

Acknowledgement

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Abstract

Warming up activities have been applied at English Education Department Universitas Muhammadiyah Yogyakarta (EED UMY). The study aims to describe the types of warming up activities, the implementation of warming up activities, and the advantages and disadvantages of warming up in the teaching and learning process. The researcher used qualitative approach. The research was conducted at English Education Department, Universitas Muhammadiyah Yogyakarta. The participants of this research consisted of six students of English Education Department batch 2013. The researcher used interview to collect the data. In analyzing the data, the researcher used open, axial and selective coding.

The findings of the research showed the types of warming up activity were question and answer, and reading story. Then, the implementation of warming up activity covered warming up as basic activity to start the lesson, warming made the students get prepared in learning process, warming up activities attracted the student's attention of lesson, warming up activities made the students focus in the teaching and learning process, warming up activities were fun and condusive in the class, warming up activities were related to the topic, and warming up activities were conducted in short time. Related to the advantages of warming up gave motivation to the students, warming activities helped students turn off the outside world, warming up made students active, and warming up made the students easier to understand the subject matter. Meanwhile, the disadvantages of warming up activity

showed that warming up activities led to different assumption of activities and led to out of the topic in learning process

Key words: type of warming up, implementation of warming up, advantages and disvatanges of warming up.