

Hardian Prandita. (2013). *The Effect of Giving Curcuma Extract Herbal Therapy in Increase Children's Appetite on Picky Eater Aged 4-6 Years in Kindergarden of Aisiyah Bustanul Athfal, Godegan, and Kindergarden of Maduksimo.*

Advisor:

Ferika Indarwati, S. Kep.,Ns M.Ng

ABSTRACT

Difficult problem faced eating in children is a problem that has long been a concern of parents. This problem makes parents worry about their child's health, because it will have an impact on the level of child nutrition. Usually children often choose food and just want to eat a preferred food (Picky Eater). The purpose of this study is to determine the effect of curcuma extract herbal therapy in improving children's appetite on picky eater aged 4-6 years in kindergarden of Aisiyah Bustanul Athfal, Godegan and Kindergarden of Maduksimo.

The research method is using a quasi-experiment with design Two Group Pretest-posttest that uses comparison or control group. The technique of sampling is simple random sampling. This is a random sampling technique that is done by lottery. Meanwhile, the technique of analyzing data is using Paired t-test.

The results showed that the statistical study of the test results in an increased appetite for intervention group children increased appetite is very significant with the value before intervention average of 57, 41 being the average 87, 41 and the value of P 0, 000 ($<0, 005$) (H_0 accepted) means that there is an influence in the giving of curcuma extract on picky eaters.

The conclusion of this research is the giving of curcuma extract has effect of children's appetite on picky eater if the gift is accompanied by the compliance of consumption of herbal medicine. So the researcher suggested using curcuma extract as an alternative herbal treatment appetite problem

Keywords: Picky Eater, Appetite, Curcuma