

References

- Ainslie, G. (2005). Precis of breakdown of will. *Behavioral and Brain Sciences*, 28 (5), 635- 650.
- Akinsola, M. K., Tella, A., & Tella, A. (2007). Correlates of academic procrastination and mathematics achievement of university undergraduate students. *Eurasia Journal of Mathematics, Science & Technology Education*, 3 (4), 363-370.
- Arikunto, S. (2010). *Dasar-dasar evaluasi pendidikan*. Jakarta: Bumi Aksara.
- Awaliyah, N. (2015). *The correlation between students' self-efficacy and achievement at English Education Department of Universitas Muhammadiyah Yogyakarta*. Unpublished skripsi, Universitas Muhammadiyah Yogyakarta, English Education Department, Yogyakarta.
- Babadogan, C. (2010). The impact of academic procrastination behaviors of the students in the certificate program in English language teaching on their learning modalities and academic achievements. *Procedia Social and Behavioral Sciences*, 2, 3263–3269.
- Beswick, G., & Mann, L. (1994). State orientation and procrastination. *Volition and Personality: Action versus State Orientation*, 23, 391-396.
- Caulkins, J. P., & Larkey, P. D. (1992). *Incentives to Fail*. working paper, H. John III School of Public Policy and Management.

- Caulkins, J. P., Larkey, P. D., & Wei, J. (1996). *Adjusting GPA to reflect course difficulty*. Heinz College Research.
- Chance, P. (1988). Testing education. *Psychology Today*, 22 (5), 20-21.
- Cohen, L., & Manion, L. (1994). *Educational research methodology*. Athens: Metaixmio.
- Cohen, L., Manion, L., & Morrison, K. (2011). *Research methods in education* (7th ed.). New York: Routledge.
- Creswell, J. W. (2012). *Educational research: Planning, conducting, and evaluating quantitative and qualitative research* (4th ed.). Boston: Pearson Education Inc.
- Creswell, J. W. (2003). *Research design: Qualitative, quantitative, and mixed method approaches* (2nd ed.). Thousand Oaks, California: Sage Publications.
- Critchfield, T. S., & Kollins, S. H. (2001). Temporal discounting: Basic research and the analysis of socially important behavior. *Journal of Applied Behavior Analysis*, 34 (1), 101-122.
- Dietz, F., Hofer, M., & Fries, S. (2007). Individual values, learning routines and academic procrastination. *The British Psychological Society*, 77 (4), 893-906.
- Eerde, W. V. (2003). A meta-analytically derived nomological network of procrastination. *Personality and Individual Differences*, 35, 1401-1418.

- Elliott, R., & Strenta, A. C. (1988). Effects of improving the reliability of the GPA on prediction generally and on comparative predictions for gender and race particularly. *Journal of Educational Measurement*, 25 (4), 333-347.
- Eun, S. H. (2011). The relationships among procrastination, flow, and academic achievement. *Social Behavior and Personality*, 39 (2), 209-217.
- Ferrari, J. R. (1991). Self-handicapping by procrastinators: Protecting self-esteem, social-esteem, or both? *Journal of Research in Personality*, 25 (3), 245–261.
- Ferrari, J. R., & Dovidio, J. F. (2000). Examining behavioral processes in indecision: Decisional procrastination and decision-making style. *Journal of Research in Personality*, 34 (1), 127-137.
- Ferrari, J. R., Johnson, J. L., & McCown, W. G. (1995). *Procrastination and task avoidance: Theory, research, and treatment*. New York: Springer Science & Business Media.
- Hakim, T. (2005). *Belajar secara efektif*. Jakarta: Pustaka Pembangunan Swadaya Nusantara.
- Hamdu, G., & Agustina, L. (2011). Pengaruh motivasi belajar siswa terhadap prestasi belajar IPA di sekolah dasar. *Jurnal Penelitian Pendidikan*, 12 (1), 90-96.
- Harriott, J., & Ferrari, J. R. (1996). Prevalence of procrastination among samples of adults. *Psychological Reports*, 78, 611-616.

Hasheminasab, M., Zarandi, Z. G., Azizi, J., & Zadeh, M. S. (2014). Investigating the relationship between self-efficacy with academic achievement, discipline, urban-rural, and order birth of high school students in Rafsanjan.

International Journal of Psychology and Behavioral Research , 3 (4), 258-264.

Hornby, A. S. (2005). *Oxford advanced learner's dictionary* (7th Edition ed.). (C. M. Sally Wehmeier, Ed.) Oxford: Oxford University Press.

Hussain, I., & Sultan, S. (2010). Analysis of procrastination among university students. *Procedia Social and Behavioral Sciences* , 1897-1904.

Kagan, M., Çakir, O., İlhan, T., & Kandemir, M. (2010). The explanation of the academic procrastination behaviour of university students with perfectionism, obsessive – compulsive and five factor personality traits. *Procedia Social and Behavioral Sciences* , 2, 2121-2125.

Kandemir, M. (2014). Reasons of academic procrastination: self- regulation, academic self-efficacy, life satisfaction and demographics variables. *Procedia Social and Behavioral Sciences* , 152, 188-193.

Klingslieck, K. B. (2013). Procrastination: When good things don't come to those who wait. *European Psychologist* , 18 (1), 24-34.

Knaus, W. J. (1973). Overcoming procrastination. *Rational Living* , 8 (2), 2-7.

Lay, C. H. (1986). At last, my research article on procrastination. *Journal of Research in Personality* , 20 (4), 474–495.

Lay, C. H. (1988). The relation of procrastination and optimism to judgments of time to complete an essay and anticipation of setbacks. *Journal of Social Behavior and Personality*, 3 (3), 201-214.

Milton, O. (1988). GPA Tyranny. *National Forum: Phi Kappa Phi Journal*, 68 (3), 43-45.

Muraven, M., Tice, D. M., & Baumeister, R. F. (1998). Self-control as a limited resource: Regulatory depletion patterns. *Journal of Personality and Social Psychology*, 74 (3), 774-789.

Nagesh Lakshminarayan, M., Shrudha Potdar, B., & Siddana Goud Reddy, M. (2013). Relationship between procrastination and academic performance among a group of undergraduate dental students in India. *Journal of Dental Education*, 77 (4).

Neville, C. (2007). Procrastination: What it is, why we do it, what we can do about it. In S. o. University of Bradford, *Effective Learning Service* (pp. 1-13). Bradford: University of Bradford, School of Management.

O'Donoghue, T., & Rabin, M. (1997, January 1). Doing it now or later. *Department of Economics, UCB*, 97-253.

O'Donoghue, T., & Rabin, M. (1999). Incentives for procrastinators. *The Quarterly Journal of Economics*, 114 (3), 769-816.

- Ozer, B. U., & Sackes, M. (2011). Effects of academic procrastination on college students' life satisfaction. *Procedia Social and Behavioral Sciences*, 12, 512-519.
- Pietras, S. A. (2010). *The impact of academic advising on GPA and retention at the community college level*. Indiana University of Pennsylvania.
- Pritchard, M. E., & Wilson, G. S. (2003). Using emotional and social factors to predict student success. *Journal of College Student Development*, 44 (1), 18-28.
- Ramist, L., Lewis, C., & McCamley, L. (1990). Implications of using freshman GPA as the criterion for the predictive validity of the SAT. *Predicting College Grades: An Analysis of Institutional Trends over Two Decades*, 253-288.
- Rozental, A., & Carlbring, P. (2014). Understanding and treating procrastination: A review of a common self-regulatory failure. *Psychology*, 5, 1488-1502.
- Sabini, J., & Silver, M. (1982). *Moralities of everyday life*. New York: Oxford University Press.
- Schouwenburg, H. C., Lay, C. H., Pychyl, T. A., & Ferrari, J. R. (2004). *Counseling the procrastinator in academic settings*. (Vol. XIII). Washington, DC, USA: American Psychological Association.
- Sekaran, U. (2000). *Metodologi Penelitian*. Yogyakarta: Penerbit Salemba Empat.

- Semb, G., Glick, D. M., & Spencer, R. E. (1979). Student withdrawals and delayed work patterns in self-paced psychology courses. *Teaching of Psychology*, 6 (1), 23-25.
- Sirois, F. M. (2007). "I'll look after my health, later": A replication and extension of the procrastination–health model with community-dwelling adult. *Personality and Individual Differences*, 43 (1), 15-26.
- Solomon, L. J., & Rothblum, E. D. (1984). Academic procrastination: Frequency and cognitive-behavioral correlates. *Journal of Counseling Psychology*, 31 (4), 503-509.
- Solomon, L. J., & Rothblum, E. D. (1994). Procrastination assessment scale-student (PASS). In J. Fischer, & K. Corcoran, *Measures for Clinical Practice* (pp. 446-452). New York: The Free Press.
- Stead, R., Shanahan, M. J., & Neufeld, R. W. (2010). I'll go to therapy, eventually: Procrastination, stress and mental health. *Personality and Individual Differences*, 49, 175-180.
- Steel, P. (2010). Arousal, avoidant and decisional procrastinators: Do they exist? *Personality and Individual Differences*, 48, 926-934.
- Steel, P. (2007). The nature of procrastination: A meta analytic and theoretical review of quintessential self-regulatory failure. *Psychological Bulletin*, 133 (1), 65-94.
- Syah, M. (2008). *Psikologi belajar*. Jakarta: Rajawali Press.

- Thakkar, N. (2009). Why procrastinate: An investigation of the root causes behind procrastination. *Lethbridge Undergraduate Research Journal*, 4 (2).
- Tice, D. M., & Baumeister, R. F. (1997). Longitudinal study of procrastination, performance, stress, and health: The costs and benefits of dawdling. *Psychological Science*, 8 (6), 454-458.
- Tinto, V. (1975). Dropout from higher education: A theoretical synthesis of recent research. *Review of Educational Research*, 45 (1), 89-125.
- Tuckman, B. W. (1990). *Measuring procrastination atitudinally and behaviorally*. Boston: The Annual Meeting of the American Educational Research Association.
- Yazici, H., & Bulut, R. (2015). Investigation into the academic procrastination of teacher candidates' social studies with regard to their personality traits. *Procedia Social and Behavioral Sciences*, 174, 2270-2277.
- Young, J. W. (1990). Adjusting the cumulative GPA using item response theory. *Journal of Educational Measurement*, 27 (2), 175-186.