

ABSTRACT

Bullying behavior is an action that intentionally with the intention to hurt the target (victim) and the action is performed repeatedly at school or anywhere. This study was to describe bullying behavior at SMP Negeri 11 Yogyakarta and SMP Muhammadiyah 3 Yogyakarta.

The study was a descriptive cross sectional. The sample in this study 280 respondents who were students / student class VII and VIII in SMP Negeri 11 Yogyakarta and SMP Muhammadiyah 3 Yogyakarta. The sampling technique using simple random sampling. This research was conducted in April-May 2016 in SMP Negeri 11 Yogyakarta and SMP Muhammadiyah 3 Yogyakarta.

The results in both SMP indicates that bullying behavior in SMP Negeri 11 Yogyakarta as many as 49 respondents (36.94%) perform physical bullying, as many as 35 respondents (28.2%) perform verbal bullying, as many as 24 respondents (18.7%) perform relational bullying, as many as 23 respondents (17.88%) perform indirect bullying, as many as 16 respondents (12.88%) perform cyberbullying. Bullying behavior in SMP Muhammadiyah 3 Yogyakarta as many as 63 respondents (41.72%) perform physical bullying, as many as 56 respondents (35.04%) perform verbal bullying, as many as 47 respondents (29.22%) perform indirect bullying, as many as 47 respondents (29.22%) relational bullying and as much as 37 respondents (18.5%) perform cyberbullying. SMP Negeri 11 Yogyakarta and SMP Muhammadiyah 3 Yogyakarta, the highest bullying is physical bullying. While the lowest bullying behavior is cyberbullying. With this result is expected to respondents, parents and the school can pay attention to the bullying behavior of the student.

Keywords: Adolescence, behavior, bullying

INTISARI

Perilaku *bullying* adalah tindakan yang dilakukan secara sengaja dengan tujuan menyakiti targetnya (korban) dan tindakan tersebut dilakukan berulang kali di sekolah ataupun dimana saja. Penelitian ini untuk mengetahui gambaran perilaku *bullying* pada remaja di SMP Muhammadiyah 3 dan SMP negeri 11 di Yogyakarta.

Penelitian ini adalah deskriptif *cross sectional*. Sampel dalam penelitian ini 280 responden yang merupakan siswa/siswi VII dan kelas VIII di SMP Negeri 11 Yogyakarta dan SMP Muhammadiyah 3 Yogyakarta. Teknik pengambilan sampel menggunakan *simple random sampling*. Penelitian ini dilaksanakan pada bulan April-Mei 2016 di SMP Negeri 11 Yogyakarta dan SMP Muhammadiyah 3 Yogyakarta.

Hasil Penelitian pada kedua SMP tersebut menunjukkan bahwa perilaku *bullying* di SMP Negeri 11 Yogyakarta yaitu sebanyak 49 responden (36,94%) melakukan *bullying* fisik, sebanyak 35 responden (28,2%) melakukan *bullying* verbal, sebanyak 24 responden (18,7%) melakukan *bullying* relasional, sebanyak 23 responden (17,88%) melakukan *bullying* tidak langsung, sebanyak 16 responden (12,88%) melakukan *cyberbullying*. Perilaku *Bullying* di SMP Muhammadiyah 3 Yogyakarta yaitu sebanyak 63 responden (41,72%) melakukan *bullying* fisik, sebanyak 56 responden (35,04%) melakukan *bullying* verbal, sebanyak 47 responden (29,22%) melakukan *bullying* tidak langsung, sebanyak 47 responden (29,22%) *bullying* relasional dan sebanyak 37 responden (18,5%) melakukan *cyberbullying*. SMP Negeri 11 Yogyakarta dan SMP Muhammadiyah 3 Yogyakarta perilaku *bullying* tertinggi adalah *bullying* fisik. Sedangkan perilaku *bullying* terendah adalah *cyberbullying*. Dengan hasil ini diharapkan responden, orang tua maupun pihak sekolah dapat memperhatikan perilaku *bullying* yang dilakukan siswa.

Kata Kunci : *bullying*, perilaku, remaja