

Frekuensi Jenis Kelamin

Statistics

JK

N	Valid	55
	Missing	0

JK

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid laki laki	27	49.1	49.1	49.1
perempuan	28	50.9	50.9	100.0
Total	55	100.0	100.0	

Frekuensi Usia Responden

Statistics

Usia

N	Valid	55
	Missing	0
Mean		21.8182
Median		22.0000
Std. Deviation		.74761
Minimum		21.00
Maximum		24.00

Usia

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 21	20	36.4	36.4	36.4
22	26	47.3	47.3	83.6
23	8	14.5	14.5	98.2
24	1	1.8	1.8	100.0
Total	55	100.0	100.0	

Frekuensi IMT

Statistics

imtkat

N	Valid	55
	Missing	0

imtkat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	BB kurang	12	21.8	21.8	21.8
	BB normal	40	72.7	72.7	94.5
	BB lebih	2	3.6	3.6	98.2
	BB obesitas	1	1.8	1.8	100.0
	Total	55	100.0	100.0	

Frekuensi Riwayat Merokok

Statistics

Merokok

N	Valid	55
	Missing	0

Merokok

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	merokok	9	16.4	16.4	16.4
	tidak merokok	46	83.6	83.6	100.0
	Total	55	100.0	100.0	

Frekuensi Denyut Nadi

Statistics

nadikat

N	Valid	55
	Missing	0

nadikat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	tinggi	14	25.5	25.5	25.5
	normal	39	70.9	70.9	96.4
	rendah	2	3.6	3.6	100.0
	Total	55	100.0	100.0	

			Statistic	Std. Error
Nadirerata	Mean		87.2909	1.59954
	95% Confidence Interval for Mean	Lower Bound	84.0840	
		Upper Bound	90.4978	
	5% Trimmed Mean		87.3737	
	Median		88.0000	
	Variance		140.719	
	Std. Deviation		11.8625	
	Minimum		55.50	
	Maximum		116.00	
	Range		60.50	
	Interquartile Range		14.50	
	Skewness		-.088	.322
	Kurtosis		.613	.634

Frekuensi Tingkat Kebugaran Jasmani

Statistics

hstkat

N	Valid	55
	Missing	0

hstkat

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	sangat kurang	11	20.0	20.0	20.0
	kurang	2	3.6	3.6	23.6
	ssedang	12	21.8	21.8	45.5
	baik	14	25.5	25.5	70.9
	sangat baik	16	29.1	29.1	100.0
	Total	55	100.0	100.0	

HST	Mean		76.8364	3.58333
	95% Confidence Interval for Mean	Lower Bound	69.6522	
		Upper Bound	84.0205	
	5% Trimmed Mean		76.9747	
	Median		82.0000	
	Variance		706.213	
	Std. Deviation		26.5746	
	Minimum		21.00	
	Maximum		133.00	
	Range		112.00	
	Interquartile Range		31.00	
	Skewness		-.500	.322
	Kurtosis		-.118	.634

Hasil Uji Statistic Spearman's Rank

Correlations			
		HST	Nadirerata
Spearman's rho	Correlation Coefficient	1.000	-.409**
	HST Sig. (2-tailed)	.	.002
	N	55	55
	Correlation Coefficient	-.409**	1.000
	Nadirerata Sig. (2-tailed)	.002	.
	N	55	55

** . Correlation is significant at the 0.01 level (2-tailed).

Tests of Normality						
	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
HST	.163	55	.001	.936	55	.006
Nadirerata	.104	55	.200*	.983	55	.617

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction