

## INTISARI

### PENGARUH STRESS KERJA DAN SIKAP PERAWAT DALAM PEMASANGAN INFUS DI UNIT GAWAT DARURAT RS PKU MUHAMMADIYAH BANTUL

**Latar belakang:** Pemasangan infus merupakan prosedur invasif dan merupakan tindakan yang sering dilakukan di rumah sakit (RS), namun, hal ini risiko tinggi terjadinya *Hospital Acquired Infection* (HAIs). Banyak hal yang mempengaruhi pemasangan infus diantaranya adalah stress kerja perawat dan sikap perawat.

**Tujuan Penelitian:** Untuk mengetahui bagaimana pengaruh stress dan sikap perawat dalam pemasangan infus di RS PKU Muhammadiyah Bantul

**Metode:** Penelitian ini merupakan penelitian *kuantitatif observasional* dengan pendekatan *cross sectional*. Populasi yakni seluruh perawat di Instalasi gawat darurat RS PKU Muhammadiyah Bantul dengan jumlah sampel 11 responden. Data dikumpulkan dengan cara observasi lembar *check list* SPO Pemasangan Infus RS PKU Muhammadiyah Yogyakarta dan kuisioner mengenai sikap dan stress kerja.

**Hasil dan Pembahasan:** Hasil observasi menunjukkan bahwa perawat (73%) yang melaksanakan standar prosedur operasional (SPO) pemasangan infus yang sesuai. Hasil dari uji multivariate sebesar 62,1% stress kerja dan sikap perawat secara bersama-sama memberi pengaruh dalam pemasangan infus. Hal ini dapat disebabkan karena kurangnya sosialisasi dan evaluasi SPO Pemasangan Infus.

**Kesimpulan dan Saran:** Stress kerja dan sikap perawat secara bersama-sama memberi pengaruh dalam pemasangan infus . Hal ini akan berdampak pada peningkatan angka kejadian tidak diharapkan terkait pemasangan infus. Saran kepada rumah sakit untuk rutin melakukan sosialisasi SPO dan evaluasi secara berkala.

**Kata Kunci:** *Stress Kerja, Sikap, Pemasangan infus*

## ABSTRACT

### **THE INFLUENCE OF WORK STRESS AND NURSES ATTITUDE ON THE INFUSIONS INSTALLATION IN THE EMERGENCY UNIT OF PKU MUHAMMADIYAH BANTUL HOSPITAL**

**Background of the study:** the infusions installation is an invasive procedure and often carried out in the hospital but it has a high risk of Hospital Acquired Infection(HAIs). Many things affecting the installation of infusions such as work stress and nurses attitude.

**Objective of the study:**to determine how is the influence of work stress and nurses attitude on the infusions installation at PKU MuhammadiyahBantul Hospital.

**Methods:**this study is observational quantitative research with cross sectional approach. The population of the study is all of the nurses in the emergency unit of PKU MuhammadiyahBantul Hospital with a total of 11 respondents. The data was collected by observing the SOP checklist sheet of infusions installation at PKU MuhammadiyahHospital and also distributing the questionnaires about the attitude and work stress.

**Result and Discussion:** The result of observation indicated that there were 73% nurses who did appropriate standard operational procedures of infusion installation. The result of multivariate test was 62.1% which work stress and nurses attitude simultaneously have effect on infusion installation. It was caused by lack of socialization and evaluation of standard operational procedures of infusion installation.

**Conclusions and Suggestions:** Work stress and nurses attitude simultaneously have effect on infusion installation. It will give effect on the increasing of unexpected incident of infusion-related. Suggested the hospital for giving socialization of standard operational procedures regularly and giving evaluation periodically.

**Keywords:** work stress, Attitude, Infusions installation