimensi Kelima Menelusuri Makna Kehidupan* (Jakarta: Raja Grafindo Persada, 2001)
- Hidayat, Dan, Elly Ingkiriwang, Evalina Asnawi, Andri, Ratna Surya Widya, and Djap Hadi Susanto, 'Penggunaan Metode Dua Menit ( M2M ) Dalam Menentukan Prevalensi Gangguan Jiwa Di Pelayanan Primer', *Majalah Kedokteran Indonesia*, 60.10 (2010), 448–53
- Hill, Terrence D., 'A Biopsychosocial Model of Religious Involvement', *Annual Review of Gerontology and Geriatrics*, 30.1 (2010), 179–99 <<https://doi.org/10.1891/0198-8794.30.179>>
- Hon. J. C. Smuts, *Holism And Evolution*, Second Ed. (London: Macmillan And Co., Limited, 1927)
- Honkalampi, Kirsi, Soili M. Lehto, Heli Koivumaa-Honkanen, Jukka Hintikka, Leo Niskanen, Minna Valkonen-Korhonen, and others, 'Alexithymia and Tissue Inflammation', *Psychotherapy and Psychosomatics*, 80.6 (2011), 359–64 <<https://doi.org/10.1159/000327583>>
- Hornby, A.S., and E.C. Parnwell, *Kamus Inggris-Indonesia* (Jakarta:

PT Pustaka Ilmu, 1990)

Hussain, Mohammad Akhtar, Abdullah Al Mamun, Christopher Reid, and Rachel R. Huxley, 'Prevalence, Awareness, Treatment and Control of Hypertension in Indonesian Adults Aged  $\geq 40$  Years: Findings from the Indonesia Family Life Survey (IFLS)', *PLoS ONE*, 11.8 (2016), 1–16  
<<https://doi.org/10.1371/journal.pone.0160922>>

Ibnu Qayyim Al-Jauziyah, *Keajaiban Hati*, ed. by Fadli bahri, Terjemahan (Jakarta: Pustaka Azzam, 1999)

———, *Mawaridul Aman Al-Muntaqa Min Ighatsatul Lahfan Fi Mashayidisy Syaithan (Manajemen Kalbu: Melumpuhkan Senjata Syetan)*, ed. by Ainul Haris Umar Arifin Thayib, Terjemahan (Jakarta: Darul Falah, 2002)

———, *Taman Orang-Orang Jatuh Cinta Dan Memendam Rindu*, ed. by Kathur Suhardi (Jakarta: Darul-Falah, 1996)

———, *The Prophetic Medicine (Metode Pengobatan Nabi)*, ed. by Tim Griya Ilmu, Indonesia (Jakarta: GRIYA ILMU, 2015)

Ibnu Qayyim Al-Jauziyah, and Ibnu Katsir, *The Soul ' S Journey After Death* (Noah Publications)

Ibrahim, Mohamed Akhiruddin, Ahmad Shahir Mohd Shah, and Robiatul Adawiyah Mohd, 'Concept of Shifa in Al Quran Islamic Medicine Approach in Healing Physical Disorder', in *2nd International Convention on Islam, Science & Education*, 2016, pp. 1–20 <<http://kongsi16.usim.edu.my/>>

Ibrahim, Mohamed Akhiruddin, Ahmad Shahir, Mohd Shah, and Rabiatal Adawiyah Mohd, 'Concept of Shifa in Al-Quran : Quranic Medicine Approach in', 2009, 1–20

IIMF, 'Himpunan Makalah', *IIMF Expo*, 1 (2018), 150

Indonesia Cinta Sehat, 'Indonesia Cinta Sehat', November, 2012, 1–36

Inhorn, Marcia C, and Gamal I Serour, 'Islam , Medicine , and Arab-Muslim Refugee Health in America after 9 / 11', *The Lancet*, 378.9794 (2011), 935–43 <<https://doi.org/10.1016/S0140->

6736(11)61041-6>

- Isaac, Alexander, and Thomas Wise, 'A Low-Frustration Strategy', *Current Psychiatry*, 2.8 (2003), 33–50
- Ismail bin Haji Ahmad, Haji, *Intibah 7*, ed. by R Widjojo Hartono (HPA International, 2017)
- Ismail, and Norhayati, *Buku Panduan Intibah Penyambung Warisan Alamiah Jilid I* (Jakarta: Institute Latihan Intibah Sdn. Bhd, 2003)
- Jasiman, *Syarah Rasmul Bayan Tarbiyah* (Surakarta: Aulia Press, 2009)
- Jenderal Pelayanan Kesehatan Kementerian Kesehatan, Direktorat RI, 'Direktorat Pelayanan Kesehatan Tradisional Laporan Akuntabilitas Kinerja Instansi Pemerintah (Lakip) Tahun 2017', 2017  
<[http://yankes.kemkes.go.id/app/lakip2/downloads/2017/KP/kestrad/lakip\\_kestrad\\_2017.pdf](http://yankes.kemkes.go.id/app/lakip2/downloads/2017/KP/kestrad/lakip_kestrad_2017.pdf)>
- Johnson, Susan Slager, and M S Robert F Kushner, 'Mind / Body Medicine : An Introduction for the Generalist Physician and Nutritionist', *Nutrition in Clinical Care*, 4, no. 5.Mind/Body Connection (2001), 256–64
- Judith Swarth, MS. RD, *Stres Dan Nutrisi* (Jakarta: Bumi Aksara, 2004)
- Kamel Boulos, Maged N, Dean M Giustini, and Steve Wheeler, 'Instagram and WhatsApp in Health and Healthcare: An Overview', *Future Internet*, 8.37 (2016), 2–14  
<<https://doi.org/10.3390/fi8030037>>
- Kaplan, Harold, Benjamin Sadock, and Jack Grebb, *Sinopsis Psikiatri : Ilmu Pengetahuan Perilaku Psikiatri Klinis Jilid 2* (Jakarta: Erlangga, 1997)
- Kasmui, Anas, *Terapi Holistik-Islami*, ed. by Retno Anggraini, Buku Ajar (Semarang: Unissula, 2010)
- Kemenkes.RI, 'Pusdatin Hipertensi', *Infodatin*, Hipertensi, 2014, 1–7  
<<https://doi.org/10.1177/109019817400200403>>

- Kemenkes, RI, 'Materi Acara Litbangkes (Penyuluhan Battrra Yogya 08 April 2019)' (Yogyakarta: Kemenkes, 2019)
- Kemenkes RI, 'Situasi Kesehatan Jantung', *Pusat Data Dan Informasi Kementerian Kesehatan RI*, 2014, 3  
<<https://doi.org/10.1017/CBO9781107415324.004>>
- Khalil, Mohamed K.M., 'Importing Well-Researched Practices from Other Traditions: Thoughts from a Conservative Society', *The Journal of Alternative and Complementary Medicine*, 23.11 (2017), 829–30 <<https://doi.org/10.1089/acm.2017.0187>>
- Khalil, Mohamed K.M., Sulaiman Al-Eidi, Meshary Al-Qaed, and Saud AlSanad, 'Cupping Therapy in Saudi Arabia: From Control to Integration', *Integrative Medicine Research*, 7.3 (2018), 214–18  
<<https://doi.org/10.1016/J.IMR.2018.05.002>>
- Khalyani, Muhammad Nadhif, *Lalat Dan Sampah: Mengungkap Rahasia Mengapa Tak Kunjung Sembuh* (Lumajang: Ruqyah Learning Center Indonesia, 2018)
- Khilmiyah, Akhif, *Metode Penelitian Kualitatif* (Yogyakarta: Samudra Biru, 2016)
- Kibtyah, Maryatul, 'Penerapan Enam Dimensi Dasar Positif Teori Eksistensial Humanistik Dalam Psikologi Islam', *Teologia*, 19 (2008), 8–9
- Koenig, Harold G., Faten Al Zaben, and Doaa Ahmed Khalifa, 'Religion, Spirituality and Mental Health in the West and the Middle East', *Asian Journal of Psychiatry*, 5.2 (2012), 180–82  
<<https://doi.org/10.1016/J.AJP.2012.04.004>>
- Koenig, Harold G, and North Carolina, 'Spiritual Assessment in Medical Practice', *American Family Physician*, 63.1 (2001), 30–33
- Koenig, Harold George, Michael E. McCullough, and David B. Larson, *Handbook of Religion and Health* (Oxford: Oxford University Press, 2001)
- Lee, Bong-Jae, 'Moderating Effects of Religious/Spiritual Coping in the Relation Between Perceived Stress and Psychological Well-

- Being', *Pastoral Psychology*, 55 (2007), 751–59  
<<https://doi.org/10.1007/s11089-007-0080-3>>
- M.V., Rainforth, Schneider R.H., Nidich S.I., Gaylord-King C., Salerno J.W., and Anderson J.W., 'Stress Reduction Programs in Patients with Elevated Blood Pressure: A Systematic Review and Meta-Analysis', *Current Hypertension Reports*, 9 (2007), 520–28
- Mahmoud, Hany Salah, Moustafa Abou-el-naga, Nassar Ayoub, Abdelatif Omar, Hany Ali El-ghazzawy, and Yasser Mohamed Fathy, 'Alternative & Integrative Medicine Anatomical Sites for Practicing Wet Cupping Therapy ( Al-Hijamah ): In Light of Modern Medicine and Prophetic Medicine', 2.8 (2013), 1–30  
<<https://doi.org/10.4172/2327-5162.1000138>>
- Mahmoud HS, El Sayed SM, Mahmoud HS, and Nabo MMH, 'Medical and Scientific Bases of Wet Cupping Therapy (Al-Hijamah): In Light of Modern Medicine and Prophetic Medicine', *Alternative & Integrative Medicine*, 2.5 (2013), 1–16  
<<https://doi.org/10.4172/2327-5162.1000122>>
- Majed, A. Ashy, 'Health from Islamic an Illness Perspective', *Journal of Religion and Health*, 38.3 (1999), 241–57
- Maramis, W.F., *Catatan Ilmu Kedokteran Jiwa* (Surabaya: Airlangga University Press, 1980)
- Marchira, Carla R, 'Integrasi Kesehatan Jiwa Pada Pelayanan Primer Di Indonesia: Sebuah Tantangan Di Masa Sekarang', *Jurnal Manajemen Pelayanan Kesehatan*, 14.3 (2011), 120–26
- Marela, Gitry, Abdul Wahab, and Carla Raymondalexas Marchira, 'Bullying Verbal Menyebabkan Depresi Remaja SMA Kota Yogyakarta', *Berita Kedokteran Masyarakat*, 33.1 (2018), 43  
<<https://doi.org/10.22146/bkm.8183>>
- Marsasina, Arhatya, and Alifiati Fitrikasari, 'Gambaran Dan Hubungan Tingkat Depresi Dengan Faktor-Faktor Yang Mempengaruhi Pada Pasien Rawat Jalan Puskesmas ( Studi Deskriptif Analitik Di Puskesmas Halmahera Semarang )', *Jurnal Kedokteran Diponegoro*, 5.4 (2016), 440–50

- Di Martino, M., L. Degli Esposti, F. Filigheddu, C. Veronesi, G. Salerno, S. Saragoni, and others, 'Use of Antihypertensive and Lipid-Lowering Drugs: The Management of Cardiovascular Risk in Clinical Practice', *Journal of Human Hypertension*, 21.1 (2007), 53–59 <<https://doi.org/10.1038/sj.jhh.1002102>>
- Martynetz, Daniel, and Carlos Augusto Serbena, 'The Meaning of Psychology and Holistic Therapy to Holistic Therapists Graduated in Psychology', *Revista Da Abordagem Gestáltica*, XVIII.1 (2012), 85–92
- Maslim, Rusdi, *Buku Saku Gangguan Jiwa: PPDGJ III Dan DSM-5* (Jakarta: Bagian Ilmu Kedokteran Jiwa FK-UnikaAlmajaya, 2013)
- Mawangir, Muh, 'A Contribution of Islamic Education on Mental Health Science: A Thinking of Zakiah Daradjat, An Indonesian Islamic Education Expertise', 4.1 (2016), 2333–5912 <<https://doi.org/10.15640/jisc.v4n1a8>>
- Mayer, John, 'Spiritual Intelligence or Spiritual Consciousness?', *International Journal for The Psychology of Religion - INT J PSYCHOL RELIG*, 10 (2000), 47–56 <[https://doi.org/10.1207/S15327582IJPR1001\\_5](https://doi.org/10.1207/S15327582IJPR1001_5)>
- Mc Entarffer, R., and A. Wesely, *AP Psychology* (New York: Barron's Educatinal Series Inc, 2000)
- Milden, Susan P, and Daniel Stokols, 'Physicians ' Attitudes and Practices Regarding Complementary and Alternative Medicine', *Behavioral Medicine*, 30.2 (2010), 73–84 <<https://doi.org/10.3200/BMED.30.2.73-84>>
- Mills, Katherine T, Joshua D Bundy, Tanika N Kelly, Jennifer E Reed, Patricia M Kearney, Kristi Reynolds, and others, 'Global Disparities of Hypertension Prevalence and Control: A Systematic Analysis of Population-Based Studies from 90 Countries', *Circulation*, 134.6 (2016), 441–50 <<https://doi.org/10.1161/CIRCULATIONAHA.115.018912>.Global>
- Mohamed El Sayed, Salah, Abdel-Salam Al-quliti, Hany Salah Mahmoud, Hussam Baghdadi, Reham A. Maria, Manal Mohamed



- Helmy Nabo, and others, 'Therapeutic Benefits of Al-Hijamah: In Light of Modern Medicine and Prophetic Medicine', *American Journal of Medical and Biological Research*, 2.2 (2014), 46–71 <<https://doi.org/10.12691/ajmbr-2-2-3>>
- Morisky, Donald E., and M. Robin DiMatteo, 'Improving the Measurement of Self-Reported Medication Nonadherence: Response to Authors', *Journal of Clinical Epidemiology*, 64.3 (2011), 255–57 <<https://doi.org/10.1016/j.jclinepi.2010.09.002>>
- Morrison, Nancy K., and Sally K. Severino, 'Toward a Biological Framework for Morality', *NeuroQuantology*, 3.4 (2007), 264–74 <<https://doi.org/10.14704/nq.2005.3.4.78>>
- Mubarak, A., *Kesehatan Mental Dalam Al Quran* (Jakarta: Paramadina, 2000)
- Muhadjir, Noeng, *Metodologi Penelitian Kualitatif Edisi Iii* (Yogyakarta: Rak Sarasin, 1996)
- Muhammad Chirzin, 'Berinteraksi Dengan Al-Quran', *Insyirah, Jurnal Ilmu Bahasa Arab Dan Studi Islam*, 1. 2 (2013), 75–100
- Mulla, Ghazala, and Sufi yan Ahmad Ghawte and K.T.Ajma, 'Study of Knowledge, Attitude and Practice (KAP Study) on Hijamah (Wet Cupping) Therapy', *Hippocratic Journal Of Unani Medicine*, 8.2 (2013), 1–120 <<http://unanimedicine.xn--com-up0a>> [accessed 26 April 2019]
- Musnamar, T., *Dasar-Dasar Konseptual Bimbingan Dan Konseling Islami* (Yogyakarta: UII Press, 1992)
- Najati, Muhammad Usman, *Al-Qur'an Wa 'Ilm Al-Nafs*, ed. by Ahmad Rofi'i (Bandung: Penerbit Pustaka, 2001)
- , *Psikologi Dalam Perspektif Hadis (Al-Hadits wa "Ulum an Nafs)* (Jakarta: Pustaka Al Husna Baru, 2004)
- Notoatmodjo, Soekidjo, 'Promosi Kesehatan Dan Ilmu Perilaku' (Jakarta: Rineka Cipta, 2012)
- Noviza, Noviza, and Koentjoro Koentjoro, 'Efektivitas Psikoterapi Interpersonal Untuk Menurunkan Depresi Pada Remaja Putri

- Dengan Orangtua Bercerai’, *Jurnal Intervensi Psikologi (JIP)*, 6.1 (2014), 117–30  
<<https://doi.org/10.20885/intervensipsikologi.vol6.iss1.art8>>
- Pargament, Kenneth, Harold Koenig, and Lisa Perez, ‘The Many Methods of Religious Coping: Development and Initial Validation of the RCOPE’, *Journal of Clinical Psychology*, 56 (2000), 519–43 <[https://doi.org/10.1002/\(SICI\)1097-4679\(200004\)56:4<519::AID-JCLP6>3.0.CO;2-1](https://doi.org/10.1002/(SICI)1097-4679(200004)56:4<519::AID-JCLP6>3.0.CO;2-1)>
- Park, Crystal L., ‘Religiousness/spirituality and Health: A Meaning Systems Perspective’, *Journal of Behavioral Medicine*, 30.4 (2007), 319–28 <<https://doi.org/10.1007/s10865-007-9111-x>>
- Parker, Stephen, Justin Dewberry, Brooke Lloyd, and Jessica R Smith, ‘Moving Away, against and toward God: Karen Horney’s Neurotic Trends and Relationship to God.’, *Journal of Psychology and Christianity*, 28.1 (2009), 36–43
- Peltzer, Karl, and Supa Pengpid, ‘The Prevalence and Social Determinants of Hypertension among Adults in Indonesia: A Cross-Sectional Population-Based National Survey’, *International Journal of Hypertension*, 2018 (2018), 1–9  
<<https://doi.org/10.1155/2018/5610725>>
- Perkumpulan Bekam Indonesia, *Titik-Titik Bekam Sunnah Rasulullah Saw Dan Manfaatnya* (Jakarta: PBI Pusat)
- Perkumpulan Bekam Indonesia, Tim Diklat dan Litbang Pusat, *Panduan Pengajaran Bekam* (Jakarta: Perkumpulan Bekam Indonesia, 2019)
- Pervin, L. A., and O. P. John, *Personality, Theory and Research 8th Ed.* (New York: John Wiley and Sons Inc., 2001)
- Peterson, K. C., M. F. Prout, and R. A. Schwartz, *Post Traumatic Stress Disorder: A Clinician’s Guide* (New York: Plenum Press, 1991)
- Porcelli, Piero, and Jenny Guidi, ‘The Clinical Utility of the Diagnostic Criteria for Psychosomatic Research: A Review of Studies’, *Psychotherapy and Psychosomatics*, 84.5 (2015), 265–72

<<https://doi.org/10.1159/000430788>>

- Potash, Jordan S., Heidi Bardot, Catherine Hyland Moon, Michelle Napoli, Angela Lyonsmith, and Megan Hamilton, 'Ethical Implications of Cross-Cultural International Art Therapy', *The Arts in Psychotherapy*, 56 (2017), 74–82  
<<https://doi.org/10.1016/j.aip.2017.08.005>>
- Prawitasari, Johana E., *Psikologi Terapan , Melintas Batas Disiplin Ilmu* (Jakarta: Erlangga, 2012)
- Prawitasari, Johana E., M Noor Rochman Hadjam, Nuryati Atamimi, Sofia Retnowati, Muhana Sofiati Utami, Neila Ramdhani, and others, *Psikoterapi: Pendekatan Konvensional Dan Kontemporer*, ed. by M.A. Subandi (Yogyakarta: Unit Publikasi Fakultas Psikologi UGM & Pustaka Pelajar, 2002)
- Putranto, Rudi, Endjad Mudjaddid, Hamzah Shatri, Mizanul Adli, and Diah Martina, 'Development and Challenges of Palliative Care in Indonesia: Role of Psychosomatic Medicine', *BioPsychoSocial Medicine*, 11.1 (2017), 1–5 <<https://doi.org/10.1186/s13030-017-0114-8>>
- Qureshi, Naseem Akhtar, Gazzaffi Ibrahim Ali, Tamer Shaban Abushanab, Ahmed Tawfik El-Olemy, Meshari Saleh Alqaed, Ibrahim S. El-Subai, and others, 'History of Cupping ( Hijama ): A Narrative Review of Literature', *Journal of Integrative Medicine*, 15.3 (2017), 172–81 <[https://doi.org/10.1016/S2095-4964\(17\)60339-X](https://doi.org/10.1016/S2095-4964(17)60339-X)>
- Rahajeng, Ekowati, and Sulistyowati Tuminah, 'Prevalensi Hipertensi Dan Determinannya Di Indonesia', *Maj Kedokt Indon*, 59.12 (2009), 580–87
- Rahayu, I. T., *Psikoterapi Perspektif Islam & Psikologi Kontemporer* (Malang: UIN-Malang, 2009)
- Rajput, Kaleem, 'An Investigation into the Effect of Cupping Therapy as a Treatment for Anterior Knee Pain and Its Potential Role in Health Promotion.', *The Internet Journal of Alternative Medicine*, 4 (2006)

- Read, D, and W Stoll, 'Healthy Behavior: The Implications of a Holistic Paradigm of Thinking Through Bodymind Research', *International Electronic Journal of Health Education*, 1.1 (1998), 2–18  
<<http://search.ebscohost.com/login.aspx?direct=true&AuthType=ip,shib&db=jlh&AN=1999048220&site=ehost-live>>
- Reber, Arthur S., and Emily S. Reber, *Kamus Psikologi (Penerjemah Yudi Santoso)* (Yogyakarta: Pustaka Pelajar, 2010)
- Refaat, Bassem, Adel Galal El-shemi, Anwar Abdelgayed Ebid, Ahmed Ashshi, and Mohammad A Basalamah, 'Alternative & Integrative Medicine Islamic Wet Cupping and Risk Factors of Cardiovascular Diseases : Effects on Blood Pressure , Metabolic Profile and Serum Electrolytes in Healthy Young Adult Men', 3.1 (2014), 1–7 <<https://doi.org/10.4172/2327-5162.1000151>>
- Rippentrop, A, Elizabeth Altmaier, and C Burns, 'The Relationship of Religiosity and Spirituality to Quality of Life Among Cancer Patients', *Journal of Clinical Psychology in Medical Settings*, 13 (2006), 29–35 <<https://doi.org/10.1007/s10880-005-9000-9>>
- Rosyadi, Riyadh, *Ikhtiar Terapi Quran. Meruqyah Dengan Metode Memberi Peringatan Dakwah* (Magetan: Forum Terapi Quran (FTQ), 2015)
- , *RID (Ruqyah Indzar Da'awi)* (Forum Terapi Qur'an)
- Roth, Gregory A., Mohammad H. Forouzanfar, Andrew E. Moran, Ryan Barber, Grant Nguyen, Valery L. Feigin, and others, 'Demographic and Epidemiologic Drivers of Global Cardiovascular Mortality', *The New England Journal of Medicine*, 372.14 (2015), 1333–41  
<<https://doi.org/10.1056/NEJMoa1406656>>
- Rozanski, Alan, and Laura D. Kubzansky, 'Psychologic Functioning and Physical Health: A Paradigm of Flexibility', *Psychosomatic Medicine*, 67.SUPPL. 1 (2005), 47–53  
<<https://doi.org/10.1097/01.psy.0000164253.69550.49>>
- S., Iskandar; Aletmi; Dedi, 'Pendidikan Holistik Berbasis Kecerdasan Ruhiologi Di Era', *Jurnal Tarbawi: Jurnal Ilmu Pendidikan*, 15.2

(2019), 223–31

Sagiran, *Menjadi Keluarga Allah* (Yogyakarta: Cahaya Sehat Mandiri, 2015)

———, ‘Palliative Care Di Rumah Sakit Islam Dengan Konsep Husnul Khatimah (Hu Care) Pada Pasien Gagal Ginjal’, in *Psikologi Pendidikan Islam*, ed. by Azzam Syukur Rahmatullah, Antologi (Yogyakarta, Indonesia: LP3M UMY, 2018), pp. 1–34  
<<https://doi.org/10.1590/s1809-98232013000400007>>

———, *Supiyati Manusia Paku* (Yogyakarta: RS Nur Hidayah, 2012)

Salem, Hosni, Doaa M Hasan, Aya Eameash, Hazem Abd El-Mageed, Sama Hasan, and Rehab Ali, ‘Worldwide Prevalence of Hypertension: A Pooled Meta-Analysis of 1670 Studies in 71 Countries With 29.5 Million Participants’, *Journal of the American College of Cardiology*, 71.11 (2018), A1819  
<[https://doi.org/10.1016/S0735-1097\(18\)32360-X](https://doi.org/10.1016/S0735-1097(18)32360-X)>

Samahah, Syekh Riyadh Muhammad, *Cara Penyembuhan Dengan Qur’an* (Yogyakarta: Mitra Pustaka, 2007)

Santoso, S. S., R. Prasodjo, and S Zalbawi, ‘Faktor-Faktor Yang Mendorong Penderita Hipertensi Ke Pengobatan Tradisional Di DKI Jakarta, Yogyakarta, Dan Surabaya’, *Media Litbang Kesehatan*, XI.1 (2001), 36–44

Santrock, John W., *Life-Span Development* (New York: Mc Graw-Hill Company, Inc, 2010)

Sari, Novi Kartika, Mohammad Hakimi, and Theodola Baning Rahayujati, ‘Determinan Gangguan Hipertensi Kehamilan Di Indonesia’, *BKM Journal of Community Medicine and Public Health*, 32.9 (2016), 295–302

Sawatzky, Rick, Pamela A. Ratner, and Lyren Chiu, ‘A Meta-Analysis of the Relationship between Spirituality and Quality of Life’, *Social Indicators Research*, 72.2 (2005), 153–88  
<<https://doi.org/10.1007/s11205-004-5577-x>>

Schwarzer, Ralf, ‘Modeling Health Behavior Change : How to Predict and Modify the Adoption and Maintenance of Health Behaviors’,

*Modeling Health Behavior Change*, 2007, 1–22

- Segall, Seth Robert, 'Mindfulness and Self-Development in Psychotherapy', *Journal of Transpersonal Psychology*, 37.2 (2005), 143–63
- Sewitch, Maida, Monica Cepoiu-Martin, Nicole Rigillo, and Donald Sproule, 'A Literature Review of Health Care Professional Attitudes Toward Complementary and Alternative Medicine', *Complementary Health Practice Review*, 13 (2008), 139  
<<https://doi.org/10.1177/1533210108325549>>
- Shatri, H, E Mudjaddid, and B Lapau, 'Surveillance of Psychosomatic Disorders in Internal Medicine in Cipto Mangunkusumo Hospital, Jakarta, Indonesia', *Acta Med Indones*, 36.4 (2004), 207–10
- Shaw, Richard J., Maryland Pao, Jennifer E. Holland, and David R. DeMaso, 'Practice Patterns Revisited in Pediatric Psychosomatic Medicine', *Psychosomatics*, 57.6 (2016), 576–85  
<<https://doi.org/10.1016/j.psych.2016.05.006>>
- Sheikh, Bassem Y., Md. Moklesur Rahman Sarker, Muhamad Noor Alfarizal Kamarudin, and Amin Ismail, 'Prophetic Medicine as Potential Functional Food Elements in the Intervention of Cancer: A Review', *Biomedicine & Pharmacotherapy*, 95 (2017), 614–48  
<<https://doi.org/10.1016/j.biopha.2017.08.043>>
- Shihab, Quraish, *Tafsir Maudhu'i Atas Pelbagai Persoalan Umat Wawasan Al-Quran* (Bandung: Mizan, 1996)
- Sholeh, M., *Tahajud: Terapi Religius, Manfaat Praktis Ditinjau Dari Ilmu Kedokteran* (Yogyakarta: Forum Studi Himanda, 2002)
- Sirois, F M, 'Motivations for Consulting Complementary and Alternative Medicine Practitioners: A Comparison of Consumers from 1997-8 and 2005', *BMC Complementary and Alternative Medicine*, 8 (2008)
- Sirri, L., G. A. Fava, J. Guidi, P. Porcelli, C. Rafanelli, A. Bellomo, and others, 'Type A Behaviour: A Reappraisal of Its Characteristics in Cardiovascular Disease', *International Journal of Clinical Practice*, 66.9 (2012), 854–61 <<https://doi.org/10.1111/j.1742->

1241.2012.02993.x>

- Smet, Bart, *Psikologi Kesehatan* (Jakarta: Erlangga, 1994)
- Smuts, Hon J. C., *Holism and Evolution*, Third edit (Toronto: The Macmillan Company of Canada, 1936), XXXVII
- Srabstein, Jorge C, and Bennett L Leventhal, 'Prevention of Bullying-Related Morbidity and Mortality: A Call for Public Health Policies', *Bulletin of the World Health Organization*, 88.6 (2010), 403–403 <<https://doi.org/10.2471/blt.10.077123>>
- Subandi, *Psikologi Dzikir: Studi Fenomenologi Pengalaman Transformasi Religius* (Yogyakarta: Pustaka Pelajar, 2009)
- , 'Sabar: Sebuah Konsep Psikologi' (Yogyakarta, Indonesia: Jurnal Psikologi 2011, XXXVIII(2), 2011)
- Sugiyanto, Edi, 'Hipertensi Dan Komplikasi Serebrovaskular', *Cermin Dunia Kedokteran*, 157 (2007), 173–80
- Suhardi, K., 'Histori Islamic Medicine Dalam Kancan Kedokteran Dunia', *Himpunan Makalah', IIMF Expo*, 1 (2018), 5–30
- Suhardi, Kathur, 'Al Hijamah', in *AsSabil E-Book*, 2014
- Suharto, Toto, *Filsafat Pendidikan Islam* (Yogyakarta: Ar-Ruz Media, 2014)
- Sulaiman, Fathiyah Hasan, *Konsep Pendidikan Al-Ghazali*, ed. by Hasan Langgulung, Terjemah (Mesir: Maktabah Nadhlah, 1964)
- Suliha, Uha, *Pendidikan Kesehatan Dalam Keperawatan*, Cetakan 1 (Jakarta: EGC, 2002)
- Sungkar, Salim, *Psikoterapi Islami. Materi Kajian Imtak Kedokteran* (Surabaya: Universitas Airlangga, 2008)
- Suwarsi, Suwarsi, 'Intervensi Keperawatan Dalam Penurunan Kadar Kolesterol Darah Dan Tekanan Darah Pada Kelompok Lansia Yang Diberikan Cupping Therapy Di Desa Wedomartani Sleman', *Jurnal Keperawatan Respati Yogyakarta*, 6.1 (2019), 512–17
- Syarif, Adnan, *Min 'Ilm an-Nafs Al Quran. (Psikologi Qurani)*

(Bandung: Pustaka Hidayah, 2002)

- Telles, Shirley, Shivangi Pathak, Nilkamal Singh, and Acharya Balkrishna, 'Research on Traditional Medicine : What Has Been Done , the Difficulties , and Research on Traditional Medicine : What Has Been Done , the Difficulties , and Possible Solutions', *Article in Evidence-Based Complementary and Alternative Medicine* · June 2014, November 2015, 2014  
<<https://doi.org/10.1155/2014/495635>>
- Tim Penulis Departemen Agama RI, *Islam Untuk Disiplin Ilmu: Kesehatan Dan Kedokteran (Fiqh Kontemporer)* (Jakarta: Departemen Agama RI, 2003)
- Tohidi, M., M. Hatami, F. Hadaegh, and F. Azizi, 'Triglycerides and Triglycerides to High-Density Lipoprotein Cholesterol Ratio Are Strong Predictors of Incident Hypertension in Middle Eastern Women', *Journal of Human Hypertension*, 26.9 (2012), 525–32  
<<https://doi.org/10.1038/jhh.2011.70>>
- Trimulyaningsih, Nita, and M. A Subandi, 'Terapi Kognitif Perilaku Religius Untuk Menurunkan Gejala Depresi (CBRT)', *Jurnal Intervensi Psikologi*, 2.2 (2010), 205–28
- Trivedi, Ranak, Brian Ayotte, David Edelman, and Hayden Bosworth, 'The Association of Emotional Well-Being and Marital Status with Treatment Adherence among Patients with Hypertension', *Journal of Behavioral Medicine*, 31 (2008), 489–97  
<<https://doi.org/10.1007/s10865-008-9173-4>>
- Tseng, Wen-Shing, 'Culture and Psychotherapy: Review and Practical Guidelines', *Transcultural Psychiatry*, 36.2 (1999), 131–79  
<<https://doi.org/10.2307/3317883>>
- Tyreman, Stephen, 'Integrity : Is It Still Relevant to Modern Healthcare ?', 12 (2011), 107–18
- , 'Values in Complementary and Alternative Medicine', *Medicine, Health Care and Philosophy*, 14.2 (2011), 209–17  
<<https://doi.org/10.1007/s11019-010-9297-5>>
- Umar, W.A., *Sembuh Dengan Satu Titik, Membuktikan Kemujaraban*



- Bekam Untuk 100 Penyakit* (Solo: Al Qowam, 2008)
- UNICEF, WHO, UNESCO, UNFPA, UNDP, UNAIDS, and others, *Penuntun Hidup Sehat*, ed. by Pusat Promosi Kesehatan Kementerian Kesehatan RI, Ke Empat (Jakarta: UNICEF Indonesia, 2010), iv
- Unissula, Fakultas Kedokteran, 'Sambut Masa Depan Cerah Bersama Fakultas Kedokteran Unissula', 2019 <<http://unissula.ac.id/c24-berita-unissula/sambut-masa-depan-cerah-bersama-fakultas-kedokteran-unissula/>>
- Ushuluddin, Achmad, Siswanto Masruri, Gumilar Rusliwa Somantri, and Abd. Madjid, 'Integration of Spiritual Based Holistic Education and Holistic Health Towards Holistic Health Education ( HHE ): Islamic Psychology Perspectif', *IJLRES - International Journal on Language, Research and Education Studies*, 3.1 (2019), 54–70 <<https://doi.org/10.30575/2017/IJLRES-2019010405>>
- De Vries, A. M.M., V. Forni, R. Voellinger, and F. Stiefel, 'Alexithymia in Cancer Patients: Review of the Literature', *Psychotherapy and Psychosomatics*, 81.2 (2012), 79–86 <<https://doi.org/10.1159/000330888>>
- Warsah. Idi, 'Pendidikan Berbasis Rahmah Dalam Al- Qur'an ( Telaah Psikologi Pendidikan )', 2016
- Watanabe, Junko, Mariko Watanabe, Kazue Yamaoka, Misa Adachi, Asuka Nemoto, and Toshiro Tango, 'Effect of School-Based Home-Collaborative Lifestyle Education on Reducing Subjective Psychosomatic Symptoms in Adolescents: A Cluster Randomised Controlled Trial', *PLoS ONE*, 11.10 (2016), 1–14 <<https://doi.org/10.1371/journal.pone.0165285>>
- Weiner, Herbert, 'Psychosomatic Medicine and the Mind-Body Relation', 2008, pp. 781–834 <[https://doi.org/10.1007/978-0-387-34708-0\\_27](https://doi.org/10.1007/978-0-387-34708-0_27)>
- WHO (World Health Organization), *Preventing Chronic Diseases: A Vital Investment: WHO Global Report* (Geneva: World Health Organization, 2005)

- ‘WHO | Mental Health Atlas-2017 Country Profiles’, *WHO*, 2019  
<[https://www.who.int/mental\\_health/evidence/atlas/profiles-2017/en/](https://www.who.int/mental_health/evidence/atlas/profiles-2017/en/)> [accessed 8 May 2019]
- Widada, Wahyudi, ‘The Wet Cupping Therapy Stimulates Inflammatory Responses’, *Advances in Health Science Research*, 10 (2017), 38–40
- Widnya, I Ketut, ‘Pemujaan Śiva-Buddha Dalam Masyarakat Hindu Di Bali The Worship of Shiva-Buddha in the Balinese Hindu Community’, *Journal of Religious Culture*, 107 (2008), 26–27  
<<https://doi.org/10.1300/J112v04n01>>
- Wijayanti, Kurnia Eka, and Ricky Wibowo, ‘Pembelajaran Pendidikan Kesehatan Berbasis Riset: Ulasan Dan Implementasinya Di Indonesia’, *Jurnal Pendidikan Jasmani Dan Olahraga*, 2.2 (2018), 14 <<https://doi.org/10.17509/jpjo.v2i2.8174>>
- Wilber, Ken, *Integral Psychology: Consciousness, Spirit, Psychology, Therapy* (Boston: Shambala Publications, Inc., 2000)
- Yang, C. Paul, and Francis G. Lu, ‘Indigenous and Cultural Psychology: Understanding People in Context’, *Pastoral Psychology*, 56.1 (2007), 105–13 <<https://doi.org/10.1007/s11089-007-0090-1>>
- Zhang, Ya-Jing, Hui-Juan Cao, Xin-Lin Li, Xiao-Ying Yang, Bao-Yong Lai, Guo-Yang Yang, and others, ‘Cupping Therapy versus Acupuncture for Pain-Related Conditions: A Systematic Review of Randomized Controlled Trials and Trial Sequential Analysis’, *Chin Med*, 12 (2017), 21 <<https://doi.org/10.1186/s13020-017-0142-0>>
- Zilhada, Zilhada, Afifah Nurul Izzah, and Ofa Suzanti Betha, ‘Perbandingan Metode SYBR Green Dan Hydrolysis Probe Dalam Analisis DNA Gelatin Sapi Dan Gelatin Babi Menggunakan Real Time Polymerase Chain Reaction’, *Jurnal Sains Farmasi & Klinis*, 4.1 (2017), 16  
<<https://doi.org/10.29208/jsfk.2017.4.1.194>>
- Zuyina Lukluk, and Siti Bandiyah, *Psikologi Kesehatan* (Yogyakarta: Nuha Medika, 2010)