## **Chapter One**

#### Introduction

This chapter presents several points which include background of the study, identification of the problem, limitation of the problem, formulation of the problem, purpose of the study, significance of the study and variable of the study.

## **Background of the Study**

Reading is one part of the students' routine activities. Reading activities cannot be separated from the learning process in the classroom for students. As learners, students will be faced various activities that are related to the learning process such as discussion, doing a task, examination period, etc. Information is needed for students in those activities. The information will help students to solve problem in those learning activities. With those activities, students are expected to add their information or knowledge. One way to obtain information or increase knowledge is by reading.

Student activities (discussion, doing a task, examination period, etc.) in the learning process will help students build reading habits. According to Grellet (1987) as cited in Issa, Aliyu, Akangbe and Adedeji (2012), "the term "habit" is something that you do often or regularly" p.472. Reading habit is the reading activities that students do more often without thinking and not to be burdened for them. Reading habit is also activity often done in spare time. It is done intensively for pleasure.

"Through reading, students acquire new ideas and knowledge, obtain information needed, relax the minds, and improve our command of language and

vocabulary" (Inderjit, 2014, p.71). It means that reading is something that will provide many benefits for students include of reading to provide information, develop ideas, increase vocabulary, etc. The important reason of reading habits in English text is about the impact that may arise as the result of students' reading habits. Students can get information in reading habits. In English text, reading habits will help students increase their vocabulary. The mastery of vocabulary also can facilitate students to understand English.

Moreover, the students' reading habits could be influenced by some factors. Yoke, Anuar and Vasuthavan (2008) found that "internal and external factors do play a role in nurturing the habit of reading" (p. 5). The influencing factors of reading habits comes from students' environment included home environment (parents) and school environment (facilities, teacher, etc). However, the process to obtain the expected results depends on each individual student that is based on the internal factors of reading habits. Internal factor included students' motivation and students' interest or something that comes from students' own. It means that students have an important role to achieve their own success.

One way to know students' success at university is by looking at the students' learning achievement. Achievement is a tool to know the understanding of students during learning process at University. As college students, learning achievement is reflected by Grade Points Average (GPA). Robert (2013) stated that GPA as the average grade obtained by dividing the total quality points earned by the total quality hours for courses.

Based on the researcher's experience, some students at the English

Education Department (EED) in University Muhammadiyah of Yogyakarta (UMY) have undeveloped reading habits. It could be seen when learning process happened. In the learning process, the lecturer will give opportunity for students to ask question that related with the material during learning process. The problem is some students at EED UMY participate less in the learning process. For example, students at EED UMY rarely ask questions. The researcher suggest that the possibility of less students who participate to ask question or give suggestion causes by reading habits. This condition suggests that students are not mastering learning material, so that it gives a problem to students in asking the learning materials. The mastery of material cannot be separated from the role of students' reading habits. According to Fosudo (2010) as cited in Aina, Ogungbeni, Adigun and Ogundipe (2011), poor reading skill will give students have poor attitude toward school. The example of poor attitude in the school is students' participation to ask in the learning process. It means that reading helps students to give information that will cause students' success in the school or in the future. The information derived from students' reading habits will help students master the material, so it can give students the opportunity to participate in the learning process.

The other problem about reading habits in English for students at EED UMY can be seen from the numbers of a library visit. The library is one of the reading facilities place in UMY. The researcher feels that students at EED UMY are a rare visitor in library books. However, frequency of students visiting the library is one way to identify students' interest in reading. Based on the

explanation above, the researcher is interested to find out the correlation between students' reading habits in English text and student learning achievement at EED UMY.

#### **Identification of the Problem**

This research focuses on the correlation between reading habits and learning achievement. There are some problems are usually found in reading habits of the students. There are many factors can affect the problems. The problem that is usually found is that most of the students are lazy to read English texts in their daily life, so they have difficulty in learning process. Students will find difficulties to follow learning process because they do not master the material. It can also affect to the students' participation during learning process. The other problem related to students' reading habits was that the students were less motivated to read English texts, so they do not have interest to search English texts. The less motivation of students will affect the students' facilities such as students' visit in the libraries. The rare of students' visit in the library will influence the students to build reading habits.

#### **Limitation of the Problem**

This research focuses on the correlation between Students' Reading Habits in English and Students' Learning Achievement at English Education Department in Universitas Muhammadiyah Yogyakarta. The reading habits in this research was limited on the contributing factors toward reading habits in terms of the effect of reading habits and influencing factors of reading habits. In this research, the influencing factors of reading habits include internal and external factor of

reading habits.

### **Formulation of the study**

- 1. How is reading habit at English Education Department UMY?
- 2. How is the learning achievement of English Education Department UMY students?
- 3. What is the correlation between reading habits and learning achievement of English Education Department students?

# **Purpose of the Study**

Based on formulation of the study above the purpose of the study as follows:

- 1. To find out reading habits at English Education Department UMY
- 2. To reveal achievement of English Education Department UMY students
- **3.** To investigate the correlation between reading habits and learning achievement at English Education Department students.

## Significance of the Study

The advantages of this study will help some parties know the relation between students' reading habits and students' learning achievement at EED UMY.

The researcher. The researcher can comprehend the understanding about reading. It is the main point to improve students' reading habit, and it can be applied for the researcher in the future. Moreover, this research will enrich the researcher's knowledge about the correlation between reading habit and learning achievement.

**Students.** The advantage for the students is to know the relation between reading habits and learning achievement. This research can help the students encourage them in reading habits. Moreover, it can help students identify the student's problem in reading habit, so students can analyze their problem in reading habits and students can overcome their own problem.

**Teachers.** The advantage for the teacher is to know that reading habits influence the students' learning achievement. The teacher know that reading habits have implication toward students' learning achievement. So, the teacher will more pay attention the solution in learning reading skill to increase students' learning achievement.

The institution. The Universitas Muhammadiyah Yogyakarta will get the information on how the relation between readings habit for students and students learning achievement. Institutions can provide better facilities for learning process for students.

**The other researchers.** The researcher expects this study can be referenced by other researchers who want to conduct related research.

#### **Research Outline**

This research consists of five chapters that give explanation based on each category which appropriate with the research. Chapter one give explanation about introduction, identification of the problem, limitation of the problem, formulation of the problem, purpose of the study, significance of the study, variable of the study and research outlines.

Chapter Two will explain about reading habit, learning achievement and the correlation between reading habits and learning achievement. Reading habit in chapter two explain about definition of reading, definition of reading habits, the effect of reading habits and influencing factors of reading habits. Furthermore, learning achievement in this chapter discuss about definition of learning achievement and assessing of learning achievement. Besides that, this chapter will explain about theory of the correlation between students' reading habits and students' learning achievement.

Chapter Three will discuss methodology. The topic discussion in methodology include of research design, research setting, population and sample, instrument which consist of questionnaire and document, validity and reliability, data collection method and data analysis which consist of descriptive statistic and inferential statistic.

Chapter Four shows the findings and discussion of the research. This chapter included the analytical of reading habits, students' learning achievement and correlation between students' reading habits and learning achievement.

Discuss the result of findings to answer three research question of the research.

Chapter Five gives the conclusion and recommendation from the research.