





# PROCEEDINGS

## The 4<sup>th</sup> International Conference on Sustainable Innovation (ICoSI) 2020

**Cutting Edge Innovations for Sustainable Development Goals** 

Universitas Muhammadiyah Yogyakarta (Indonesia) October 13 - 14 2020

https://icosi.umy.ac.id/

## Focal Conferences

- 📽 (ICPU) The 2nd International Conference on Pharmaceutical Updates
- 📽 (ICOMS) The 6th International Conference on Management Sciences
- 📽 (ICLAS) The 9th International Conference on Law and Society
- 📽 (ICMHS) The 4th International Conference Medical and Health Sciences
- 📽 (ICAF) The 6th International Conference for Accounting and Finance
- 📽 (ILEC) The 2nd International Language and Education Conference
- 📽 (ICONURS) The 2nd International Conference on Nursing
- (ICITAMEE) The 1st International Conference on Information Technology, Advanced Mechanical and Electrical Engineering
- 📽 (IConARD) International Conference on Agribusiness and Rural Development
- 📽 (ISHERSS) The 2nd International Symposium on Social Humanities Education and Religious Sciences
- 📽 (ICONPO) The 10th International Conference on Public Organization
- 📽 (DREAM) The 5th Dental Research and Exhibition Meeting
- 📽 (ICHA) The 5th International Conference on Hospital Administration
- 📽 (ICOSA) The 3rd International Conference on Sustainable Agriculture







Proceedings

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## Preface by the Chairperson of the 4<sup>th</sup> ICoSI 2020



Dr. Yeni Rosilawati, S.IP. S.E., MM.

Assalamu'alaikum Wr. Wb.

All praise is due to Allah, the Almighty, on whom we depend for sustenance and guidance. Prayers and peace be upon our Prophet, Muhammad SAW, his family and all of his companions.

On behalf of the organizing committee, it is my pleasure and privilege to welcome the honourable guests, distinguished keynote & invited speakers, and all the participants.

With the main theme of "Cutting-Edge Innovations on Sustainable Development Goals (SDGs)", the 4<sup>th</sup> International Conference on Sustainable Innovation (ICoSI) 2020 serves as a forum to facilitate scholars, policy makers, practitioners, and other interested parties at all levels from Indonesia and abroad to present their novel ideas, promote cutting-edge research, and to expand collaboration network. The conference has about 1373 participants participating from more than 8 countries 4 continents all over the world, making this conference a truly international conference in spirit.

This multidisciplinary conference was first held in 2012 and has undertaken various changes and adopted to the current technological trends of our education system. From having this conference with just 175 participants back in 2012 we have come a long way in making the conference a huge success with more than 1373 participants participants in this two-day conference.

Formerly, this conference consisted of only 9 (nine) focal conferences. This year, there are 14 focal conferences from various disciplines, namely: 1) The 2<sup>nd</sup> International Conference on Pharmaceutical Updates (ICPU), 2) The 6<sup>th</sup> International Conference on Management Sciences



(ICoMS), 3) The 9<sup>th</sup> International Conference on Law and Society (ICLAS), 4) The 4<sup>th</sup> International Conference Medical and Health Sciences (ICMHS), 5) The 6<sup>th</sup> International Conference for Accounting and Finance (ICAF), 6) The 2<sup>nd</sup> International Language and Education Conference (ILEC), 7) The 2<sup>nd</sup> International Conference on Nursing (ICONURS), 8) The International Conference on Information Technology, Advanced Mechanical and Electrical Engineering (ICITAMEE), 9) The 2<sup>nd</sup> International Conference of Agribusiness and Rural Development (IConARD), 10) The 10<sup>th</sup> International Conference on Public Organization (ICONPO), 11) The 2<sup>nd</sup> International Symposium on Social Humanities Education and Religious Sciences (ISHERSS), 12) The 5<sup>th</sup> Dental Research and Exhibition Meeting (DREAM), 13) The International Conference on Sustainable Agriculture (ICoSA).

Accordingly, We are proud to announce that this year, the 4<sup>th</sup> ICoSI 2020 breaks the Museum Rekor-Dunia Indonesia (MURI) record as the Virtual Multidisciplinary Conference with the Largest Number of Area of Fields in Indonesia

In addition, this year, this conference holds special value since this is the first conference in the history of our university where the entire conference is taking place remotely on a digital platform through the use of advance technologies due to the Covid-19 Pandemic.

I would take this opportunity to express my highest respect to the Rector of Universitas Muhammadiyah Yogyakarta, Dr. Gunawan Budiyanto who gave approval and ensured the maximal support from all the faculty members of Universitas Muhammadiyah Yogyakarta (UMY) that made this event a big success. In addition, my appreciation goes to all the support teams who have provided their valuable support and advice from planning, designing and executing the program.

Let me conclude my speech by encouraging the delegates to participate with an increasing number in all the activities and discussions through the digital platforms for the next two days. I wish everyone a successful, safe, and fruitful conference.

Thank you!

Wassalamu'alaikum Wr. Wb.





## Welcoming Remarks by the Rector of Universitas Muhammadiyah Yogyakarta



Assoc. Prof. Dr. Gunawan Budiyanto

Innovation is the beginning of the development of technology, and technology is a development machine that is expected to provide benefits to humans and provide the smallest possible impact on environmental quality. In the concept of sustainable development, development must improve the quality of human life without causing ecological damage and maintain the carrying capacity of natural resources.

International Conference on Sustainable Innovation (ICoSI) is an international conference which is an annual conference held by the University of Muhammadiyah Yogyakarta (UMY), Indonesia. In 2020 this raises the issue of "Cutting-Edge Innovations on Sustainable Development Goals." Therefore, on behalf of all UMY academics, I would like to congratulate you on joining the conference, hoping that during the Covid-19 Pandemic, we can still provide suggestions and frameworks for achieving sustainable development goals.



## About The 4<sup>th</sup> International Conference on Sustainable Innovation (ICoSI) 2020

Cutting Edge Innovations for Sustainable Development Goals

The 2030 Agenda for Sustainable Development is enacted by the United Nations as a shared blueprint for peace and prosperity for people and the planet, now and into the future. It consists of strategies to improve health and education, reduce inequality, and spur economic growth while also conserving natures by 2030.

This year, however, at the first one-third of its timeline, the SDG Reports shows that the outbreak of COVID-19 did hinder the achievement, or at least decelerate the progress of achieving the 17 goals. In fact, according to the report, "some number of people suffering from food insecurity was on the rise and dramatic levels of inequality persisted in all regions. Change was still not happening at the speed or scale required", accordingly.

Therefore, in this event of pandemic, the quantity and quality of research, innovation, and more importantly multi-disciplinary collaboration are indispensable. Furthermore, there needs to be clear ends of those works. That is how those research are applicable and benefits directly to the society. That is how those research is incorporated as the drivers of policy making, and used practically in the society. Hence, the stakeholders especially the triple helix of higher education institution, government, and industry must be re-comprehended and supported to reach the common goal of the SGD.

International Conference on Sustainable Innovation (ICoSI) has been essentially attempting to strengthen this regard since its first establishment. One of the goals of ICoSI is to provide primarily a platform where scholars, practitioners, and government could grasp the development and trends of research. Hopefully, meeting these actors altogether would result in stronger collaboration, sophisticated and advantageous research, and brighter ideas for further research. Based on these reasoning, this year, the 4th ICoSI 2020 UMY is themed 'Cutting-edge Innovations for Sustainable Development Goals".

Improving from last year conference which brought nine focal conference, this year ICoSI 2020 UMY brings 14 disciplines, from social sciences, natural sciences, and humanities. ICoSI 2020 received as much as 1005 papers. The paper works submitted in ICoSI 2020 UMY will be published in Atlantis Proceedings, IOP Proceedings, National/International Journals, and ICoSI ISBN-indexed Proceedings.

Nevertheless, ICoSI believes that publication is only the beginning of research dissemination. The publications will enhance the chance of the research known by wider audience, and then used, applied, and incorporated at either system, institutional, or personal level of human lives.





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# TRACK ECONOMICS, LAW, EDUCATION, SOCIAL, AND HUMANITIES





## The Influence of Head Nurses Supervision on Discharge Planning Completeness

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#### ABSTRACT

Discharge planning is an indicator of sustainable nursing services that will improve the quality of nursing services and patient satisfaction as long as it is well-done. One influential factor is the head nurses' supervision, especially in the nurses' direction in carrying out discharge planning. The briefing function by the head nurses is in the form of giving motivation and conflict management. The objective of the research is to determine the effect of head nurses' supervision on discharge planning completeness. This research using supervisor and discharge planning as the keyword. It was carried out on the ScienceDirect site, Garuda portal, and Google Scholar. There were ten journals related to the theme. The results of the literature study found that three journals mentioned that supervision affects discharge planning. Seven other journals explained the description of discharge planning.

Keywords: supervision, discharge planning.

#### **1. INTRODUCTION**

Discharge planning is part of the nursing process and the main part of caring. Discharge planning is the plan developed for patients and families before leaving the hospital so that the patients can achieve optimal health [1]. Discharge planning is a complex process. The aim is to prepare patients in the transition period at the hospital until the patient returns home. Good discharge planning must contain elements of patient assessment, plans development that meets the patient's needs, provision of services, including family education and referral services, and follow-up [2].

The problem of discharge planning not only occurs in Indonesia but also in the world. World data reports that the implementation of discharge planning has not been provided optimally. In Sydney, Australia, the discharge planning implementation has not been carried out properly by 23% due to the lack of nurse filling [3]. Research conducted by Masumeh Gholizadeh in 2015 in Iran said that Discharge Planning is not yet a priority in the Iranian health system because they have a small workforce and a large workload.

Implementation of discharge planning in Indonesia, as many as (61%) nurses in Yogyakarta did not carry out discharge planning. Research conducted in Bandung also showed that (54%) nurses did not carry out discharge planning [4]; [5]. Agustin's (2017) research results on optimizing the implementation of discharge planning through the development of integrated health service planning in Dr.Soetomo Hospital Surabaya concluded that discharge planning implementation, in reality, was carried out in some important stages only. In carrying out return planning, small details were often ignored. [6].

Research conducted by Hardivianty (2017) on

evaluating the implementation of discharge planning at PKU Muhammadiyah Gamping Hospital Yogyakarta shows that in the process of making plans for returning patients, the nurses are still filling out the patient's discharge plans when the patient discharged or after the patient returns [7]. As many as (38%) of respondents at Bukittinggi Hospital in West Sumatra showed that discharge planning was not good because nurses did not explain clearly, structured, and only explained verbally so that patients forgot what was explained by nurses during discharge planning [8].

Discharge planning has not been optimal in giving its impact on patients. The impact is the increasing number of hospitalizations, and in the end, the patient will bear the cost of hospitalization in the hospital. The patient's recurrence or the re-treatment patient is very detrimental to the patient and his family, and also the hospital. Hospitals that experienced this condition will gradually be abandoned by customers.

The results of a study conducted by Agustin (2017) state that the factors that influence the unimplemented discharge planning because nurses do not have enough time to convey information in detail according to the needs of each patient and family, the high workload of nurses, and differences in perceptions between nurses about the implementation discharge planning [6]. There is only one factor that influences the implementation of discharge planning [9]: 1) communication problems between nurses and patients. It stated discharge planning implementation was influenced by nurses' performance factors. Supervision is needed to overcome communication problems between nurses and patients and improving nurse performance [10].

Supervision activities consist of planned activities of a manager through the guidance, direction, observation, motivation, and evaluation of his staff in carrying out



activities or daily tasks [11]. Activities in supervision are supervision planning, the implementation, evaluation and follow-up, and documentation of supervision results. In conclusion, the supervision activities that carried out by the head nurses have not been optimal, so that it has an impact on the nurse performance and the decrease quality of nursing services in the hospital service [12].

The head nurses responsible is supervising nursing services to their patients in the care room they lead. The head nurses supervise the nurse in providing nursing care and fill nursing documentation, including completing the discharge planning both directly and indirectly depends on the assignment method applied in the treatment room.

A preliminary study on March 8, 2020, at Roemani Muhammadiyah Hospital Semarang in 10 nurses (70.0%) stated the implementation of discharge. The planning for patients only in the form of a patient's resume record of returning patients and providing brief information about the schedule of patient control to the

clinic, the medicine must be consumed, diets and things need to avoid after the patient discharged from the hospital, and information only gave when the patient is declared to be discharged. It shows the ineffectiveness of discharge planning. Nurses said discharge planning was not carried out due to lack of attention and supervision from the head nurses, giving direction and decision making of the head nurses were not optimal and less effective.

Discharge planning starting on the first day of the hospitalization begin, and the information filling is complete to guarantee the change happens to the patient and family behavior [13]. The head nurses, his leadership as a first-line manager, use his effective efforts as the key to the success of the program inward. Effective leadership includes six components; those are knowledge, selfawareness, communication, energy, goals, and actions [14]. An effective leader is a strong facilitator in the relationship between Human Resources (HR), material, and time so that the organizational goal is achieved [15].

Improving the quality of nurses, especially in the implementation of discharge planning, requires a leadership role in influencing and moving nurses. An effective leader must be able to create a conducive work environment for nursing staff and have knowledge about nursing and leadership, self-awareness, communication, energy mobilization, setting goals, and actions. The head nurses, as a leader who supervises, directly and indirectly, can affect the motivation and performance of their nurses in achieving nursing goals during discharge planning [16]. **2. METHOD** 

This study is a systematic review using the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-analyzes). Forms of aggregative review used as method review in this article. Method which is carried out systematically by following the correct research stages or protocols. The procedure of his systematic review consists of several steps, namely 1) compiling Background and Purpose (background and objectives), 2) Research Questions, 3) Searching for the literature 4) Selection Criteria 5) Practical Screen 6) Quality Checklist and

Procedures 6) Data Extraction Strategy, 7) Data Synthesis Strategy

The method used the journal search method with the systematic review, the research articles searched with several search criteria and keywords, then do a review for all articles found. Articles were searched through ScienceDirect, Garuda portal, and Google Scholar. The Search on ScienceDirect, Garuda portal, and Google Scholar was done using advanced search, using keywords discharge planning. It resulted in 269,085 articles found in ScienceDirect and 22 articles in the Garuda portal. The search for published literature from 2016 to 2020 on google scholar with keywords discharge planning 1000 articles found. The articles that have things in common were taken. The next step is to search for full-text articles in pdf format.

#### **3. RESULTS AND DISCUSSION**

The results of a systematic review show that the supervision of the head nurses had a significant effect on the completeness of the filling of discharge planning. Several journals related to the supervision of the head nurses and discharge planning are:

The first journal investigated is a journal by Imallah and Khusnia (2019) about the function of head nurses' guidance in the implementation of nurse discharge planning at PKU Muhammadiyah Hospital Yogyakarta [17]. The results of this study said that the assessment of the function of head nurse directors was 48.2% in the adequate category and the implementation of discharge planning 69.6% in the good category. The results of the analysis test showed that there was a relationship between the function of the head nurse director and the discharge planning of nurses.

The second journal examined is a journal by Natasia (2014) about the relationship between motivation and supervision factors with the performance of nurses in documenting discharge planning at Gambiran City Hospital in Kediri [1]. The results showed there is a relationship between motivation and supervision factors with the performance of nurses in discharge planning documentation. The supervision factor is more influential on the documentation of discharge planning compared to the motivational factor.

The third journal examined is a journal by Firmawati (2016) about the influence of the leadership of the head of room on the competence and compliance of implementing nurses as well as its impact on the quality of discharge planning in stroke patients in hospitals Type B and C in Gorontalo Province. The results of the analysis showed that there was an influence of the leadership of the head nurses on the competence and compliance of the nurses' impact on the quality of the discharge planning application in stroke patients in hospitals Type B and C in Gorontalo Province [24].

The fourth journal examined is a journal by Fitri (2019) about the implementation of discharge planning in the ICU Room X Hospital Jakarta. The results of this study indicate that nurses' knowledge is still lacking in discharge planning and less optimal systems that support the implementation of discharge planning, such as format,



SOP, and guidelines [18].

The fifth journal examined is a journal by Noviyanti, Noprianty, and Hafsa (2019) about the implementation of discharge planning by Professionals Giving Care (PPA) in the Inpatient Room. The results of this study are that most doctors (67.6%) implement it, most of all nurses (77.9%) implement it, most of all nutritionists (94.1%) implemented discharge planning, a clinical pharmacy wasmostly (67, 6%) did it, and most of the physiotherapy (58.8%) was implement it. The use of tools for home care needs in physiotherapy items is 100%. Discharge planning by PPA shows that most (60.3%) implement it [19].

The sixth journal examined is a journal by Rezkiki and Fardilah (2019) on the description of the implementation of discharge planning in the inpatient room. The results of this study said the implementation of discharge planning in the inpatient room 33 people (50.8%) was less than optimal, and 32 people (49.2%) of respondents stated that the implementation of discharge planning in the inpatient room was optimal. It can be concluded that the implementation of discharge planning was less optimal. The implementation of discharge planning in the inpatient room is less optimal because nurses only take important actions without paying attention to the details of the discharge planning action [20].

The seventh journal examined is a journal by Agustin (2017) about optimizing the implementation of discharge planning through the development of an integrated discharge planning model for nursing services. The results of this study indicate that the integrated discharge planning model has a significant effect on the ability of nurses in implementing discharge planning (p

= 0.004;  $\alpha \le 0.05$ ). The development of an integrated discharge planning model causes the implementation of discharge planning to be carried out as it should, especially at a stage that is often ignored by nurses [6].

The eighth journal examined is a journal by Sumarni, Yulastri, and Gafar (2019) about discharge planning integrated into the service of diabetes mellitus clients in the inpatient ward at Solok District Hospital. The results of this study state that the application of discharge planning in an integrated manner with various disciplines and using modules can improve patient knowledge and understanding in the management of diabetes mellitus. The application of Discharge Planning and the making of other Modules can be further developed in other diseases [21].

The ninth journal examined is a journal by Pertiwiwati and Rizany (2016) about the role of the nurse educator with the implementation of discharge planning in patients in the Tulip 1C room at Ulin Hospital Banjarmasin. The results of this study indicate that the role of good educators is 17 people (59%) and good discharge planning implementation is 18 people (62%). Data analysis using Chi-Square test with the results obtained p-value = 0.002, which means p <0.05, so it can be concluded that there is a significant relationship between the role of educator nurses with the implementation of discharge planning in patients in the Tulip Room 1C Hospital Ulin Banjarmasin [22].

The tenth journal researched is a journal by Purnamasari and Ropyanto (2012) about the evaluation of

the implementation of return planning. The results of this study showed as many as 46 respondents (46.6%) were sufficient in carrying out the planning of going home. The results of this study also showed that return planning was not optimally implemented [23].

The results of the journal reviewed, all research results indicate that supervision can affect the completeness of discharge planning filling. The first, second, and third journals explain the effect of supervision on discharge planning. Other journals explain the description of the implementation of discharge planning. Supervision also affects the completeness of the discharge planning filling. The conclusion is that supervision can influence the completeness of discharge planning.

Supervision has a positive influence on the successful implementation of discharge planning by nurses. Supervision is an effort to improve one's performance or skills in a particular job. Supervision conducted by the head nurses can directly provide guidance and assistance to nurses about discharge planning so that nurses can comprehend better and can fill the discharge planning properly. The researchers assume that the supervision of the head nurses is related to the implementation of the nurse's discharge planning because the directing function performed well by the head nurses. The briefing activities include providing motivation and conflict management, and also the completeness of discharge planning.

#### 4. CONCLUSION

Several studies have shown that headroom supervision can improve the completeness of filling discharge planning. There is an effect of headroom supervision on the completeness of filling discharge planning. Nurses who are properly supervised will do complete documentation of discharge planning compared to nurses who lack supervision. Supervision was carried out regularly and scheduled to help nurses to overcome conflicts in implementing discharge planning.

#### **AUTHORS' CONTRIBUTIONS**

EK designed the concept and drafted the manuscript. EK and VYP prepared the figures. EK reviewed the existing journals' policy. EK and VYP contributed to the writing of the final version of the manuscript. Percentage contributions are EK: 60%, VYP: 40%. All authors read and approved the final manuscript.

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