

## **Chapter Five**

### **Conclusions and Suggestions**

#### **Conclusions**

In this chapter, the researcher conveys the conclusion of this research. The researcher has three questions for this research. The first is ‘What are the types of warming up activities applied at English Education Department Universitas Muhammdiyah Yogyakarta? Second, how is the implementation of warming up activities for students in teaching and learning process at English Education Department ? Third, what are the advantages of warming up at English Education Department in the learning process? The research reveals the following findings.

**The types of warming up activities applied at English Education Department of Universitas Muhammdiyah Yogyakarta.** The lecturers of English Education Department UMY apply two types of warming up activities. There are question and answer, and reading story. Warming up activities required the students to actively open mind. In addition, warming up make students build the knowledge. The students can prepare themselves in the learning process.

**The implementation of warming up activities for students in teaching and learning process at English Education Department of Universitas Muhammdiyah Yogyakarta.** The implementation of warming up activities gave influence to the students in the teaching and learning process. Based on principle, there are seven points of students’ perception on the implemetation of warming up activities at EED UMY.

First is warming up as basic activity to start the lesson. Second, warming made the students get prepared in learning process. Third, warming up activities attracted the student's attention of lesson. Fourth, warming up activities made the students focus in the teaching and learning process. Fifth, warming up activities were fun and condusive in the class. Six, warming up activities was related to the topic .The last, warming up activities were conducted in short time.

**The advantages and disadvantages of warming up at English Education Department of Universitas Muhammadiyah Yogyakarta.** Warming up activities is important to do in the class. Warming up activities give advantage and disadvantages in teaching and learning process. Based on the finding, the advantages of warming up gave motivation to the students. Warming up activity helped students to turn off the outside world. Moreover, warming up activities made students active. The last, warming up activities made the students easier to understand the subject matter

In addition, based on the findings of the research, there were two disadvantages of warming up activities in teaching and learning process. The first, warming up have led to different assumption of activities. Second, warming up activities led to out of the topic in learning process.

### **Suggestions**

From the findings presented in chapter four, there are some suggestions that can be useful for students, teachers, and future researcher.

**For students.** The students should be more passionate in the teaching and learning process because warming up helps them to get focus in the beginning of lesson. The students can keep attention in the beginning to minimize the weakness.

**For teachers.** The teachers can use warming up activity in every lesson. Teachers also should have some types warming up for students in teaching and learning process. Therefore, students will be more active and enthusiastic in the teaching and learning process.

**For future researchers.** The future researcher can use a similar topic in this research, but with the different samples or more variables.