

Chapter One

Introduction

Background of the Research

Education is very important since it gives influence to students' lives. Through education, students can adapt better to the environment (Hamalik, 2001). This adaptation can support students to be more helpful in the social life. For this reason, students then should get education through teaching and learning process.

Teaching process is a kind of sketch that is arranged in certain procedures. According to Iskandar and Sunendar (2004), 'teaching is as an effort to create environment system'. It possesses some components including the purpose of teaching, students, subject matter, and teaching method. The components are interconnected sketching the teaching and learning processes to increase the quality of students to get knowledge and skills.

Teaching process consists of three stages in teaching and learning process. They are pre-teaching, while-teaching and post-teaching activities. According to Hasibuan (1994), the pre-teaching activities comprise the teachers' actions to create good physical and mental situations and also make students focus in teaching and learning process. The good situation of physical and mental can support students to achieve the lesson objectives better. There are some activities that can be carried out to open the teaching and learning processes. The activities include attracting attention of students, raising motivation of students, and giving encouragement (Hasibuan, 1994). Another activity

that is commonly practiced in the pre-teaching activities is warming up. Warming up is a preparation before learning process. It helps students to feel relax and makes them interested in and feel comfortable during learning processes (Estalkhbijari & Khodareza, 2012). Therefore, warming up is needed in teaching and learning process.

In English Education Department (EED) of Universitas Muhammadiyah Yogyakarta (UMY), based on researcher' observation during her study, the researcher often found that there were still some students who listened, wrote, yet having less focus on the teaching and learning process. The researcher also found some of teachers who directly deliver the subject matter in the teaching and learning process. The teachers did not provide warming-up activities before beginning teaching and learning process. As a result, some of students were being passive or having no encouragement to accept the subject matter from the beginning until the end of the teaching and learning process. Based on this observation result, the researcher was interested in finding out the exact of the student's perception toward the implementation of warming up activities in the teaching and learning. The researcher focused on the perception of the students of English Education Department in Universitas Muhammadiyah Yogyakarta batch 2013 on the warming up activities implemented by the lecturers.

Statement and Limitation of the Problem

Based on the background and facts mentioned earlier, the researcher was interested in conducting a research on warming up activities in teaching and learning process. There were some problems in the beginning of the teaching and learning

process, for example some of students were passive or lack of encouragement to accept the subject matter in the beginning until the end of the teaching and learning process. Therefore, warming up is needed and important in teaching and learning process (Velandia, 2008). Warming up can motivate the students, give them the background of knowledge, help teachers to draw students' attention, and also help the teachers introduce a new topic interestingly. Because of these importance, and that the researcher has not found any studies related to this topic, in English Education Department of Universitas Muhammadiyah Yogyakarta the researcher felt encouraged to take this topic becoming her research.

Research Question

There are three research questions in this study. They are:

1. What are the types of warming up activities applied at English Education Department of Universitas Muhammadiyah Yogyakarta?
2. How is the implementation of warming up activities for students in teaching and learning process at English Education Department of Universitas Muhammadiyah Yogyakarta?
3. What are the advantages and disadvantages of warming up activities at English Education Department of Universitas Muhammadiyah Yogyakarta in the learning process?

Objective of the Study

Based on the problems stated in the research question, there are three purposes in this research:

1. The research attempts to reveal the types of warming up applied at English Education Department of Universitas Muhammadiyah Yogyakarta.
2. This research attempts to explore the implementation of warming up activities for students at English Education Department of Universitas Muhammadiyah Yogyakarta in the learning process.
3. The research attempts to reveal the advantages of warming up at English Education Department of Universities Muhammadiyah Yogyakarta in the learning process.

Significance of the Research

This research, which tries to find out the implementation of warming up activities in the teaching and learning process, is expected to give benefits for students, teachers, and future researchers.

For students. Knowing the finding of this research, students are expected to be more motivated to follow the teaching and learning processes. Thus, they can be more active and participate in teaching and learning process.

For teachers. The teachers will know the importance as well as the types of warming up activities in teaching and learning process. The findings of this research may inspire them to apply the activities as strategies in teaching and learning process.

For future researchers. This study can give information and some references for future researchers.

Outline of the Study

This research is divided into five chapters. Every chapter gives different information. Chapter one would discuss about background of the study, statement of the problem, research question, objective of the study, significance of the study, and outline of the study. Chapter one explains the reasons why the researcher was interested in this topic. Chapter two would present about literature review including theoretical framework, and conceptual framework. The chapter underlies the theory to base this research. Chapter three would discuss about the methodology in this research. Chapter four will discuss findings and discussion. This chapter tells about the findings of the research. The last chapter discusses the conclusion and suggestion of this research.