

Chapter Five

Conclusion and Recommendation

This chapter provides the conclusion and the recommendation. The conclusion is to conclude the research findings, and the recommendation for the lecturers of EED of UMY, for the next researchers, and for the students will also be present.

Conclusion

This study is about Students' perception on the use of Ice Breaking Activities in teaching and learning process. In this study, the respondents were asked about the types of Ice Breaking used in teaching and learning process and the benefits of using Ice Breaking Activities.

The result of the interview showed that the teacher in EED of UMY frequently using Ice Breaking Activities in the classroom. The types of Ice Breaking Activities were used in the classroom as explained by respondents are yelling, clapping hands, sing songs, making humor, playing games, telling fairy tales, doing massage, and performing gymnastics.

The benefits of Ice Breaking Activities are to get rid of rigidness and boredom when teaching and learning process, to practice concentration, to make students enjoy the classroom learning. And the others benefit of Ice Breaking Activities are the students can make the practice of Ice Breaking activities for future references when they become a teacher later, then to get rid of sleepiness, and to make a class more conducive.

Recommendation

Based on the findings of the research, the researcher will explain several recommendations. The recommendations are for the lecturers and the next researcher.

Lecturers. Based on the result of the interview, the respondents said that they have good experiences after they performed the Ice Breaking Activities when they run teaching and learning processes. So, the Ice Breaking is recommended for the lecturers to perform this activity when needed, especially when the students are getting bored in the classroom. After performed the Ice Breaking Activities, the students are expected to get a good result after teaching and learning process.

Next Researchers. The researcher welcomes for the next researchers who are willing to conduct a research with similar topic to have more explorations. They can develop the number of research respondents, or the methodology of the research or other.

Students. The idea is required form the students to improve or to build the Ice Breaking activities in teaching and learning process, whether study in the classroom or out of the classroom. Possibly, the students should eager to learning although the teacher did not perform the Ice Breaking activities.